

July/August 1994 BRIEFING

Available free to members on the first Wednesday of each month.
Can be sent by post (stamped self-addressed envelope or 50p per month)
Produced at Wickersley Comprehensive School by pupils and staff.

CHAMPION Sth YORKS TRIPLE FOR RHAC

There will be no edition in August due to school holidays. Our coverage will resume on September 7th.

Rotherham's athletes surprised no-one at RHAC but caused a few ripples elsewhere by more or less sweeping the board at the South Yorkshire Road Relays at Damflask last Wednesday.

In short: first senior team, first ladies team, first vets team, our second men's team fourth overall, five men's teams in the first ten, and by far the biggest turn-out of competing clubs.

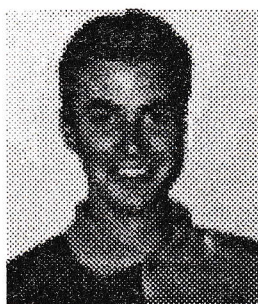
Back in form Chris Beighton seen (right) at the Cardinal Heenan 10k. After 4th place in the final road league race at Armthorpe as a try-out race Chris placed second in the Yorkshire Vets 10k in 33.05 (see p2) and was in winning form at Damflask.

Over the 3.5 mile relay leg Dave Tune was fastest on the night with 17.10 and very fast times were also recorded by Paul Rowland, Peter Neal and Rob Holladay. Barnsley's Dean Leather, who won the SY Road league series, brought them home in first place on the first leg but Rotherham were really fired up by Paul Rowland, who gave him no space at all and was breathing down his neck at the finish. On leg two Peter Neal kept us close enough to Sheffield's MickThompson for Dave Tune to run riot on leg three. This left Nigel Brookes to defend a big gap on the anchor leg, which he did without undue alarm.



(Below) Rob Holladay is back in Rotherham and already making his presence felt with a fast Damflask stage and a win by over a minute in the Oughtibridge Chase

In the B team, Lee Collingwood brought us to a tremendous fourth place after Rob Holladay had stormed home with the leaders and Adrian Roberts and Tim Drake had kept up the impetus. Of course, these are A-team runners in any case but we could only field four- but it bodes well for six-stage running later this season.



Top class support was noticeable all down the field; and conspicuous were a welcome return for Ken O'Mara with an 18.45 leg, and 18.44 in the composite team for Chester's John Kissane who is guesting for us.

The ladies too had the luxury of choice for their three-leg team. Janet Oxley's 21.32 came just three days after she won the South Yorks ten mile title at Stainforth and with good runs from Rose Grimley and Hilary Garrison it brought the B team home in fourth place. Julie O'Mara, making a very welcome debut for RHAC on the road ran a fine first leg in team A but opposition teams were very strong in this area. However, Julia Jennings did not panic and pulled back the

Important Dates:
NB National Relay 22 Oct

Men & Women Yorkshire 6-Stage Saturday 17 September Wakefield
Men(6) & Women(4) Northern Relays Saturday 1 October Sheffield
Men(6) & Women(4) National Relay Saturday 22 October Sunderland

Check your diary, phone Pete Humphries 549125
In my absence inform Dave Tune, Pete Neal, Steve Gaines or Jim Brogan

I have the big cross-country dates and will publish in September

A	P.Rowland	17.27
	P.Neal	17.35
	D.Tune	17.10
	N.Brookes	18.15
Senior race winners		
B	R.Holladay	17.46
	A.Roberts	18.37
	T.Drake	19.06
	L.Collingwood	18.08
Senior race 4th		
C	M.Tune	19.18
	J.Comrie	19.38
	G.Claxton	19.06
	G.Crofts	19.49
Senior race 9th		
D	K.O'Mara	18.45
	R.Self	20.08
	M.Teather	19.46
	G.Hammonds	19.56
Senior race 10th		
E composite	J.Kissane	18.44
	D.Morris	23.44
	P.Humphries	21.42
	M.Theobald(Hallam)	21.16
Vets A	A.Gregory	19.02
	S.Gaines	19.07
	P.Morris	18.25
	C.Beighton	18.20
Vets race 1st, senior race 6th		
Vets B	M.Palfreyman	19.19
	D.Richards	20.48
	J.Spencer	20.44
	J.Turner	20.49
Overall 16th		
Vets C	N.Grimley	22.19
	R.Spenceley	23.56
	D.Creamer	25.52
	D.Weatherburn	27.04
Ladies A	J.O'Mara	21.27
	J.Jennings	21.36
	J.McWilliam	21.39
Ladies race 1st		
Ladies B	R.Grimley	23.02
	J.Oxley	21.32
	H.Garrison	22.40
Ladies race 4th		

Damflask.....contd

Barnsley lead for Janice McWilliam to finalise matters, which she did with ease for RHAC to be convincingly ahead at the tape. (...contd page 2)

Rotherham veterans, who are defending Yorkshire champions later this month, put out the same squad as won that honour and would have been pre-match favourites, but veteran standards are shifting sands. Here too then the squad found they had a deficit to overcome, but the quality and experience of Alan Gregory, Steve Gaines, Peter Morris and Chris Beighton shone through, especially with the last two returning times of 18.25 and 18.20 respectively.

In the vets B team Malcolm Palfreyman made a return to our racing teams after a try-out at the Rother Valley 10k. He ran an impressive 19.19, putting the wind up some of the 40-year olds along the way, and helping the B string to 16th overall place.

The awards presentation incidentally was sparsely attended; but then it would be. The highlight for me, apart from hopping a stage for the composite team, was the attitude of the runners themselves: confidence in each other before the event, and pride in their achievement afterwards. I can do no better than quote our top runner on the night: "...with support like this it's a pleasure to turn out." Exactly.

TEAM RESULTS (MEN)

1	70.27	ROTHERHAM
2	71.19	BARNSELY
3	72.23	SHEFFIELD
4	73.37	ROTHERHAM B
5	73.40	DONCASTER
6	74.54	ROTHERHAM VETS
7	76.01	BARNSELY B
8	77.00	STEEL CITY VETS
9	78.35	ROTHERHAM C
10	77.51	ROTHERHAM D
11	79.52	SHEFFIELD VETS

(LADIES)

1	64.42	ROTHERHAM
2	64.54	HALLAMSHIRE
3	65.53	BARNSELY
4	67.24	ROTHERHAM B
5	75.02	BARNSELY VETS

OTHER MENS PLACINGS

16	81.40	ROTHERHAM VET B
21	85.27	ROTH/HALL COMBND
45	99.11	ROTHERHAM VETS C

YORKSHIRE VETS SUCCESSES

As announced on page 1 Chris Beighton was 2nd in the Cardinal Heenan race which incorporates the Yorkshire vets championships. Chris was shaded on the day by Dave Throup (Leeds). Not far behind was Peter Morris (pictured right) in 33.15, and with sound backing from Steve Gaines and Alan Gregory their efforts were sufficient to gain us the team title over 10k.



In the same race, Alan Jeavons ran just over 50 minutes to take the over 70 Yorkshire title. He also ran well in the South Yorkshire Road Leagues. Well done Alan.

			CLUB MEMBERSHIP, 1ST CLAIM AND ALL THAT
Sun 3 Jul	Middlesbrough 10k	10.15 am	There is frequent confusion here. This is the bare bones of it. Check if in doubt.
Sun 3 Jul	Mansfield Half	10 am	
Wed Jul 6	Tickhill 10 6.45		A runner who has never been a club member can run 'unattached' for one year only then must join.
Sat 9 Jul	Thurlstone Chase	3.15pm	
Sun 10 July	Harrogate Town Centre 10k	12.30pm	A runner can join any number of clubs. The club which has the oldest continuous claim on your membership is your first claim club.
Wed 13 Jul	Penistone Tough Ten	7.30pm	
Thur 14 Jul	Hardwick Hall 6, Pilsley	7.30pm	You can run for who you like when you like in any colours you like.
Sat 16 Jul	Worrall Gala Chase	2pm	
Sun 17 July	Barnsley 6		However, to score in a team, or if it is a team race such as a relay, you can only score for your first claim club (and must run in their colours).
Sun 17 July	Yorkshire Vets Relays		
Sat 23 Jul	Bishop Wilton Half, York	10 am	If your first claim club does not compete in a particular discipline then in that discipline you can use your second claim club as a first claim club ('Compete in' means the club pays AAA the subscription for that discipline) (Comments such as XXX had no runners taking part so I can score for YYY are wrong).
Sun 24 Jul	Cudworth 6	11 am	
Wed 27 Jul	Doncaster Town Centre 5k	6.30pm	A runner resigning from a club in writing must join another within 28 days or not compete. The club resigned from must consider the resignation officially within a month and accept it provided financial obligations are settled, and inform NCEAA officially.
Sun 31 Jul	Herriot Half, Hawes	11 am	
Sun Aug 14	Harrogate 16	11 am	The new club joined must inform NCEAA officially. The runner must wait 9 months to score for the new club..unless..
Weds 17 Aug	Meadow Court 8	7pm	
Sun 28 Aug	Grantham Canal Trail race	9am	NCEAA may allow the 9 months to be waived if (a) runners address is geographically changed or (b) other reason such as athlete claims some real need such as improving standard of competition- but this has to be done officially by NEAA. Old club can object to waiving, or accept it.
Mon 29 Aug	Armthorpe 10k	11.30 am	
Sun 4 Sep	Boroughbridge Half	2pm	You can claim to NCEAA that your membership of a club has ceased if you haven't paid for 2 years and haven't competed either. But this has to be done officially by NEAA. Nothing happens automatically.
Sun 4 Sep	Erewash 10	10.30am	
Wed 7 Sep	Rotherham Advertiser 10k	7pm	
Sat 17 Sep	Yorkshire Relays Wakefield		
Sun 18 Sep	Huddersfield Moor End 10	11.30am	
Sun 25 Sep	Robin Hood Marathon & Half		
Sat 1 Oct	Northern 6-stage Relays Sheffield		
Sun 2 Oct	Selby Half	noon	
Sun 2 Oct	Louth Open Cross-country	noon	
Sun 9 Oct	Maltby 10	10.30am	
Sun 16 Oct	Hall Cross 10k	11am	
Sat 22 Oct	National 6-stage Relays, Sunderland		
Sun 30 Oct	Snowden Marathon	9.30am	
Mon 31 Oct	Dublin Marathon	10am	

ANNUAL HISTORIC HARDWICK HALL 6-MILE ROAD RACE

UNDER BAF LAWS 7.300 Start

1982/3/4/5/7/8/91 Winner— Nick Lees, Derby and County A.C.

Record Time—Trevor Fieldsend, Sheffield A.C. (30 min. 54 secs.) Set 1986

1992/3 First Lady—Philippa Leach, Sutton H.A.C. Record Time: Kay Barringham (37 min. 4 secs.)

1st—Bess of Hardwick Trophy; 2nd-12th Trophies; 1st to 40th Medals.

1st, 2nd, 3rd Veteran Men over 40 years—Trophies; 1st man over 50 years—Trophy; 1st man over 60 years—Trophy

1st Lady—Mary Queen of Scots Trophy; 2nd, 3rd, 4th, 5th, 6th, O/35, O/40

1st Veteran Man over 40 years Tom Hulatt Trophy

2nd in race Slim Whitman Trophy. American country singer. By kind permission from Slim Whitman.

RACE ROUTE

Race starts at Pilsley School to Hardstoft, at Sally's Corner turn right to Shoulder of Mutton. Turn left onto Hardwick lane to Hardwick Hall. Turn round at Hardwick Hall main entrance and return on the same route to finish at Pilsley School.

There are 2 cattle grids and many hills.

Pilsley is situated near Chesterfield and Clay Cross. Alfreton for M1 South and Heath for M1 North.

Race numbers are not sent by post. You collect them on race day in chapel room against race start.

Changing rooms, Pilsley School

Closing date for entries—Thursday July 7th

Entry Fee

Race Secretary: Cyril Leason

Affiliated Club £2.50

33 Lansbury Avenue, Pilsley,

Unattached £3

Nr. Chesterfield, Derbyshire, S45 8EH.

B.A.F. Rules

SOUTH YORKS ROAD LEAGUE

In the final event, at Armthorpe, Janice McWilliam and Janet Oxley answered the call and ensured that the good work put in earlier by Hilary Garrison and colleagues was rewarded by first overall team place for RHAC. They ran second and third on the night to Jane Shields. Rose Grimley clinched the Lady Vets II title and Gillian Bunker was 3rd vet lady. As regards the men, Matthew Griffiths won the junior section and Lee Collingwood just got into the prize list by his improving times. The team was only second but seeing RHAC vests in 3,4,5,6 places on the night was a rare sight. In fact we placed well all down the field. Thanks to all who turned out.

(Results not yet recieved for printing. Sorry)

FIRBECK 10 TEAM RACE

July 20th off at 6.45 at
Herringthorpe Stadium

Teams of 4 selected on the night
Make your own route to Firbeck
Black Lion. Own transport back.
Entry £1

Awards:
Teams 1st, 2nd, 3rd, 4th
1st Man 1st Lady
see Don Creamer

Club Championship List

Sun 6 Feb	Ferriby 10, Hull
Sat 5 Mar	Spen 20, Spenborough
Sun 6 Mar	Norton 9, N of Doncaster
Sun 10 Apr	St.Leger Half, Doncaster
Wed 27 Apr	SY Road League 1 at Maltby
Wed 11 May	SY Road League 2 RHAC at Dinnington
Wed 18 May	SY Road League 3 at Penistone
Wed 25 May	Askern 10k
Wed 8 June	SY Road League 4 (last) at Armthorpe
Sun 19 June	Sheffield Marathon or Sheffield Half
Sun 26 June	Stainforth 10
Sun 3 July	Pennine Marathon, Huddersfield
Wed 6 July	RHAC Club 10 (Tickhill)
Sun 17 July	Barnsley 6
Wed 7 Sep	Rotherham 10k
Sun 18 Sept	Great North Run, Newcastle
Sun 9 Oct	Maltby 10
Sun 16 Oct	Hallcross 10k, Doncaster
Sun 6 Nov	Holmfirth 15 (provisional date)
Sun 20 Nov	Barnsley 10k (provisional date)
Sun 6 Dec	Abbey Dash (10k), Leeds

Runners' News

According to BAF rules, we can only field Yorkshire-qualified runners in the Yorks 6-stage relays. Of course not all clubs obey this rule. Partly for this reason, we have been considering using these relays for a special purpose: as our teams get stronger, there will presumably be less and less chance for younger, less-experienced runners to get into our club teams- until, for example, the 12-stage comes up. I have proposed that for the Yorks relays (not necessarily this year) we should take maybe the youngest we can field, and certainly less experienced athletes of promise, maybe keeping 'older' runners as reserves. Of course, members may prefer simply to put out the strongest side available. What do you think of this?

The Hardwick Hall 6, organised by RHAC exile Cyril Leason, is worth a visit if you want an interesting race. As Cyril says, "there are many hills". The "Tom Hulatt" trophy is of interest. Everyone can name the three runners who ran when the four-minute mile was broken- but there were in fact four. Tom was the fourth, he just turned up for a race... and he was a Rotherham member!

Bad news can be good news! The Damflask results show a fabulous turn-out by RHAC but we were short of two on the night. I now learn that Alan Smith and Darryl Khan had a car breakdown in Hillsborough- which I reckon brings our turn-out up to the mark.

It was a great pleasure to see Jack Phipps at the week-end Young Athletes fixture, progressing well after his illness. Best wishes, Jack from all the members.

Peter Elliot's return to full fitness is being hindered not by the original injuries or operation but by problems arising from upping his training to the necessary quality standard.

Adrian Roberts asks me to report that he has private accommodation available at his house in Swallownest if any RHAC member needs it, on long-term basis. Phone for details.

The Rotherham Racing Team will be a going concern as from September, sponsorship having been successfully found. It virtually exists already, as at Damflask, but we are looking for considerable incidental benefits for runners. precise developments are open for your suggestions, I just want to stress again that this will be an elite in attitude rather than in ability.

I will be on holiday during August, and together with school closure this makes it impracticable for me to make an August edition. Sorry about that, but we will resume on September 7th.