



Barnsley Boundary Relay

# LADIES WAY AHEAD



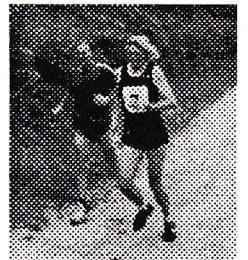
Gill Bunker, Sharon Burton and Caroline Boyd after the Barnsley Boundary Relay, Right president Brian Harney keeps Caroline company

RHAC Ladies won the 72 mile Boundary Relay in a record time of 10 hours 7 minutes, beating Denby Dale Ladies' previous best by 1 hour 7 minutes. The 10-stage event, mostly off-road started at 8 am on Saturday 14th June.

Denby Dale had won the ladies' event for the last four years, and their men's team was again victorious in just over eight hours, with Barnsley Harriers taking the veteran men's team prize.

Rotherham Team:

Julia Jennings	4.2 miles
Gill Bunker	10.2 miles
Pat Wells	7.6 miles
Sharron Marshall	6.3 miles
Paula Fisher/Jacky Shannon	6.3 miles
Caroline Boyd	11.4 miles
Caroline Dauris	6.3 miles
Hilary Garrison	6.3 miles
Sharon Burton	10.2 miles
Julie O'Mara	4.2 miles



SY Road League

## ...AND TUNE MAKES FOUR

Dave Tune became Rotherham's fourth individual road league winner at Armthorpe after Lee Collingwood, Darren Hale and Rob Holladay had set the pattern, with a sharp 24 minute time, comfortable enough certainly but not that far in front of an impressive performance from Paul Bennett who has undoubtedly got his head round road racing at the moment. Paul had a close race with Lee Collingwood but Lee understandably faded a bit having won the Yorkshire silver medal the day before at South Leeds Stadium.

Not for the first time, the RH 1-2-3 heralded an avalanche of Rotherham runners, with no fewer than sixteen scoring in the first 22 runners home. Darren Hale was disappointed to find Mark Lavender not present, as the closeness of the aggregate times meant there was work to be done, and he thrives on it- but he has been the in-form man over the series and a very worthy winner. Ian Lanceley's race times are getting suddenly shorter, and after he had lifted the award for second place in the series there was Richard Harris in third to remind us that for the second year in succession it is incoming RH talent at the top. According to my lists, other RH placements over the series were John Comrie (5), Steve Inglis (7), Steve Tompkin (8) and Jeff Crofts (9).

Steve Inglis, despite a recent injury, is in a class of his own at junior level at the moment, and there was never any question who was going to win the veteran prize with Peter Morris storming around as he is, he could have taken the senior silver on his times. David Ritchie was fourth vet in the series, behind Peter Morris, Alan Willis (D&S) and John Kerr (Steel C)

In the ladies series, Hallam vet Carol Wolstenholme, running as a senior, was untouchable, but that meant that Hilary Garrison took the ladies award with Gill Bunker third. Jenny Baker was fourth over-45.

No surprise then to find that the three team awards stayed at Rotherham, the winning margins almost embarrassingly large. Again we have to observe that this situation is down to our determination, training and organisation for the most part, also though down to the lack of it apparently in other clubs. Doncaster and Stainforth are progressing, and both clubs originally were very much present in events like these; Barnsley are still there in numbers but missing front runners. After that however 'bigger' clubs are not much in evidence and the events are made viable by the superb participation of those with smaller numbers, notably Kimberworth, Maltby, Askern and Topley. RL Final Placings:

Senior Men (4 count)

1	<b>Rotherham HAC</b>	<b>419:12</b>
2	Doncaster & Stainforth	444:13
3	Barnsley AC	449:28
4	Hallamshire H	463:37
5	Kimberworth Striders	483:59
6	Askern DAC	508:13

Vet Men Combined (3 count)

1	<b>Rotherham HAC</b>	<b>327:55</b>
2	Steel City Striders	336:49
3	Doncaster & Stainforth	339:45
4	Barnsley AC	352:32
5	Maltby RC	361:34
6	Kimberworth Striders	366:59
7	Topley AC	389:06
8	Penistone FR	391:44
9	Wombwell SAC	399:52
10	Valley Hill Runners	406:05

Ladies all Combined (3 count)

1	<b>Rotherham HAC</b>	<b>400:22</b>
2	Barnsley AC	418:30

## Tickhill 10

Next Wednesday, 9th July is the Tickhill Ten, Herringthorpe to the Carpenter's at Tickhill. This annual event will be a point-to-point YOT handicap, state your own time and run without a watch. Nearest to time are the winners. I have removed this event from the club championship owing to the fact that it cannot be adequately marshalled as a straight race, running as it would along some very busy roads. We therefore have to say that you must look after your own safety in this event, take the safest options you can find and be well aware of traffic on the roads between Rotherham and Tickhill.

The off is at 6.45 from the mile marker next to the Hospice above Herringthorpe, the end of the run is behind the Carpenter's at Tickhill, next to the main church. Make your own way, a suggested possibility is Stag, Brecks, Wickersley, Maltby centre, Avon estate, over the hill into Tickhill, under the railway bridge, fork left in the lay-by then veer right direct to the church.

There will be cars at the club to put your gear into, get it back at the Carpenters. It is usual for lifts to be available back to Rotherham but best by far is to make your own arrangement if you can. But we have never lost anyone permanently on this occasion as far as we know.

## Yorks vets relays

With Chris Beighton in plaster, hopefully on the mend, and Paul Venables waiting to see, we have been further hit by Dave Hindmarsh's knee injury. Fortunately it sounds as though David is recovering well enough to train shortly, but he may well not be back in time for the Yorkshire vets relays on the 13th July. We have three over 40 (4x), one over 50 (3x) and two ladies (3x) teams entered (named on the day).

Our dominance in this event in recent years looks easy from a distance but far from it, it is top quality that has done it. You never know who is waiting to ambush you. Fortunate therefore that to add to Peter Morris' fine current running we have a whole range of vet runners hitting form at the right time. None better than captain Peter Neal and Ian Temperton, both of whom looked sharp at Damflask. Steve Gaines and Steve Elvidge too are in good form- and they are not alone. We will have to run to best potential to keep the trophy, but we can do it.

The ladies too are in danger, though for a different reason, with Sharon Burton and Gill Bunker lined up to run the Lyke Wake route the day before. We certainly have a formidable line-up if for example Julia Jennings, Hilary Garrison and Caroline Boyd are available; if not we have some improving reserves who might stand in, but it will be more difficult.



In form top supporter Mark Ruddleston, who has been in the placings regularly recently both in the teams and in the tough ones (Penistone, Tigger Tor etc). Mark is seen here with with 1k to go at Hallcrosswithan unassailable (!) lead over a mystery runner in black. It proved to be..... a certain Mr. Sesay. Oh dear oh dear!

## Armthorpe Results

position in category		
1	Dave Tune	24:46
2	Paul Bennett	25:07
3	Lee Collingwood	25:13
5	Darren Hale	25:50
7	Mark Ruddleston	25:56
1	Pete Morris	V 4 26:00
8	Richard Harris	26:08
9	Ian Lanceley	26:19
11	John Comrie	26:54
12	Steve Tompkin	27:01
14	Phil Roberts	27:10
15	Tony Carroll	27:17
16	Steve Inglis	J 27:22
18	Andy Parkin	27:26
6	Steve Gaines	V 4 27:35
20	Mick Tune	27:44
21	Jeff Crofts	27:50
8	Phil Eddison	V 4 28:03
9	Dave Ritchie	V 4 28:12
10	John Atkinson	V 4 28:15
12	Alan Gregory	V 4 28:36
28	Phil Smales	28:58
19	Geoff Turner	V 4 29:16
20	Martin Herrington	V 4 29:20
32	Mick Marsters	V 4 30:16
43	Richard Burton	30:36
11	Mick Cochrane	V 5 31:17
1	Julia Jennings	LV35 31:32
2	Hilary Garrison	LV35 31:56
51	Neil Shaw	32:27
50	Dennis Russell	V 4 32:55
56	Roy Butterworth	32:57
58	Bob Newbould	33:03
62	James Silk	J 33:12
52	Malcolm Rhodes	V 4 33:15
4	Gillian Bunker	LV35 33:32
18	Pete Humphries	V 5 33:33
19	Mick Carr	V 5 34:34
3	Sharon Burton	L 34:55
6	Caroline Dauris	L 35:37
5	Jenny Baker	LV45 36:20
74	Phil Widdowson	36:38
70	Graham Benton	V 4 37:23
26	Dave Weatherburn	V 5 37:44
28	John Clarke	V 5 38:34
29	Alan Browne	V 5 38:44
6	Pat Wells	LV45 41:15
73	Jim Tarbrush	V 4 43:20

## Kimberworth 10k 18/6/97

1	Brett Stocks DPFR	32:26
2	John Comrie	33:25
3	Mark Haffner KS	33:56
5	Tony Carroll	34:28
9	Alan Gregory	35:37
10	Phil Eddison	35:40
22	Brian Harney	36:40
26	Roy Butterworth	39:53
29	John Goult	40:06
40	Neil Shaw	42:01
41	Bob Newbould	42:22
43	Dennis Russell	42:34
44	Malcolm Rhodes	42:37
47	Gillian Bunker	43:11
48	Sharon Burton	43:17
49	Mick Carr	43:18
55	Tom Smith	44:17
66	James Silk	47:46
70	Phil Widdowson	47:07
74	Graham Bentopn	49:45
83	Roy Tinker	52:41
86	Jim Tarbrush	56:32

- Doncaster 5k

Looking forward to another good night out at Doncaster on the 16th. To say we usually do well here is an understatement.

- Sea Air Suits Cooney

Darren Cooney ran 53.19 in winning the Bridlington 10k last week, fairly emphatic but he was not that happy with his performance, maybe suffering a bit of virus trouble.

- Darren Hale added the Penistone Tough Ten to his list of number ones, winning from Tony Wright (D&S) with Mark Ruddleston third.

- Rob Holladay again won the Oughtibridge Chase three weeks ago, up the naughty hill towards Grenoside, quite a tough one. My informant on this occasion is Adrian Roberts who, it is good to see, was back in competition himself, running in third place.

- Peter Pleasants qualifies 1st August and tells me he has got his enthusiasm back for running. This is good news for Peter and good news for us. He looked well at home at Damflask where he ran as a non-scorer and could well threaten for a team place in the six-stage relays which are upcoming in September and October. He is lining up an attempt at the Windsor-Chiswick marathon (formerly "Polytechnic") on September 28th with the Slough 3 weeks before- good cash prizes involved- and would welcome any colleagues interested in a team venture.

- Wharnccliffe Gala Chase

Off at 1.15 on Saturday 5th July. Three and a half miles on road and country; club championship race, good prizes, free pint to finishers, free entry to gala. £1.50 on the day. All good news except the course, which is bound to be up and down in that area, mostly up as usual. Start and finish at Wharnccliffe Side school, Brightholme Lane (off A616). Approach through Thorpe Hesley, Chapeltown, Grenoside and Oughtibridge or Sheffield-Hillsborough or Stocksbridge road-Deepcar to Wharnccliffe Side where you turn off at the Blue Ball pub, then 400 yards up the road. Wharnccliffe Side lies just north of Oughtibridge and south of Deepcar.

- Bishop Wilton Half Marathon

Off at 10am on Saturday 26th July with a fun run at 10.10. One free entry to the large agricultural show, free parking. This is a big general event, but the race (club championship) would now cost you £6 on the day, not eligible for prizes. "Scenic and challenging" with some off-road. 14 miles east of York, best approach might be via Tadcaster and York by-pass.

- Monthly Draw: Drawn Wednesday 25th June at the Plough, Bradfield. £72 no. 64 Tony Jackson; £10 each no. 71 Kevin Laurie, no. 115 Alan Gregory, no. 63 Phil Allen. 204 sold, thank you Brian.

- Kimberworth 10k

John Comrie making it count, a superb run in 33.25 with only Brett Stocks in front of him. Brett was recovering from injury making his 32.26 look even better. The quality of Sam's performance can be judged by the fact of Mark Haffner and Malcolm Martin being behind him; both are running really well.

Tony Carroll winged in to pick up fifth place in 34.28; he is threatening to be around a bit more permanently than has been the case, hopefully injury problems are behind him. Alan Gregory and Phil Eddison picked up the over-40 awards and joined Comrie and Carroll for the team.

Top class work from Gill Bunker, placed first lady, with the same time as Sharon Burton. And a clean seep for RHAC in the 2k race through Ian Whitaker, Cain Green, Carla Foster and Lindsay Whitaker.

## July/August Fixtures

Wed 2 July	Roche Abey Dash, White Swan Maltby 7pm
Sat 5 July	Wharnccliffe Chase 1.15pm
Sun 6 July	Swinton Strawberry Fayre 4.4m 1pm
Wed 9 July	Tickhill Ten 6.45
Thur 10 July	Hardwick Hall 6 7.30pm
Sat 12 July	Chatsworth Challenge 2pm
Sun 13 July	Kilburn Feast 7, nr York noon
Sun 13 July	Monty's Dark Peak Challenge from 9.30
Sun 13 July	Yorks Vets Relays, Methley 11am
Wed 16 July	Doncaster Town 5k from 6.30
Sun 20 July	Leyland 10 10am
Sun 20 July	Barnsley 6 noon
Sun 20 July	Notfast 10k, Newark 11am
Sat 26 July	Yorks Wolds Half Marathon, Bishop Wilton 10am
Sat 26 July	Heckington 10
Sun 27 July	James Herriot Half, Hawes 11am
Sun 10 Aug	Askern 10 11 am
Sun 10 Aug	Newark Half 10.45
Sun 24 Aug	Darlington 10k 1.30
Sun 24 Aug	Grimsby 10k 10.30
Mon 25 Aug	Armthorpe 10k
Mon 25 Aug	Killamarsh 10k
Sun 31 Aug	Erewash 10

- Swallownest 10k

A fine turn-out of Rotherham Harriers paid their respects to Richard Harris' colleagues and former club-mates but the honours were to be shared. Plenty of pbs as a reward, but the course looks definitely short and is certainly shorter than in previous years. Darren Teasdale (Hallamshire) won, followed by David Bedford (Hallam) who is happily back after long injury. Darren tried hard to get lost near the finish, which is becoming a trade-mark, but made it right this time. With Paul Keen (also Hallam) first vet the team event looked dodgy but with four to count we just made it OK with Luke Field, Mark Ruddleston, Richard Harris, and Phil Roberts with Andy Parkin and John Comrie close in attendance. Results to follow.

- Potteries Marathon

Malc Palfreyman ran a superb 2.40 at Stoke last month. Typically, whilst happy with such a superb result he was a bit disappointed to miss out on the 2.39 ranks!

- Monty's Dark Peak Challenge

Adrian Roberts, just about back into the racing, is also setting out on a career of professional mountaineering services. Further to this, he is involved in providing safety cover in the above challenge in aid of Bradfield Village Hall and pavilion fund. The challenge is a score event for walkers and runners with checkpoints around Bradfield and Dark Peak, male, female and mixed teams of two (age over 14). You visit as many checkpoints as you can in six hours; £10 fro a team, forms in the kiosk or phone Adrian on 0114 286 4985 for details.

- Mr.Parkes says his physios are happy with him; he is going to start light training again.

### Club Championship Races remaining

16	Wharnccliffe Chase	5 July
17	Doncaster 5k	16 July
18	Yorkshire Wolds Half	26 July
19	Askern 10	10 August
20	Armthorpe 10k	25 August
21	Erewash 10	31 August
22	Maltby 10	5 October
23	Hallcross 10k	12 October
24	Worksop Half	we have heard it is off <u>will be replaced</u>
25	Holmfirth 15	26 October
26	Percy Pud 10k	7 Dec

Apologies for getting behind with the lists

damflask

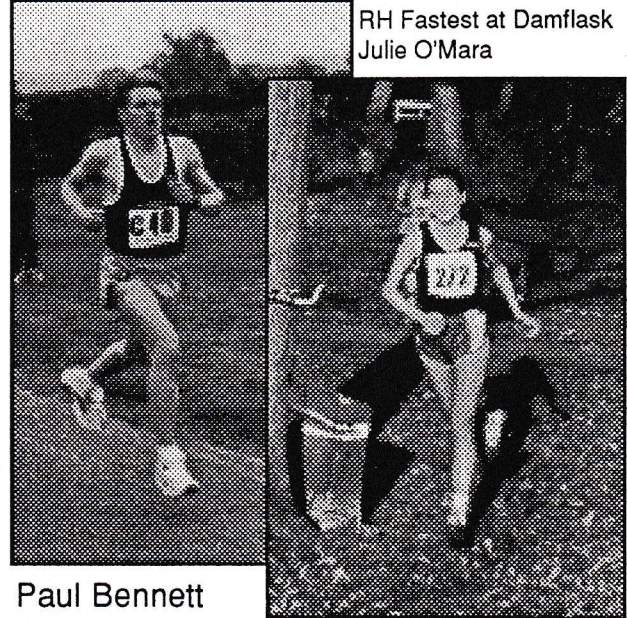
# CENTURY'S WORST WEATHER FAILS TO DAMPEN RH ENTHUSIASM

The scent of roses eventually accompanied Rotherham's performance at the Damflask South Yorkshire relays, but it was a close-run thing judging by the complete shambles which led up to the start. None of this down to the organisers, it is all attributable to the way we do it, and to the diabolical weather on the night, most unseasonable for this event. As it turned out we just about got away with it again and 46 runners on the night is a huge achievement by all concerned. It is well worth the bother when we get numbers like this.

The first team was relatively weak I suppose but Paul Bennett and Rob Holladay were always going to be strong and ran the fastest times on the night. We relied on experience for the other places, bringing Mark Ruddleston in to start and transferring Peter Morris from the vets on stage three. Mark held us close enough for Paul to fly into the lead on stage two; Peter is too good a time-trialler to lose this sort of advantage and Robert brought us home impressively. Losing Mr. Morris didn't do too much harm to the vets team, Peter Neal, Ian Temperton, Alan Chell and Steve Gaines winning in fine style in overall fourth place.

The other teams all performed well and it was great to see such a mass of black. Notable were a very promising 19.19 from Richard Chapman and a sharpish 18.54 from Tim Drake.

Though we couldn't match Sheffield's consistency on the night we did very well in the ladies event with Julie O'Mara, Sharron Marshall and Janet Hindley second place, and third overall were Julia Jennings, Gill Bunker and Sharon Burton taking first vets award. Julie was especially quick at 21.12 and it was especially nice to see Janet back after injury, as also in the second team where Joanna Roberts made a steady return joining Caroline Dauris and Claire Goldsborough. Again flying the Rotherham flag after their outing in the national relay, Janet Pike, Pat Wells and Jen Baker ran well to finish 11th overall.



Paul Bennett

## LADIES RESULTS

2	Rotherham HAC	
	Julie O'Mara	21:12
	Sharon Marshall	25:09
	Janet Hindley	23:06
3	Rotherham HAC (Vets)	
	Sharon Burton	23:52
	Julia Jennings	22:07
	Gillian Bunker	24:04
6	Rotherham HAC	
	Caroline Dauris	24:00
	Clarie Goldsbrough	25:33
	Joanna Roberts	25:12
11	Rotherham HAC	
	Janet Pike	25:47
	Pat Wells	26:56
	Jenny Baker	29:23
1	Sheffield AC	63:16
2	Rotherham HAC	69:27
3	Rotherham HAC Vets	70:03
4	Hallamshire H	70:320
5	Hallamshire H Vets	72:09
6	Rotherham HAC	74:51
7	Barnsley AC Vets	75:02
8	Totley AC	76:26
9	Steel City Str	77:43
10	Wombwell AC Vets	81:03
11	Rotherham HAC Vets	82:06
12	Barnsley AC	83:41
13	Steel City S Vets	88:26
14	Barnsley AC Vets	91:07

## MENS RESULTS

1	Rotherham HAC		36	Rotherham HAC	
	Mark Ruddleston	18:23		Ken Horan	23:33
	Paul Bennett	17:46		John Clarke	25:54
	Peter Morris	18:39		Terry Rooke	28:26
	Rob Holladay	17:47		Barry Pike	27:10
4	Rotherham HAC (Vets)		37	Rotherham HAC	
	Peter Neal	18:38		Dave Weatherburn	27:07
	Ian Temperton	19:21		Jim Tarbrush	30:19
	Alan Chell	19:59		Mick Tune	19:38
	Steve Gaines	19:16		Ian Horsley	28:10
5	Rotherham HAC		1	Rotherham HAC	72:35
	Ken O'Mara	19:36	2	Barnsley AC	74:31
	Phil Roberts	19:19	3	Doncaster & Stainforth	75:57
	John Comrie	19:20	4	Rotherham HAC (Vets)	77:14
	Richard Chapman	19:19	5	Rotherham HAC	77:34
8	Rotherham HAC		6	Sheffield AC	78:37
	Phil Smales	20:35	7	Sheffield AC	78:40
	Peter Pleasants	18:55	8	Rotherham HAC	78:51
	Phil Eddison	20:27	9	Barnsley AC	79:07
	Tim Drake	18:54	10	Kimberworth S	80:34
13	Rotherham HAC (Vets)		11	Steel City Vets	80:48
	John Atkinson	20:13	12	Barnsley AC Vets	81:27
	Alan Gregory	21:02	13	Rotherham HAC (Vets)	82:26
	Geoff Turner	20:09	14	Rotherham HAC (Vets)	82:50
	Malc Palfreyman	21:02	15	Hallamshire	82:55
14	Rotherham HAC (Vets)		other selected		
	Jerry Spencer	21:10	36	Rotherham HAC (Vets)	105:03
	Steve Elvidge	19:38	37	Rotherham HAC	105:14
	Brian Harney	21:08			
	Terry Hawley	20:54			

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This publication is aimed at the improved road and cross-country running of all Rotherham Harriers members.

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