



Abbey Dash 10k

## Abbey Team in Smash and Grab..

While a lot of black vests were carrying the banner locally at Loxley, the high-class team we had at Leeds, in a very different standard field, caused a sharp intake of breath by picking up the team prize-but see below.

Darren Cooney will be satisfied for the time being with his 30.28 which saw him take 10th place at this high class event, a return to his more typical sort of times. Dave Tune however is running at such a class now that a brilliant 4th place, with a time of 30.09, is a little below what he expects and is probably down to slight injury on the day. Nonetheless it was close, with the race really off from half-way after turning out of the wind, the event being won by Kevin McCluskey (29.53) from Neil Wilkinson (both Salford) with Gateshead's David Myles third in 30.03.

With Paul Bennett in vibrant mood these days, running 31.18 in 20th place and looking well capable of improving it, and Paul Rowland close behind looking fit again (26th 32.00), RHAC were looking for a fourth scorer and got a good one in Mark Ruddleston, slightly disappointed to be over 32 minutes, in 37th place in 32.29. Estimation of team position varied, but the organisers confounded it all by including Darren Cooney, who enters at the moment as a non-scorer, so placing RHAC first and breaking the Bingley/Leeds duopoly. Bingley were placed second with Peace, Irving, Ogalvie and Robson. Sadly, it has to be reported to the organisers, but is a sign of things to come, and not far away at that.

Percy Pud 10k

## ...while Parkes sees to Percy

Chris Parkes was in a world of his own at the popular fast 10k, long gone well before the half-way mark he broke the record with apparent ease in a time trial performance of 30.05. Afterwards he ruefully commented that he might have been better off with Dave Tune and co. at the Abbey Dash where he thought he might have been encouraged into the 29 minute category. Quite so, but he had agreed with the organisers to appear at Loxley a long time back, and stood by it. But he is thinking on the right lines.

Peter Pleasants took to the road again after an injury lay-off and must have been pleased with his third place (32.15), getting back on form it seems. They were spilt by Brett Stocks (DPFR, 31.49) who has also been scoring in the cross-country. Alan Chell had another storming run to take first veteran prize in 6th place with 33.04, and Luke Field was 7th senior runner. Good to see Hilary Garrison back, second in her category and first RH runner, Jane Clark was first senior and Pat Muller took second prize in her group also.

SYXC

## Aked's Turn to Show the Way

Andrew Aked was the surprise package of the first South Yorkshire Cross-country event, keeping up at the front for a couple of laps before shooting off well clear of Darren Teesdale (Hallam) and Richard Harris, who were renewing their Whitbread Chase encounter. This time Richard had the edge without help from Darren's course-reading but both were helpless to combat Aked's last lap speed. After he joined us earlier this year he was sidelined for a lengthy period, and this result is a nice starter for him. With Richard a non-scorer, also Martin Connolly, Paul Bennett, Phil Roberts and Ian Lanceley completed the senior team.



Andrew Aked pictured here at the start of his 6-stage relay leg

The short course did not suit everybody; the cross-country hard men were only just getting going. Paul Venables, for example, although he was first vet nonetheless to launch his series challenge. Alas, injury put him out at Cantley but Alan Chell stepped up to favourite spot for the series. Should Alan slip up, which on current form is not likely, Dave Hindmarsh is not far behind. The vets team at Graves was Paul Venables, Alan Chell, Dave Hindmarsh and Phil Eddison.

It didn't suit our ladies either, they were consequently adrift of the Hallamshire trio but Julie O'Mara Julia Jennings, Janet Hindley and Gill Bunker ran well to take second spot. The wisdom of this was borne out at Cantley when the HH team failed to trouble the finish marshals and with Janet this time heading the same quartet RH headed Barnsley home. /ctd p.2

membership

## Temperton in RH Switch

We are happy to welcome Ian Temperton, who has transferred his first-claim status to Rotherham after the merger announcement of Doncaster and Stainforth. North of England AA have been informed and we anticipate their confirmation that he is a team scorer as from Jan 1st. Ian is pictured below (2nd left) among the Rotherham runners at the start of the Hallcross 10k.



Paula Fisher, who joined us back in the summer, has now relinquished her membership at Steel City, which means she joins her colleague Jacqueline Shannon as first claim RHAC. Both are training and racing well, and had what look like pb times at the Percy Pud event at Loxley.



South Yorks Cross-country ctd. from p1

Andrew Aked couldn't make Cantley but in his stead Dave Tune came out to play, only Paul Bennett getting anywhere near him. Paul Rowland made a welcome reappearance with Ian Lanceley again making up the quartet. Again a mass of white stars on black, but the vets were struggling a bit, Alan Chell, Dave Hindmarsh and Phil Eddison having to wait for Pete Humphries to make up the team, a good way back but just good enough. As a result of all this RHAC resoundingly lead the men, vets, and women's team series. Even better, we have welcomed back Tim Drake and Adrian Roberts, and our junior runners are surfacing near the front, particularly at the moment Richard Chapman and Chris Aston.

The Rotherham junior scene is tremendous now, all credit to the runners and their parents and coaches, particularly Dennis Russell and Malc Whitaker but there are many others on the scene. Steve Inglis is moving up the U-17 ranks but teamwise we have no strength here. Not so on the ladies side however, only RH field a full team with Carla Foster, Lyndsey Whitaker, Rachel Kay and Rachel Hart joined in the Cantley race by Katy Storey and Claire Austin. Over half the field from RH in fact. Well done.

The U-13 boys are a promising outfit, with notably Liam Rooney and Simon Francos running well, but they are adrift of a strong Wombwell side. No problems for the under 15's though, despite D&S Steve Bates getting home first at both races there has been no stopping the RH team with Richard Lomas, Jamie Russell, Ian Whitaker and Kirsten Cawthorne their scorers on both occasions. Not so the under-13 girls either who are a fine team, with scorers Tracey McNaney, Lyndsey Carnell and Roisin Kelly joined by Lindsay Smith at Graves and Eleanor Thomas at Cantley. The U-15 team was only two strong at Graves, through Nicola Chell and Charlotte Birch. They were joined by Kelly Walker and Simone Goldsborough at Cantley but may be too far adrift of the lead by now.

Regrettably we haven't shown much at U-11 girls, but the boys have turned out well though adrift of the leaders, with Adam Booth looking best at the moment.

We are proud to record the following RH ladies who were selected to run for the South Yorkshire league in the inter-league fixture at Rochdale on Dec 1st: U13 Lyndsey Carnell, Roisin Kelly, Tracey McNaney and Emma Shakespeare; U15 Charlotte Birch and Nicola Chell; Junior Ladies Carla Foster, Rachel Kay and Lyndsey Whitaker. Sorry we have no results yet for them, we are aware however that the senior squad came 4th with our representatives Julie O'Mara 13th, Julia Jennings 16th, Janet Hindley 17th and Sharron Marshall 41st.

## Results from Graves and Cantley Parks

1 Graves Park Sheffield	42 M.Rhodes V	23.32	14 J.Gill	12.45	13 J.Silk	28.12	16 finishers
	44 finishers		15 D.Kaighin	12.51	14 O.Thomas	29.19	Teams
Senior/Vet men	Teams		20 R.Dennis	13.35	14 finishers		1 Rotherham 7
	1 Hallamshire	14	24 finishers		1 Barnsley	7	2 Hallamshire 5
1 A.Aked RHAC	2 Rotherham	13	Teams		4 Rotherham	5	Under 15 Girls
2 R.Harris RHAC ns	Under-17 Women		1 Wombwell	8	Senior/Vet Women		1 B.Lyne HH 12.34
3 D.Teesdale H	1 E.Wilkes H.H.	13.50	2 Rotherham	7	1 J.Smith DPF	24.01	5 K.Walker 13.28
4 P.Bennett RHAC	2 N.Todd SCS	14.00	Under 15 Boys		2 J.Ingman BAC J	24.58	7 N.Chell 13.47
8 P.Venables V	3 C.Foster RHAC	14.30	1 S.Bates	11.11	3 J.Hindley	25.24	10 C.Birch 14.18
10 P.Roberts	4 L.Whittaker	15.00	2 R.Lomas	11.37	4 J.O'Mara	25.25	12 S.Goldsborough 15.05
13 M.Conolly ns	5 R.Kay	15.30	3 J.Russell	11.43	5 J.Jennings	25.35	teams
14 A.Chell V	8 R.Hart	16.30	5 I.Whittaker	11.54	10 G.Bunker V	26.54	1 Hallamshire 7
19 D.Hindmarsh V	9 finishers		11 K.Cawthorne	12.20	13 S.Marshall	28.17	2 Rotherham 6
22 I.Lanceley	Teams		14 A.Hudson	12.32	21 R.Aconley J	30.08	
24 R.Chapman J	1 Rotherham	5	18 K.Green	13.09	30 J.Chapman	32.42	Under 13 Boys
25 A.Roberts	2 Barnsley	3	19 M.Bradbury	13.13	36 M.Rhodes V	34.45	1 D.Wassell Wmbwl 13.58
27 G.Durham	Under-11 Boys		21 T.Smith	13.30	37 finishers		4 L.Rooney RHAC 14.15
28 T.Drake	1 D.Wassell Wmbwl	5.10	24 D.Russell	13.58	Teams		8 S.Francos 14.50
29 R.Eddison V	5 A.Booth	5.40	28 finishers		1 Rotherham	14	15 D.Kaighin 15.51
30 J.Comrie	6 D.Cheatham	5.45	Teams		2 Barnsley	13	16 R.Moss 15.53
34 P.Smales	12 G.Moss	6.00	1 Rotherham	6	Under-17 Women		17 J.Gallacher 16.39
39 S.Gaines V	23 J.Rollett	6.39	2 Hallamshire	5	1 K.Storey RHAC	16.12	25 finishers
42 R.Rhodes J	30 G.Dennis	7.30	22 R.Dennis		2 N.Todd SCS	16.56	Teams
49 R.Bennett	31 finishers		28 finishers		4 C.Foster RHAC	17.58	1 Wombwell 7
55 S.Gorrill	Teams		228 finishers		5 L.Whittaker	18.32	3 Rotherham 5
58 J.Turner V	1 Rockingham	8	2 Cantley Park Doncaster		6 R.Kay	18.52	
65 J.Smith	3 Rotherham	6	Senior/Vet men		9 C.Austin	21.13	Under 15 Boys
69 L.Kaighin J	Under 13 Girls		1 D.Tune RHAC	36.16	10 R.Hart	21.15	1 S.Bates D&S 13.41
78 M.Garrett V	1 K.Mann BAC	11.42	2 P.Bennett RHAC	36.39	Teams		2 R.Lomas 14.09
80 S.Wraith V	2 L.Wainwright DS	11.59	3 P.Johnson SAC	37.26	1 Rotherham	5	3 J.Russell 14.20
82 J.Beckett	3 T.McNaney	12.13	4 B.Stocks DPF	37.21	2 Barnsley	3	5 I.Whittaker 14.30
87 P.Humphries V5	5 L.Carnell	12.34	5 R.Harris RHAC ns	37.26	Under-11 Boys		6 K.Cawthorne 14.34
116 D.Russell V	10 R.Kelly	13.08	6 P.Rowland RHAC	38.06	1 D.Wassell Wmbwl	6.07	12 G.Keyght 15.10
130 M.Burke V	13 L.Smith	13.34	11 A.Chell V	38.59	3 A.Booth	6.32	16 A.Hudson 15.38
139 A.Browne V5	14 E.Shakespeare	13.48	12 I.Lanceley	39.08	13 G.Moss	7.05	18 T.Smith 16.10
140 M.Rhodes V	15 C.Chell	13.53	16 D.Hindmarsh V	39.50	24 J.Rollett	8.21	19 M.Bradbury 16.20
157 finishers	16 E.Thomas	14.50	19 L.Field	40.16	25 G.Dennis	8.22	20 D.Russell 16.35
Teams	19 finishers		20 T.Drake	40.20	30 finishers		22 K.Green 16.46
1 Rotherham	Teams		23 R.Chapman J	40.28	Teams		23 A.Blackner 17.28
2 Hallamshire	1 Rotherham	8	26 R.Bennett	40.38	1 Rockingham	8	28 finishers
3 Donc & Stnfh	2 Hallamshire	6	28 R.Eddison V	40.50	4 Rotherham	5	Teams
Under 17 Men	Under 15 Girls		29 A.Roberts	40.51	1 Rotherham	5	1 Rotherham 6
1 D.Middleton BAC	1 B.Lyne HH	11.15	33 C.Aston J	41.12	2 Barnsley	3	2 Hallamshire 5
4 S.Inglis RHAC	5 N.Chell	12.20	36 K.O'Mara	41.30	Under-11 Boys		
12 finishers	10 C.Birch	13.13	45 S.Gorrill	42.32	1 D.Wassell Wmbwl	6.07	
Teams	19 finishers		60 J.Beckett	43.55	3 A.Booth	6.32	
1 Barnsley	Teams		62 L.Kaighin J	44.20	13 G.Moss	7.05	
4 Rotherham	1 Hallamshire	7	69 P.Humphries V5	44.54	24 J.Rollett	8.21	
	5 Rotherham	2	80 R.Rhodes J	45.54	25 G.Dennis	8.22	
	Under 13 Boys		92 D.Russell V	46.54	30 finishers		
	1 D.Wassell Wmbwl	11.18	125 A.Browne V5	50.53	Teams		
	2 L.Rooney RHAC	11.25	143 J.Gallacher	61.50	1 Rotherham	6	
	6 S.Francos	11.38	143 finishers		2 Hallamshire	5	
	8 J.Curry	11.56	Teams		Under 11 Girls		
	11 R.Moss	12.19	1 Rotherham	15	1 C.Glover BAC	7.16	
			2 Barnsley	14	18 C.Young RHAC	9.13	
			3 Donc & Stnfh	13	19 finishers		
			Under 17 Men		Under 13 Girls		
			1 M.Bailey BAC	21.44	1 K.Mann BAC	12.50	
			2 S.Inglis RHAC	21.51	2 L.Carnell	12.53	
					4 T.McNaney	13.35	
					6 R.Kelly	13.49	
					14 E.Thomas	16.18	



## Yorkshire XC preview

Venue Beckett Park, Leeds on Saturday 14th December. A bus is ordered (especially for young athletes but there may be places for others- ask Dennis Russell). Colleagues will be aware that many of our senior runners are unselectable due to transfer suspension or non-Yorkshire residence.

The senior entry list (race at 2.10pm 11000m) is:

P.Venables	A.Chell	P.Roberts	L.Collingwood	P.Smales	M.Ruddleston	D.Cooney(ns)
P.Morris	C.Parkes	R.Holladay	K.O'Mara	P.Rowland	B.Borkowski	P.Neal
A.Roberts	J.Crofts	S.Gaines	J.Comrie	I.Lanceley	G.Durham	L.Field
T.Drake	M.Connolly(ns)	A.Gregory	P.Humphries	D.Richards	D.Hindmarsh	P.Eddison
S.Elvidge						

The senior ladies (race at 1.30pm 6000m):

G.Bunker	H.Garrison	J.Jennings	J.Chapman	S.Burton	C.Dauris	J.Fretwell
E.Green	Z.Smith	J.O'Mara	S.Marshall	M.Rhodes	J.Hindley	D.Unwin
C.Boyd						

Junior Men (race at 2.10pm 8500m):

P.Hoyland	J.James	L.Kaighin	R.Rhodes	C.Aston	R.Chapman
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Younger age groups check with their coaches please.

## Northern XC Durham

Entries have to be sent by December 14th close for this event, which is on Saturday January 25th at Durham. Races are 11am to 2.35 with order U13G, U13B, U15G, U15B, U17W, U17M, Jun Women, Junior Men, Senior Women, Senior Men. Teams: all 4 to count except senior men (six to count). Any number to enter, any number to run. Non-scorers may run. **HOWEVER** please note: each entry costs us £2 so it is essential all entered runners intend to run. You should be approached to run by Dennis Russel or Malc Whitaker (all except seniors) or Pete Humphries (senior runners) but make sure you contact them to be on the safe side before or on Monday 9th December.

## Runners' News

### •Club Draw

Winning numbers drawn on November 29th at the Christmas Disco: £80 no.123 Graham Tomlinson, £10 each no.107 Brian Siddall, no.50 Janice Street, no.98 Ian McDonald.

•John Comrie overdid his training a bit, picking up a groin injury, but is happily apparently recovered. No real progress for Chris Beighton however, awaiting the effects of a recent cortisone injection but still considering surgery on the achilles problem which has sidelined him. Steve Gaines is struggling with a similar, but thankfully less serious, problem. Paul Venables' comeback trail looked a bit dodgy two weeks back after an injury to his (other) knee but it seems not to be serious.

•Rob Holladay has clued me in on the problems which caused his late withdrawal from the 6-stage relay, very unusual circumstances to say the least. He hopes the problem will be resolved soon and is looking forward to racing with us again.

### •Clowne Half

Runners can't be too upset at being beaten by Chris Parkes these days, they see so little of him. Much of the racing is for second place. So it was at the challenging Clowne event as the previous two-year's winner P.Fox (NottsAC) just held off the opposition for second with Chris already home by some four minutes in 67.23. Jeff Crofts (76.34) joined him in the winning team which was completed by Andy Parkin (78.12). Andy has been promising some quite sharp running recently having taken up training with a quality group at Herringthorpe.

### •Xmas Day Race

Off at 11am this is a handicap start event. Entry forms are now at the club, you will need to quote recent race times if you can. The entry closes definitely on Wednesday 18th December to give Jim Brogan time to make the usual accurate handicaps. Late entries accepted but start at the back.

## Athens Marathon

## In Foreign Fields

Pictured is Peter Moxon after his superb 2.46.21 in the 4th

International Peace Marathon "Grigoris Labrakis" in Athens in October which saw him take the over-50 prize.

The event was won in 2.23.15 by N.Markakis.

Peter is now thinking of an attempt on the

international championship at marathon distance.



Meanwhile, at the Benidorm event a fine 2.44.15 from Peter Purdy and 3.02.14 from Brian Harney, not bad for an injured man. 300 finishers. And in the Half Marathon, pride of place to Phil Roberts, 18th in 1.14.55, Rose Grimley 2nd O/45 in 1.39.33 and June Harney 3rd O/45 in 1.40.15. It is especially good to see Norman Grimley back after a seemingly endless injury problem and running well into the bargain (1.37.10).

18	P.Roberts	1.14.55
138	H.O'Mara	1.27.12
200	A.Smith	1.30.36
329	N.Grimley	1.37.10
384	R.Grimley	1.39.33
392	J.Harney	1.40.15
432	D.Draycott	1.41.49
545	J.Baker	1.46.29
567	E.Laurie	1.47.18
568	K.Horan	1.47.33
670	D.Burke	1.52.43
954	runners	

## December Fixtures

Sun 1 Dec	Percy Pud, Loxley
Sun 1 Dec	Abbey Dash 10k, Leeds 10.30am
Wed 11 Dec	Winter Ser 2 Green Bricks 6.45
Sat 14 Dec	Round Rotherham
Sat 14 Dec	Yorkshire Cross-country, Leeds
Sun 15 Dec	Longridge 7
Sun 22 Dec	Woodhouse 7, Hatfield 11am
Wed 25 Dec	RHAC Xmas Day Race 11am
Thur 26 Dec	Ward Green 6 Barnsley 11.30
Wed 1 Jan	Cleethorpes NYD 10k 11.15am
Sat 4 Jan	Open Cross-country Berry Hill noon
Sun 2 Feb	Ferryby 10 RHAC CC Race 1



# Woodman Winter Series

Congratulations to all concerned on a gratifying turn-out and performance at the first Winter Series event, over 70 runners on such a poor night. We had some quality runners present as well, but local knowledge was a key factor, not suprising that Martin Connolly, Peter Pleasants, Steve Elvidge and Phil Roberts were bunched in a line for most of the event. Especially so after Chris Parkes had taken leave of the rest of humanity, an old trade mark which has recently become more and more frequent. Astonishingly, he didn't get lost, and the race was over. Alan Gregory made a welcome return to form as first vet, with Tony Stuart of MRC first O-50 and Don Creamer first O-60. Gill Bunker continued her impressive form in the ladies list with newcomer Paula Fenton second. June Harney first lady vet, Martin Gaynor 1st visitor.

Many thanks to officials on the night, Chris Ledwidge, Peter Ruddleston, Dave Haywood and Pete Adams, and of course to Mick and Janet Sheard at the Woodman. The course wasn't as serious as some feared, and the next at the Green Bricks is a pussycat really. But make the most of it, whether Pat uses the same route as last year or not I have a feeling the January race up in Kimberworth may not be flat.

Green Bricks next on Wednesday 11th December

Woodman 6m approx 13/11/96

1	C.Parkes	RHAC	28.54	24	R.Butterworth	RHAC	36.16	48	G.Bunker	LV	RHAC	41.53		
2	P.Pleasants	RHAC	31.51	25	M.Cochrane	V50	RHAC	36.47	49	T.Perks		RHAC	41.53	
3	S.Elvidge	RHAC	31.51	26	D.Whitehead		RHAC	36.52	50	K.Dutton	V50	TotAC	42.04	
4	M.Connolly	RHAC	31.51	27	K.Booth		RHAC	36.57	51	B.Siddall	V50	RHAC	42.51	
5	P.Roberts	RHAC	31.51	28	P.Haigh	V40	RHAC	36.59	52	T.Smith		RHAC	42.59	
6	L.Field	RHAC	31.57	29	P.Rooney	V40	KS	37.02	53	P.Fenton	L	RHAC	43.01	
7	A.Gregory	V40	RHAC	33.17	30	P.Humphries	V50	RHAC	37.59	54	B.Lowndes		MRC	43.52
8	J.Spencer	V40	RHAC	33.19	31	B.Harney	V50	RHAC	38.21	55	D.Sears		MRC	43.52
9	P.Vickers		Barns	33.23	32	R.Burton		RHAC	38.22	56	F.Carden		RHAC	44.02
10	P.Eddison	V40	RHAC	33.24	33	D.Gill		RHAC	39.00	57	J.Harney	LV	RHAC	44.23
11	K.O'Mara	RHAC	33.34	34	R.Newbould		RHAC	39.03	58	K.Baker		RHAC	44.27	
12	M.Gaynor	KS	33.52	35	S.Wright		RHAC	39.04	59	D.Thorpe		MRC	44.42	
13	S.Phillips	RHAC	34.30	36	D.Button	V40	MRC	39.08	60	R.Green		KS	44.47	
14	P.Neal	V40	RHAC	34.48	37	I.Soakell		RHAC	39.27	61	T.Walker		KS	44.49
15	T.Stuart	V50	MRC	34.57	38	M.Uttley		RHAC	39.43	62	M.Smith		MRC	45.20
16	J.Rust	V40	MRC	35.05	39	K.Ward	V40	KS	39.52	63	D.Weatherburn	V50	RHAC	46.20
17	S.Cartwright		KS	35.08	40	H.O'Mara		RHAC	40.00	64	J.Sears	LV	RHAC	46.46
18	S.France		KS	35.15	41	P.Stale		RHAC	40.04	65	A.Peters		RHAC	47.14
19	T.Turner	V40	KS	35.46	42	A.Charnock		RHAC	40.13	66	J.Cartwright	L	KS	47.38
20	J.Dunphy	V40	RHAC	35.59	43	I.Brookes		KS	40.16	67	D.Creamer	V60	RHAC	47.47
21	A.Roberts	RHAC	36.07	44	A.Mirfin	V50	RHAC	40.24	68	D.Butler		RHAC	48.14	
22	J.McDermott		KS	36.09	45	D.Russell	V40	RHAC	40.33	69	I.Horsley		RHAC	48.53
23	M.Senior	V40	KS	36.11	46	D.Draycott	V40	RHAC	41.37	70	B.Gould	V60	RHAC	49.23
					47	M.Rhodes		RHAC	41.38	71	J.Dodson	LV	RHAC	50.30
									72	E.Bywater	V50	RHAC	50.30	

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## Green Bricks

Wednesday December 11 @ 6.45

Second race of five

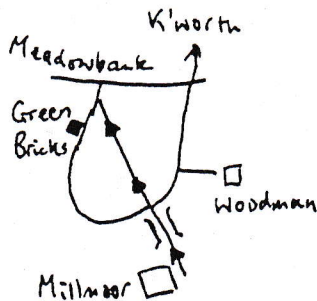
Enter on the night £1.50

Limited changing at the pub

Straight race, age categories as usual.

Good beer and a bite afterwards.

A small number of officials/ marshals is  
needed- tell PH if available.



The second race of the winter series is at the Green Bricks (more properly, the Turners' Arms) on Psalter Lane with a 6.45 start. To get there, go past the football ground (Millmoor) over the bridge, continue on the main road up the hill to the top junction (Meadowbank, location of the Miner's Arms) but turn sharp left back. The Green Bricks is 100 yards down.

Course: almost same as last year but in reverse: Meadowbank Road to Tinsley viaduct, across, left behind the old premises on to Templeborough Lane, all the way to town centre (compulsory use of underpass at Centenary Way) left across the Post Office, past Police Station and Millmoor (compulsory use of underpass at 5th Avenue), continue all the way up to the top of the hill, sharp left back to the pub to finish (ie not quite like last year).

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kind permission of the Head of School.  
This publication is aimed at the improved  
road and cross-country running of all  
Rotherham Harriers members.

Contact no: 01709 549125

The support of Yorkshire Windows is  
greatly appreciated.

## 1996-7 Cross-country Fixtures

Sat 14 Dec	Yorkshire Cross-country Leeds Beckett PK
Sun 5 Jan	South Yorks League 3 Campsall, Doncaster
Sun 12 Jan	Yorkshire Vets Cross-C Ilkley 1pm
Sun 19 Jan	South Yorks League 4 Clifton Park, Rotherham
Sat 25 Jan	Northern Cross-country, Durham
Sat 15 Feb	National Cross-C Relays, Mansfield
Sat 8 Mar	National Cross-country, Havant
Sat 22 Mar	British Vets Cross-country, Sunderland

### NOTE CHANGE OF YORKSHIRE VETS DATE

Veteran runners wishing to enter the Yorkshire event on Jan 12th be sure to inform PH. Events at 40,45,50,55,60 (men), 35,50 (ladies).