RHAC BRIEFING

1997

December Serving the Rotherham Runner First Wednesday each Month



Percy Pud 10k

Holladay Sets New Standard

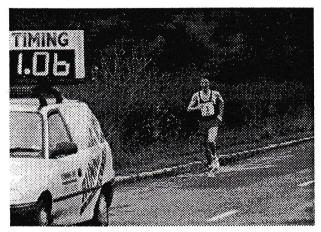
Sunday 30th November

Rob Holladay emphatically put aside the Chris Parkes course record for the Loxley race today as a very lively Rotherham contingent took major honours, with a storming winning performance from Janet Hindley marking her return to road running after a spell away. In both men and ladies races the support was highly impressive, most notable perhaps being the easy second place for Paul Bennett, which is a bittersweet reminder of just what we will be missing when Paul and Claire jet off to the States after Christmas for what could be a long time.

It didn't take Rob long to hit the front at the 1k mark and though the lead changed, once the gap opened up, it never looked like closing. With a more serious challenge he might well have dipped the other side of the 30-minute mark, as indeed might Paul Bennett but was well-enough pleased on the day. Out of a 1250 entry it seemed to me that many of them were black-vested and after Rob and Paul's 1-2 it wasn't long to the team spots as Luke Field had another fine run in 6th with impressive back-up from a variety of RH runners amongst whom Mark Ruddleston, Alan Chell, and numerous others were spotted. The ladies equally were in fine form; I numerous others were spotted. The ladies and a host of others well up the field.

I was at 1k/7k and reckon that about half the first 15 runners were from RHAC on the outward leg, though a few fell away. All down the field the strength was evident.

Percy Pud at 7k



Rob Holladay has only the lead car to contend with at the 7k mark, and had a flyer by any measure. He even thought the course was short- Dave Bennett says it isn't, he ought to know he measured it. But there is a downhill finish! Either way, top stuff.

Rotherham's Young Athletes now in the Elite

Young Athletes into the Northern Medals

Super representation by Rotherham's Young Athletes at Don Valley was headed by a very strong third place in the North of England rankings for the under-13 Girls team spearheaded by fourth fastest time of the day from youngster Leanne Muscroft with Teresa McNaney ninth fastest. With Louise Bloor on third stage, this was an outstanding effort only bettered by Hull Springhead and the strong Liverpool outfit.

Results page 2

METDOW SANK GREEN BRILLS MARK.

Winter Series 2 Green Bricks Straight Race, off at 6.45 Weds 10th December Food etc as usual Helpers needed

Northe Don Va	m Young Athletes Road Falley 29/10/97	Relay Results	5,400
NEYA! RHAC	R Under-13 Girls		
1 2 3 RHAC	T.McNaney L.Muscroft L.Bloor 'B' (incomplete) C.Watt	11:14 11:04 11:48	3 1 3
2	J.Toseland	13:32	28
1 2 3 4	Hull Springhead Liverpool H Rotherham HAC E Ches & Tameside	33:37 33:44 34:06 34:21	
NEYAH 1 2 3	R Under-15 Girls L.Carnell C.Birch N.Chell	11:56 13:06 12:45	25 30 29
1 24 28 29	Sale H Barnsley AC Hallamshire H Rotherham HAC	31:40 34:15 37:29 37:47	
NEYAI	R Under-17 Girls C.Foster	12:43	9
2 3	L.Whitaker R.Hart	13:40 17:50	11 15
1 7 15 16	Liverpool H Hallamshire Rotherham HAC Barnsley AC	35:36 39:023 44:13 51:45	
NEYAI RHAC'	l Under-13 Boys		
1 2 3 4 RHAC'	R.Stephenson B.Hague L.Rooney S.Holmes	12:51 13:07 12:17 12:42	14 11 10 8
1 2 3 4	C.Rowbotham A.Booth J.Gill R.Dennis	13:28 13:06 15:03 15:08	20 16 16 19
1 8 15 18	Wirral AC Rotherham HAC A Hallamshire Rotherham HAC B	47:15 50:57 54:30 56:45	
NEYAR RHAC'	Under-15 Boys A'		
1 2 3 4 RHAC	T.Smith P.Marshall R.Richards B.Jones	11:36 12:03 12:32 12:41	14 20 22 25
1 2 3 4	S.Toseland D.Russell S.Francos D.Bates	12:47 12:52 13:16 14:07	35 34 35 32
1 12 25 32	Elswick H Hallamshire Rotherham HAC A Rotherham HAC B	45:06 46:45 48:52 53:02	
NEYAR RHAC'	Under-17 Boys		
1 2 3 4	J.Russell R.Lomas C.Green S.Bates B' (incomplete)	10:49 11:12 11:45 10:38	10 10 15 10
1 2 3	I.Whitaker A.Hudson S.Bond	11:37 12:39 12:13	21 24 24

42:57

44:24

46:20

Barnsley

Hallamshire

Rotherham HAC A

Yorks Looks Good

The Yorkshire Cross-country contingent looks very strong despite the fact that, as usual, the competition rules prevent us from running Dave Tune or Andrew Aked. The event on December 13th is at Thirsk on a flat course and we take all or some of Paul Venables, Luke Field, Darren Cooney, Phil Roberts, Rob Holladay, Mark Ruddleston, Darren Hale (n/s), Paul Rowland, Peter Morris, Phil Smales, Martin Connolly, Ian Lanceley (don't think so! see runners news), Tony Carroll, Glen James, Mick Padfield, Ken O'Mara, Richard Harris and Adrian Roberts.

The junior men take Steve Inglis, Richard Chapman, Rob Rhodes and Chris Aston. Chris has generously opted in to make a team for the other lads, who are keen and running well, before he goes off to take up his career in the marines, in which we wish him well. The edge is taken off the event for Richard however by the news that even if he were to win he would not get a county vest as the age gropup rules are different for the inter-county fixture. Yet another lunacy in a field where we have come to expect it, exacerbated this time by misprinting of the entry form (heard that before?).

The ladies choose from Julie O'Mara, Katy Storey, Mary Rhodes, Lynn Padfield, Joanne Chapman, Caroline Dauris, Caroline Harkin, Janet Hindley, Sharon Marshall, Julia Jenings, Hilary Garrison, Joanna Roberts and Claire Goldsborough. Some of these entries were made without consultation, as the ladies are heavily engaged in the Round Rotherham Run on the same day. As are a number of men, but they are more numerous overall.

As a reminder, you could be running in this event if you had wanted-you only have to tell me so and I will include you in future cases. The next one is the North of England cross-country which closes on December 13th so you must let me know on or before December 8th.

Runners News

- •Ian Lanceley is out for a while, which is annoying for him as he had just got back in shape after a lay-off. Ian went in for a minor operation which proved not at all pleasant, we wish him a speedy recovery.
- •We welcome James Dixon to our ranks; James, who is a very promising junior, has joined us from Wombwell AC for the obvious reasons of standards and opportunities. He is an all-rounder who has already showed some impressive form on road and crosscountry. At Percy Pud he was around 20th and is looking forward to Yorkshire and Durham open crosscountry this month.
- •Paul Venables is returning to the racing scene, he had a • P'aul venables is returning to the racing scene, he had a cautious maybe but certainly good-looking run at Campsall last week and is on-line for a number of upcoming events. Rumour is that Chris Beighton is making progress too, and there is a likelyhood of Peter Mangles returning to race with us shortly. All of which (or for that matter any of which) would be great news for the RH vets defence of various titles in 1998 starting with the Yorkshire yets Cross-country gold but with plenty of
- •The clubs allocation of London Marathon entries has been applied for, but we have heard nothing yet. I will keep you informed via the notice boards as and when I
- •Entries for the club Xmas Day Handicap Race are invited as usual. To give Jim Brogan time to do his usual brilliant handicapping job, you should give your entry in on a form at the club mentioning some recent race evidence. December 17th which is a Wednesday club night would be a suitable last date, so we can publish the start handicaps on Monday 22nd December at the club. Incidentally, I am informed that the club premises will be closed for Christmas from Monday 22nd (last open night) right through to January to open on the 5th.
- •It is nice to have the opportunity to report the fine progress of Wickersley Comprehensive School's Junior Schools Cup. We are allowed facilities at Wickersley to produce this newsletter, and although we pay for it, it is generous of the head of school to put this convenience at our disposal. In the preliminary round at Huddersfield in October Wickersley won, and they came second in the regional final at Shirebrook School behind Wolfreton,

fiollowed by Beverley, Holy Trinity, and seven others. Their six year 7 and 8 pupils include a fair number of RHAC members, comprising Leanne Muscroft, Charlotte Watt, Nina Richardson, Jodie Staley, Lindsey Durham, and Claire Boulton. Leanne, who remember is in the lower age range, took 1st place at Huddersfield and 3rd at Shirebrook. (She was also 5th fastest in the North of England Relays at Don Valley back in October). The final is at Thomas Bennett Community College in Crawley, Sussex on December 6th. Good luck to the team and coach Mrs Gail Nye.

- •Winning Numbers drawn early at the Homestead due to the Benidorm Trip were £70 no 184 Jack Osborne, £10 each nos 113 Brian Gent, 204 Robina Wilcock, 141 Dave Draycott.
- •Fine results from Dave Tune in his trip to Saudi for the international relays, running two 3k stages Dave broke the course record and was instrumental in his team winning the competition.
- •Well done ladies for your selection to run for the Yorkshire vets Cross-country gold but with plenty of Octhers to follow.

 South Yorkshire in the inter-county fixture on 7th Occember at South Leeds Stadium. Lists.

U13 Girls Louise Bloor Fransesca Dobson Teresa McNaney Leanne Muscroft Joanne Toseland Hayley Garrison (res)

U15 Girls Lindsey Carnell Nicola Chell

Junior Women Carla Foster Rachel Hart Katy Storey Lindsay Whitak

Senior Women Julie O'Mara Julia Jennings Janet Hidley Caroline Harkir Gillian Bunker (1

	KIIAC	. Ditein	ig D
1 A L L 8 J L 14 R 15 A 16 P. 18 P. 21 D 25 S. 28 G 37 S. 28 G 37 S. 28 G 37 F. 26 G 37 F. 27 G G G G G G G G G G G G G G G G G G	gue 3 Campsall Aked Field Dixon Chapman Chell Venables Morris Ritchie Inglis James Gaines Brogan Birks Humphries	an in	34:23 34:45 35:32 36:44 36:53 37:02 37:22 37:44 38:01
100 D 103 K 112 M 119 M 132 J.C U17 Men	Russell Thomas LWhitaker LPadfield Gallacher	V V V50 V	45:40 46:05 47:13 48:49 53:35
4 R. 7 J.H 10 I.V 12 C. 14 S.	Bates Lomas Russell Whitaker Green Bond .Toseland	23:57 24:34 25:44 27:40 29:25 30:24 38:57	
1 J.C 2 J.H 4 K. 8 C. 10 G. 13 S.J 17 C.	O'Mara -lindley Storey Harkin Bunker Marshall Dauris Haigh	1st J 4th V	27:26 28:05 28:12 29:47 30:13 30:41 32:05
27 L1 37 M U17 Women 1 C. 3 L.' U11 Boys	Padfield .Rhodes n Foster Whitaker	V V 21:36 24:37	33:16 35:44 42:52
11 A. 15 G. U11 Girls 5 E.	Bates Hudson Dennis Challinor	7:17 7:18 7:43 7:33 8:41	
1 T.I 2 L.I 6 J.T 8 F.I	McNaney Muscroft oseland Dobson Garrison	12:50 12:57 14:46 14:59 15:24	
6 L.C 12 R.I 17 C.I 20 K.I	Chell Carnell Kelly Birch Allinson Thomas	13:42 13:47 14:43 15:01 15:46 16:18	
2 R.S 5 L.H 9 A.I 18 J.G U15 Boys	Stephenson Rooney Booth Sill	21:42 23:26 24:20 28:45	
4 P.M 6 B.J. 13 D.J. 15 S.F	Marshall ones Russell Trancos Fallacher	19:23 19:27 20:53 22:26 22:48 23:50	

South Yorks Good Enough

The South Yorkshire Cross-country standings look overall very sound but we haven't quite got it right this time. The men have led at all three events and are as a result 4 points clear, but had Andrew Aked not kept fit and keen it might have been different. We have always left it to individual interest to turn out at these events, perhaps time is right to make sure our coverage is a bit more certain maybe by sharing the turn-out, and really we cannot expect our top runners to be at all these fixtures, with so many road and cross-country events on the calendar at all levels. We are strong enough for winning teams to turn out from lower down our strength.

At vet level it was even clearer, as we simply weren't there in numbers at the first two. In fact, Les Outwin missed Peter Neal's vet declaration at the Graves Park event, which when corrected will bring us well up the rankings but even then we might have tied that one for second place with Hallamshire behind Doncaster, who also won the second. There was scant doubt about RH winning the third at Campsall, with Paul Venables and Peter Morris back to join Alan Chell and Dave Ritchie, but if we win the last I don't know how Les will resolve the resulting tie on points with D&S, even if we get a tie, which we might not. As the last, Cantley event is also the championship, perhaps a show of force will make our point in any case.

The ladies lead convincingly from Barnsley, well done all, whilst the under-17s both men and women are second for definite behind BAC. At under-11 we are third (boys) and fifth (girls) both with Rockingham leading whilst at under 15 we are second in both cases behind Hallamshire. And at under 13 we lead in both. There are definite patterns here, but our overall depth makes the full list show RH 253 then Barnsley 236, Hallamshire 177. The lists show the RH placed runners in the various categories, with merit awards to first three in each age group.

Position based on Aggregate Times with one event remaining

U13 G	rls				
1	T.McNaney	38:26		U13 Bo	
2	L.Muscroft	38:27		1	C.Rawson (HH)
2	L.O'Gorman (Pen)	39:31		2	R. Hastey (Rock)
4	E.Newton (BAC)	43:08		3	R.Stephenson
5	F.Dobson	44:19		4	L.Rooney
6	J.Toseland	44:52			-
0	j. rocana	44.32		U15 Bo	ys
U15 G	rie			1	C.Taylor (HH)
1		37:45		2	S.Evison (HH)
	S.Jephcott (D&S)			3	T.Smith
2	L.Quinn (D&S)	37:50		4	P.Marshall
4	K.Baines (HH)	40:27		5	B.Jones
5	N.Chell	40:59			- 00.7 11.7 1
5	L.Carnell	41:21		U17 Me	en :
T 7-77 TAT				1	D.Middleton (BAC)
U17 W				2	M.Bailey (BAC)
1	C.Foster	51:52		3	S.Bates
2	K.Ford (SRWC)	57:11		4	R.Berry (BAC)
3	L.Whitaker	59:15		5	R.Lomas
4	C.Mallinson (BAC)	67:52		6	S.Ellis (BAC)
				•	James (Dric)
Women					
1	J.Hindley	73:40		Vet Mer	•
2	C.Sykes (Wom)	75:26		1	A.Chell
3	N.Balderson (SCS)	79:29		2	M.Page (D&S)
4	S.Marshall	80:12	2		Mirage (D&S)
Jun Me					
1	J.Dixon (ex Wom, RH)	100:24			
2	R.Chapman	102:39			
Sen Me	n "				
1	A.Aked	95:18			
2	0.011 (0.10)		# 32332 XXXX 45		

96:46

December & New Year Fixtures

Sun 7 Dec Abbey Dash Leeds 9.30am Wed 10 Dec Sat 13 Dec Winter Ser 2 Green Bricks Round Rotherham Yorks XC Champs, Thirsk Woodhouse 7 11am Coalite 10k, Bolsover 10.30 Sat 13 Dec Sun 21 Dec Sun 21 Dec Thu 25 Dec Xmas Day Handicap, RHAC Sun 11 Jan Yorks Vets XC Champs, South Cave Winter Ser 3 prob Kimberworth SYXC4 and Champs, Cantley Pk Wed 14 Jan Sun 18 Jan

Charlotte Watt and Teresa McNaney lead the field at the Rotherham Schools event (Maltby):

S.Gisbourne (SAC)



45:21

46:04 47:03

48:38 49:37

59:01 59:10

61:28 61:46

63:30

103:59

104:21

Winter Series (1): Woodman 5.5 miles

	AATHIET		CTI
1	P.Bennett		RH
2 3 4 5 6 7 8	J.Comrie		RH
3	L.Collingwood		RH
4	P.Roberts		RH
5	S.Tompkin		RH
6	S.Inglis	J	RH
7	G.James	,	RH
8	L.Crowe	V4	KS
ğ	G.Durham	• •	RH
10	M.Gaynor		KS
11	T.Hawley	V5	RH
12	Change	V45	RH
13	J.Spencer J.Rust	V45	MRC
14	R.Lomas		RH
15		J	KS
15	A.Rowe		DII
16	C.Last		RH
17	S.France	***	KS
18	P.Rooney	V4	KS
19	P.Haigh	V4	RH
20	I.White	V4	RH
21	M.Barber		MRC
22	5.Durdy		MRC
23	M.Cochrane	V5	RH
24	J.Jennings	LV	RH
25	S.Hargreaves	V45	RH
26	M.Senior	V45	KS
27 28	D.Buxton	V45	MRC
28	M.Nunn	V45	KS
29	K.Booth		RH
30	I.Soakell		KS
31	B.Harney	V5	RH
32	J.Birks	V5	RH
33	R.Butterworth		RH
34	S.Burton	LV	RH
35	I.Brookes		KS
36	A.Mirfin	V5	RH
37	D.Russell	V45	RH
38	D.Burke		RH
39	M.Concannon	V45	RH
40	N.Shaw		RH
41	M.Carr	V5	RH
42	M.Rhodes	V45	RH
43	G.Bunker	LV	RH
44	H.Marston	V5	RH
45	K.Dutton	V6	TOT
46	B.Siddle	V5	RH
47	D.Sears	V45	MRC
48	B.Soakell	LV	KS
49	R.Green	V4	KS
50		V45	
51	D.Thorpe C.Goldsborough	L 45	MRC RH
52	I.Horsley	V5	RH
53	D.Butler	V5	RH
54	P.Widdowson		RH
55	D.Creamer	V6	RH
56	D.Weatherburn	V5	RH
57	I.Sears	ĹŸ	MRC
50).ocais	7745	MIC

58	B.Lowndes	V45	MRC
Workso	p Half Results	(4)	
6 14	S. Tompkin	1:13:59	
14	P. Smales	1:17:22	
39	M. Herrington	1:22:07	
61	R. Howarth	1:24:30	
66	S. Wraith	1:24:54	
71	R. Butterworth	1:25:15	
77	K. Booth	1:25:40	
88	R. Burton	1:27:14	
123	N. Shaw	1:29:23	
131	D. Beaver	1:29:53	
146	J. Johnson	1:31:27	
148	A. Mirfin	1:31:32	
186	D. Clarke	1:34:40	
206	D. Burke	1:35:36	
212	A, Charnock	1:35:57	
229	J. Hind	1:37:10	
258	J. Clarke	1:39:32	
283	P. Varah	1:42:12	
312	G. Benton	1:45:28	
336	A. Taylor	1:48:15	
354	P. Widdowson	1:49:45	
430	R. Peart	2:09:18	
7	D. Taylor	1:30:18	
18	A. Morris	1:38:14	

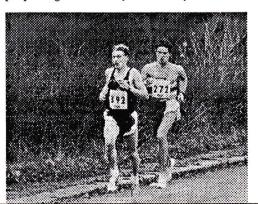
The 1997-8 series got off to a most enjoyable start on the second Wednesday in November with a good turn-out at the Woodman, and again an excellent interclub atmosphere. Many thanks to Janet and Mike Sheard our hosts, and to the numerous helpers who assisted the event, notably Dave Haywood, Arthur Jeavons, Peter Ruddleston and Pete Adams. Pat Rooney suggested the new course, and it was a great pleasure on the night to meet up with Peter Collins who handed over the awards together with club president Brain Harney. Many newer members will not know Peter, who during his days with SY County Council was a strong supporter of our races at the Woodman which go back many years, having been set in motion by Dave Houghton and the late Gary Roche.

Awards went on the night to Paul Bennett, John Comrie and Lee Collingwood as 1,2,3 after a sharpish tussle, but hindered as it always must be by attention to safety, imaginative alterations and suggestions as to the route from by-standers (by-runners?) and lack of familiarity with the area. There is no denying however that Paul is in quick mood at the moment.

As is Lee Crowe again, winning at over-40. It is good to see Kimberworth's veteran flyer back towards form after an injury lay-off, and likewise Jerry Spencer who took the over-45 award. Terry Hawley is inspired by reaching the 50 category and impressively won that category with Jim Rust, also in that group taking second vet-40 as a result. Don Creamer is going well, but it was Keith Dutton, first claim at Totely AC, who took the O-60 award.

The lady veterans are almost invariably at the front of our local races, so it takes some plea bargaining to establish just who should be awarded what-but it was easily established that first lady was Julia Jennings, in front of Sharon Burton. Julia took first lady category whilst Sharon had the lady vets first place award, which meant that second, third and fourth ladies were Gill Bunker, Bev Soakell and Claire Goldsborough whilst Jan Sears took second vet.

The second in series will be at the Green Bricks (properly called the Turners Arms) on Wednesday 10th December, off at 6.45 approx. It is intended at present to hold the series on the second Wednesdays if suitable, with the same venues as last year, although we have a variation in mind for the last event at Maltby. Past events, and common sense, concentrate our minds on maintaining safety at these events, which leads me to remind you that they are primarily for training and social purposes and can never be thoroughly marshalled. Helpers, who may be injured runners, are always helpful and it was heartening to see at the Woodman so many runners with white or reflective gear and running with proper regards to everyone's safety.



left- Don't Know What Youve Got till its gone!!

What a loss to road running: hopefully temporary. Perhaps we should sing "Will ye no come back again"

Paul Bennett demonstrates his speed and potential with a class 2nd at Percy Pud

Published by Peter Humphries at Wickersley Comprehensive School by kind permission of the Head of School.

This publication is aimed at the improved road and cross-country running of all Rotherham Harriers members.

Contact no: 01709 549125

Whilst I aim at the first Wednesday each month, because of school closures/holidays etc

(a) there is no August publication and

(b) sometimes publication is delayed to the following week

The support of Yorkshire Windows is greatly appreciated.