



# Vets lead way to Top Ten

## Status

National Vets Relays  
Sutton Park 17/5/97

Rotherham men vets climbed to eighth place in Great Britain last month in the annual eight-stage relays at Sutton Park and looked very much at home. It is difficult to find any star performers, though Pete Morris' last stage 16.51 has to take pride of place, there were simply no weaknesses on the day. With Chris Beighton and Paul Venables both taken off the top of our planned attack, this result has to be seen as a stunning performance (results on back page).

The wisdom of building deep resources has never been more clearly seen. In the week of the event, Ian Temperton was looking forward to his real debut with us. Having waited for qualifying, put his running back together and lined up to take first stage at Sutton. Ian ran into difficulty at the Worsborough road league. It turned out he had a bug, and although desperately disappointed he pulled out without demur to ensure there were no weaknesses on the day. That brought in Steve Elvidge, who had been first reserve. We always knew Steve would be quick, he was only reserve because he hadn't been competing. In the event, he ran like lightning. There again, you wouldn't normally look to over-50 runners to strengthen your over-40 team but in Malcolm Palfreyman's case the rules are different. He built on Alan Gregory's opening 17.50 with a tremendous 17.30 stage which set the scene really.

There was tremendous consistency in the times. Dave Hindmarsh, back after injury, Steve Gaines having been out of contention for a while, Peter Neal who had a much sharper run than he thought he

Askern 10k

## Cooney Celebrates end of Long Wait

Darren Cooney has had some frustrating times recently, waiting to qualify and with niggling injury as well. When the qualifying date arrived however it didn't take him long to take his turn at the head of the midweek express, leading a fine team performance, as traditional at the Askern 10k, which saw off good challenges from both Holmfirth and Wakefield. In doing so he overcame a determined effort from Adrian Clarke, eventually winning impressively by 11 seconds in 30.30.

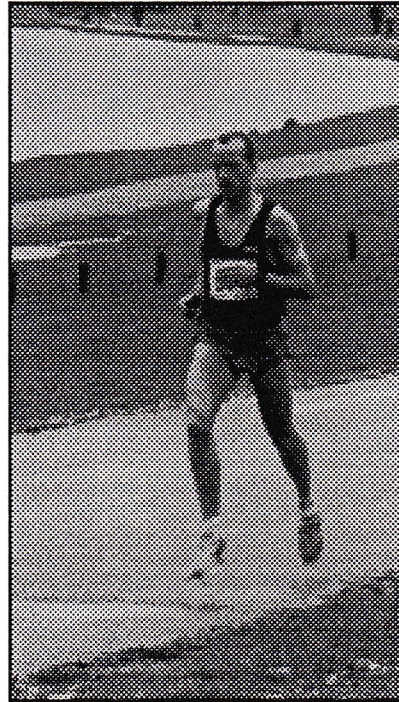
Apart from Darren we had Peter Morris in first place (vets), he would be pleased to be in front of Wakefield's Dave Gratton. Ian Lanceley, Richard Harris, Peter Neal, John Comrie were all in the prizes, this time joined by Andy Parkin who is looking sharp now over the shorter distances and Steve Gaines in the vet 45 category. Gill Bunker was again in the lady vets awards. Results page 2

might- they are all old hands now at this game. Alan Chell was welcome back after London and then finally Peter Morris, who is developing the art of the sabbatical winter, is now flying.

## Ladies Impress on Debut

This was the debut of the RH ladies teams in a national. Julia Jennings, Sharon Burton and Gillian Bunker are key members of a small group who have carried RH colours in all sorts of competition, and they performed well to come home 12th over 35 team. The over 45 squad, who finished 10th, have not competed before outside of open races (where of course they compete extensively) and Janice Streets, Jen Baker and Pat Wells did us proud. And greatly enjoyed themselves.

*Full results back page*



Pictured at the wet and windy finish of Rother Valley 10k Ian Lanceley, who has been spearheading some sharp Rotherham teamwork in the South Yorks League and at Askern.... as well as some good relay running. RHAC take a huge lead into the last SY fixture at Armthorpe

## RHAC Wrapping up the SY League again

Page 2

Don't Miss

### Damflask Relays Weds 25th June

Great NightOut for all. You cannot be too fast or too slow.  
No Rotherham Show this year? WE HAVE OUR OWN 25/6/97  
Last year: 9 mens teams 5 womens  
After at the Plough

Roche Abbey Dash  
10k off road

Wed 2 July 7pm

at White Swan Maltby  
Charity Event  
Support local clubs

SY Road League

# RH Poised for Clean Sweep

Rotherham stand poised to clean sweep the South Yorkshire team competition in the last event at Armthorpe for the second consecutive year. Not since Barnsley took the senior team in 1995 have we been off the top, the margins are impressive to say the least on this occasion. With four to score on time aggregate, the RH mid-week hit squad which has included John Comrie, Richard Harris, Steve Inglis, Steve Tompkin and Jeff Crofts has put down a rock-solid base for this success, but it is undoubtedly the dazzling return to form of Ian Lanceley which has broken the back of any opposition. With Darren Hale non-scoring, we have seen first Lee Collingwood at Dinnington, then Robert Holladay at Wombwell augmenting the team- perhaps some local well-known personalities may turn out at Armthorpe on the 11th June?

With only three to score for the vets, Peter Morris is having another massive season, how he gets so quick so fast after the winter is a mystery. Joining Peter has been Ian Temperton and a number of others including Peter Neal; they are miles in front. The ladies too are way ahead, only Barnsley in fact are listed with them, and they are adrift by 11 minutes. Much of this is down to Hilary Garrison who has been in the scoring each time, with Julia Jennings and Gill Bunker making a timely appearance on two occasions. Hilary takes a 28 second individual lead into the last event; if she goes to Armthorpe I can't see her being caught, and Gill will be third overall.

Jenny Baker is having a great season, wins and pb

times all over the place, in the national relays, and well-placed in the SY league- but unfortunately it will need a non-appearance from someone for her to get in the medals.

There is no qualifier for men over-60 and we have no-one in contention in the over-50 category, but no such lack at over-40 where Peter Morris has slaughtered the opposition, so much so that he could afford a relaxed run at Wombwell as a precaution having ricked his back shifting furniture. He takes three minutes to Armthorpe all being well. Darren Hale is locked in an interesting struggle in the senior series. He has turned over a deficit to Mark Lavender into an eight second advantage and being on fine form might well hold it- Mark seems a little off his best. Darren thought this was done on places, not times, but the equation comes out the same- he has to be in front. Ian Lanceley looks stitched on for third place.

With only two junior men in the lists, Steve Inglis has only to turn out to win- but he has had some fine performances in any case.

The extent of participation in this series is without doubt on the slide. Barnsley are there as usual though not with their former strength, and the most buoyant aspect is the progress of Doncaster and Stainforth. Not really surprising this, Doncaster supported formerly and Stainforth were always one of the best competitors at the road leagues since the really old days. The other plus is the fine support from the, relatively, minor clubs. It is the making of the competition at the moment, with tremendous turn-out from such as Handsworth, Kimberworth, Topley, Maltby, Askern and Penistone. But where is the city of Sheffield contingent? Steel City have taken it all on, there were only 7 Hallamshire runners at Wombwell, and no-one at all from Sheffield AC.

Flying!!!! Pete Morris (left), faster than ever



## SYRL Standings after 3 events

Senior & Junior Men 4 count		1	<b>Peter Morris RHAC</b>	<b>79:32</b>
1	<b>Rotherham HAC</b>	2	Alan Willis D&S	82:38
2	Barnsley AC			
3	Doncaster & Stainforth		Individual Vet 0/35 ladies (3 award)	
4	Hallamshire	1	<b>Hilary Garrison RHAC</b>	<b>98:17</b>
5	Kimberworth S	2	Linda Westlake BAC	99:49
	3 others	3	<b>Gillian Bunker RHAC</b>	<b>105:08</b>
All Vet Men 3 count		4	Pauline Straw Tot	108:08
1	<b>Rotherham HAC</b>		Individual Vet 0/45 ladies (3 award)	
2	Steel City S	1	Margaret Hobson SCS	106:11
3	Doncaster & Stainforth	2	Chris Tindale (Barns)	110:23
4	Barnsley AC	3	Jean James (Hall)	110:45
5	Maltby RC	4	<b>Jenny Baker RHAC</b>	<b>112:14</b>
	5 others			
All Ladies 3 count				
1	<b>Rotherham HAC</b>			
2	Barnsley AC			
	no others			
Individual Men (3 awards)				
1	<b>Darren Hale RHAC</b>			
2	Mark Lavender BAC			
3	<b>Ian Lanceley RHAC</b>			
4	Richard Harris RHAC			
5	Darren Ward D&S			
6	<b>John Comrie RHAC</b>			
7	Steven Inglis RHAC			
Under 17 men (1 award)				
1	<b>Steven Inglis RHAC</b>			
2	James Silk RHAC			
	no others			
Individual Vet Men (3 awards)				

## Askern 10k 21/5/97

1	D.Cooney	30:30
7	P.Morris	32:16
8	I.Lanceley	32:23
13	R.Harris	32:35
15	P.Neal	32:51
17	J.Comrie	32:53
24	A.Parkin	33:39
33	S.Gaines	33:59
35	S.Tmpkin	34:12
54	A.Gregory	35:32
76	G.Turner	36:21
86	P.Humphries	36:39
115	S.Marshall	37:42
120	R.Burton	37:51
133	J.Birts	38:17
136	W.Beardsall	38:20
140	R.Buterworth	38:27
172	A.Joyce	39:27
176	P.Wilson	39:50
199	N.Shaw	40:32
207	A.Charnock	40:43
211	K.Chapman	40:53
215	A.Mirfin	41:01
221	M.Rhodes	41:18
222	B.Newbould	41:18
228	G.Bunker	41:26
229	B.Webster	41:28
238	D.Taylor	41:47
269	S.Burton	42:56
301	P.Fisher	44:11
363	D.Weatherburn	47:08
364	J.Streets	47:12
421	I.Horsley	50:12
454	J.Tarbrush	53:14
468	R.Aconley	54:27
489	A.Jeavons	57:21
511	finishers	

**Last event  
Armthorpe 11th June  
Off at 7.15**

#### •Yorks vets Track and Field

Contrary to their previous announcement, Yorkshire Vets has reestablished its track and field competition for this year; it is to be held courtesy Sheffield AC at Don Valley Stadium on 31st August at 12 noon. No further details yet.

#### •Results

I am glad to be back fit enough to race with you after nearly two years out with various things including Achilles problems. What it has meant however is that I have failed to get results for a number of club championship events. Can anyone help by lending any of the following please: Spen 20; Retford Half; Doncaster Half; Sheffield Marathon & Half.

#### •Ladies races.

We have seen problems coming for a while, I get the feeling they are a lot nearer than they were. The same ladies are doing the business in all sorts of races over all sorts of distances and sooner or later we will regret it. It needs action soon, if not now.

#### •Roche Abbey Dash Wed 2 July 7pm

Off from the White Swan, this event is organised by Maltby RC to raise funds for good causes including the Bubble Appeal, and will be 10k off road, £1.50 in advance, £2 on the night, all numbers on the night. Raising funds for this appeal is to commemorate Luke Barber, young son of Mick Barber who runs with Maltby, who died from an immune system disease last year.

Maltby RC have given lively support to our initiatives; it would be nice to see a lot of colleagues at this event.

#### •Damflask

Don't miss it!

One of our best nights out of the year. A brilliant relay race round the reservoir at Damflask, Lower Bradfield (3 and a bit miles) followed by a decent drink (and meals for those interested) at the Plough, which is on the race route. Get your name to PH if intending to take part, or even, as some do, get your own team of four together in advance (three for the ladies).

Rotherham hold men, vets, ladies but not vet ladies, which BAC won. Off at 7pm, declaration 6.30 at latest, ie be there for 6pm so we can sort teams. If you need to be late, we can make an arrangement, let me know. Qualifying runners can take part. You get to Bradfield via Hillsbrough and Loxley, or Oughtibridge. About 5 miles the other side.

#### •North of England Clubs 10k Championships, Runcorn 8/6/97

RHAC would have liked to be to be represented here; after all we are the holders of the title. After discussion with Peter Neal I didn't send an entry due to the clash of the dates of this and the athletics leagues. On prompting by a small number of runners I sent an entry list, quite late; some subsequently approached me to state their interest. We eventually decided not to go. We in other words did not make this event a priority, which is a pity. I pointed out to organiser Ron McAndrew our disappointment at the timing- there is also an inter-area 10k fixture on this date. Although there is certainly difficulty finding perfect date arrangements this one has all the hallmarks of no effort whatsoever. And the more priorities we have, the less of a priority they are.

#### •Buxton High Peak Half

Sammy and colleagues just lost their team title to Stockport in this difficult half won in 72 minutes by Andy Wilton. John Comrie 8th in 1.19 Steve Tompkin 14th Peter Purdy 19th Gary Hammonds fourth scorer.

#### •Saxilby 6

Peter Neal with a reminder of his pedigree, second in 31.50 to Eamon Hyland and taking first vet prize as a result. With Phil Roberts 8th in 32.28, we were in the prizes also through Malc Palfreyman 1st over-50 (32.38) and Arthur Jeavons first over-60. Richard Burton weighed in with a 36.33 pb and there were 40,41 and 42minute times for Alan Charnock, Jacky Shannon and Paula Fisher.

#### •Rother Valley 10k

Appalling conditions for once, driving rain and wind on a very open course sending the times way up. Also the gatekeepers cocked matters up by holding up a huge string of cars trying to get to the start, none of this down to SAC. Won by Eamon Hyland, Andrew Aked (32.50) led the RH challenge in third place but was profoundly unhappy with his form both before and on the day. So much so in fact that he took a medical check-up and was found to be suffering from anaemia, which has enforced a lay-off for corrective treatment.

A resurgent Paul Young (Hallam, 5th in 33.13) was followed by Mark Haffner (Kim, 8th in 33.32) and next RH interest came from Martin Connolly, who is getting back into it, 11th in 33.34. Malc Palfreyman (35.07) had another fine run but was pipped for the category here by an in-form Malcolm Martin. We lost out, just, on the team to Derby & County.

#### •Spencer's Arms Series, Barnsley

Since Paul Venables untimely problems, only Peter Neal has appeared throughout the series. After last Wednesday's event, Peter seemed to be in the lead overall with 2 events to go.

#### •Tigers 10 7/5/97

Ten miles, a thousand feet of climb. A certain Mark Ruddlestone took second place in 59.50, only two seconds behind the leader, and then only due to a course error which he almost made up again, but not quite.

#### •Woodhall Spa

Early results reported include Adelle Morris and Pat Muller with Jenny Baker's 1.38 taking first over-50 prize. Paula Fisher, likewise at 1.38 was third over-35. The event was won by Sue Garrod. It is great to see so many pb times arriving, a just result for a lot of hard work. On the day, Ken Horan at 1.42 and Paul Millson 1.32 were amongst them. It is great also to hear, via Don Gill, the organiser's commenting how fine it was to get such a brilliant turn-out from Rotherham, which made the event. You are at it again!

Despite a computer breakdown we know that other results include Mick Carr, Phil Widdowson 1.44, Alan Charnock 1.35, Neil Shaw 1.34, Richard Burton 1.28, Hugh O'Mara 1.27 and Dennis Morris 1.23. Terry Hawley ran 1.19.22 and Peter Purdy 1.16.34; this course is not as flat as they claim. The event was won by Adrian Clarke with a course record of 67.04; top RH performers on the day were John Comrie 7th with 1.13.19 Andy Parkin 8th in 73.26 and Ian Lanceley 4th who added the half marathon to the list of distances he is storming around at. One hour eleven minutes 12 on this occasion.

•Monthly Numbers Draw drawn 28th May at Wombwell: £80 no.96 Rose Addison; £10 each no. 255 Paul Bennett, No. 68 Jenny Baker, no. 5 Phil Smales. 220 sold, thank you Brian.

•Runners: Chris Beighton is recovering from a foot operation, in pot for at least a couple of weeks, maybe up to 8. Chris Parkes has finally been advised he is basically sound but is undergoing extensive stretching exercises for 8 weeks. Peter Pleasants has recovered well from injury and took a 27 minute outing at Wombwell in the road league apparently without problems.

#### •Beverley Minster 10k

Jane Clarke ran a superb 39.41, only Goole's Sue Garrod getting the better of her. Jane has been into the pbs lately, including a 38 minute effort at Wiggington on May 1st.

#### •East Cambridgeshire Half

John Comrie (73.43) saw off the field here, last year's winner Mick Read (Ely) nearly a minute adrift of him.

•Results from the Eyam Half show a good RH presence, Jacky Shannon (1.40.28), Jenny Baker (1.46.01 taking 2nd vet 50), Paula Fisher and Pat Wells; these taking the ladies team prize. Rod Hurt was second vet o-60; Ken Horan and John Clarke also present. Adrian Roberts turned out for an "easy introduction" back into the racing. Good place to choose. Both Adrian and Jo are fit and well, it is work and other commitments which are keeping them away from the race scene. Hopefully not for too long.

#### •Wharnccliffe Chase

Part of Wharnccliffe Side Gala, this is on Saturday 5th July NOTE DATE CHANGE. £1.50, enter on the day, though entry forms are on the way. Three and a half miles, mainly road after an initial track, this is off at 1.30 from the Community Centre and school playing field near the Blue Bell pub in Wharnccliffe Side.

#### •Wolds Half Marathon 26th July.

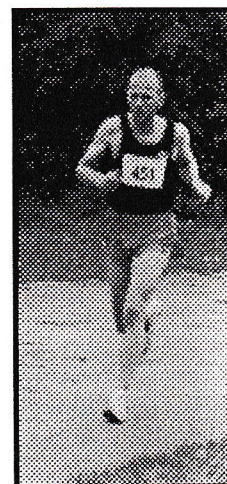
Held at Bishop's Wilton, 14 miles east of York. This is part of the 100-year old village agricultural show and offers a tough course including 2 miles off-road gravel track and plenty of climb. 10am on the 26th July, £5 in advance, £1 surcharge on the day. Fun run at 10.05. I have plenty of entry forms (in kiosk).

#### •Milton 6

Staff-student relationships cemented no doubt by Wath teacher Pete Mirlees beating Wath student Steve Inglis, though it was a close call (15 seconds). Peter is not in full training however and could not match D&S's Darren Ward whose 32.24 first place was almost a minute away from his second spot. Phil Roberts, Luke Field and Peter Neal brought a RH batch home next.

## June Fixtures

Sun 1 Jun	Woodhall Spa Half 11.30am
Sun 1 Jun	Thirsk 10 2pm
Sun 8 Jun	Humberston Half 10.30
Sun 8 Jun	North England Club 10k, Runcorn
Sun 8 Jun	Winterton 10k 3pm
Sun 8 Jun	Goole River Bank Challenge 11am
Wed 11 Jun	SYRL(4) Armthorpe 7.15pm
Sun 15 Jun	Scarborough Fayre 10k 10.30
Sun 15 Jun	Potteries Marathon
Sun 15 Jun	Tough Ten, Penistone
Wed 18 Jun	Kimberworth 10k
Sun 22 Jun	Swallownest 10k 10.30
Sun 22 Jun	Bridlington 10
Wed 25 Jun	Damflask SY Relays 7pm
Wed 2 July	White Swan Maltby 7pm
Sat 5 July	Wharnccliffe Chase 1.30pm
Sun 6 July	Swinton Strawberry Fayre 4.4m 1pm
Wed 9 July	Tickhill Ten 6.45



Getting there..  
..Martin Connolly  
pictured at Rother  
Valley

## National Vets Relays 17th

## May Sutton Park

## Men over 40

1	Alan Gregory	17:50	45th
2	Malcolm Palfreyman	17:30	34th
3	Dave Hindmarsh	17:26	19th
4	Alan Chell	17:45	16th
5	Steve Elvidge	17:19	12th
6	Peter Neal	17:09	9th
7	Steve Gaines	17:28	8th
8	Peter Morris	16:51	8th

1	Redhill RR	2.15.46
2	Sunderland H	2.16.13
3	Tipton H	2.16.53
4	Telford AC	2.17.11
5	Cambuslang H	2.17.13
6	Salford H	2.17.34
7	Swansea H	2.19.16
8	Rotherham HAC	2.19.18
9	Exeter H	2.19.21
10	Oxford City	2.19.44
11	Brighton & Hove	2.20.37
12	Blackheath	2.21.53
other local		
23	Sheffield	2.24.46
24	Steel City	2.24.48
55	Doncaster & Stainforth	2.34.39
71	teams	

## Ladies over 35

1	Julia Jennings	20:15
2	Sharon Burton	22:00
3	Gillian Bunker	21:53
1	Les Croupiers	58:19
2	Trafford AC	58:38
3	Macclesfield H	59:07
4	Sheffield AC	59:20
5	Redhill RR	59:23
6	Tipton H	59:33
7	Birchfield H	1.00.52
8	Oxford City	1.01.12
9	City of Norwich	1.01.36
10	City of Bath	1.01.47
11	Wrexham AC	1.02.54
12	Rotherham HAC	1.04.08
13	Westbury H	1.04.29
14	Sale H	1.04.34
other local		
26	Barnsley AC	1.09.31

## Ladies over 45

1	Janice Streets	24:48
2	Pat Wells	26:29
3	Jenny Baker	23:35
1	Bolton Un.H	1.04.51
2	Bingley H	1.05.40
3	Cardiff AC	1.06.30
4	Kendall AC	1.07.00
5	Birchfield H	1.10.13
6	Barnsley AC	1.10.35
7	Sutton Coldfield	1.10.39
8	Wrexham AAC	1.10.59
9	Invicta East Kent	1.13.09
10	Rotherham HAC	1.14.52
11	Derby Ladies	1.18.36

## Road League 1 Dinnington 30/4

1	Lee Collingwood	25:33	
3	Darren Hale	NS	26:15
4	Ian Lanceley	26:22	
6	Steve Inglis	U17	26:32
7	Richard Harris	26:39	
8	Mark Ruddleston	26:54	
13	John Comrie	27:27	
15	Jeff Crofts	27:46	
16	Steve Tompkin	27:46	
19	Andy Parkin	28:11	
26	Richard Lomas	U17	29:07
30	Phil Smales	29:32	
35	Darren Whitehead	29:50	
43	Kerry Booth	30:17	
46	Richard Burton	31:01	
58	Roy Butterworth	32:45	
60	Alan Charnock	33:03	
64	Bob Newbould	33:35	
67	James Silk	U17	34:19
68	Neil Shaw	34:21	
82	Phil Widdowson	40:11	

1	Peter Morris	V4	26:36
2	Ian Temperton	V4	27:25
7	Alan Gregory	V4	27:55
8	Peter Neal	V4	28:04
9	Steve Gaines	V4	28:22
10	John Atkinson	V4	28:41
11	Phil Eddison	V4	28:47
12	Alan Chell	V4	28:53
16	Dave Ritchie	V4	29:10
18	Terry Hawley	V4	29:23
24	Geoff Turner	V4	29:48
25	Martin Herrington	V4	30:03
38	Steve Wraith	V4	31:21
56	Alan Joyce	V4	33:30
69	Dennis Beaver	V4	35:03
70	Malcolm Rhodes	V4	35:42
7	Brian Harney	V5	30:47
12	Mick Cochrane	V5	31:57
18	Alan Mirfin	V5	33:13
23	Mick Carr	V5	35:16
25	Alan Browne	V5	37:21
27	Ken Horan	V5	37:32
31	Ian Horsley	V5	41:56
33	Dave Weatherburn	V5	42:20
34	John Clarke	V5	47:07
5	Pete Ruddleston	V6	47:07

84 senior, 96 V4s, 34 V5s, 5 V6

## LADIES

3	Alanna Rowbotham	34:55	
1	Hilary Garrison	LV35	32:16
2	Julia Jennings	LV35	32:23
4	Gill Bunker	LV35	35:49
6	Jen Baker	LV5	37:48
8	Pat Wells	LV5	42:59

## Road League 2 Worsbrough 14/5

1	Darren Hale	NS	26:09
3	Ian Lanceley	26:28	
6	Richard Harris	26:50	
8	Steve Inglis	U17	27:01
10	John Comrie	27:12	
13	Jeff Crofts	27:47	
14	Steve Tompkin	28:03	
15	Luke Field	28:07	
25	Phil Smales	29:22	
43	Richard Burton	31:16	
45	Kerry Booth	31:27	
51	Simon Ellis	31:39	
57	Neil Shaw	32:46	
60	Roy Butterworth	33:02	
62	Alan Charnock	33:15	
67	Bob Newbould	34:15	
80	James Silk	U17	35:30
87	Phil Widdowson	39:12	

1	Peter Morris	V4	26:21
7	Steve Elvidge	V4	28:15
8	Ian Temperton	V4	28:21
10	Dave Ritchie	V4	29:00
13	Geoff Turner	V4	29:28

18	Martin Herrington	V4	29:48
44	Hugh O'Mara	V4	33:00
45	Alan Joyce	V4	33:11
51	Dennis Beaver	V4	34:05
52	Dennis Russell	V4	34:08
58	Malcolm Rhodes	V4	35:19
77	Graham Benton	V4	38:36
80	Jimmy Tarbrush	V4	44:25

5	Pete Humphries	V5	30:26
19	Mick Cochrane	V5	33:14
20	Alan Mirfin	V5	33:27
22	Brian Harney	V5	34:10
29	Mick Carr	V5	36:52
33	Dave Weatherburn	V5	40:38
34	Ian Horsley	V5	41:24
35	John Clarke	V5	41:27

3 Arthur Jeavons V6 48:54

## LADIES

4	Caroline Dauris	L	36:30
5	Sharon Burton	L	36:30
1	Hilary Garrison	LV35	32:49
3	Gill Bunker	LV35	35:08
4	Jenny Baker	LV45	37:52
7	Pat Wells	LV45	42:16

## Road League 3 Wombwell 28/5/97

1	Rob Holladay	25:39	
2	Darren Hale	NS	25:46
4	Ian Lanceley	26:13	
7	John Comrie	26:43	
9	Richard Harris	26:58	
13	Jeff Crofts	27:15	
15	Pete Pleasants	27:27	
16	Steve Tompkin	27:31	
18	Steve Inglis	U17	27:50
43	Richard Burton	31:14	
45	Willm Beardshall	31:20	
52	Roy Butterworth	32:18	
55	Neil Shaw	32:38	
56	Alan Charnock	32:45	
57	Paul Millson	32:46	
60	Cain Green	U17	33:38
72	James Silk	U17	34:38
81	Phil Widdowson	37:17	

1	Peter Neal	V4	26:30
2	Peter Morris	V4	26:35
6	Alan Chell	V4	28:19
7	Phil Eddison	V4	28:20
9	Dave Ritchie	V4	28:35
11	Ian Temperton	V4	28:48
13	Alan Gregory	V4	28:58
19	Martin Herrington	V4	29:28
27	Dennis Beaver	V4	30:24
30	Hugh O'Mara	V4	30:55
44	Alan Joyce	V4	32:46
46	Dennis Beaver	V4	33:34
67	Graham Benton	V4	38:50

5	Pete Humphries	V5	30:07
7	Brian Harney	V5	30:35
17	Alan Mirfin	V5	32:28
33	Ian Horsley	V5	39:32
34	Dave Weatherburn	V5	40:11

1	Stan Bagshaw	V6	40:31
3	Arthur Jeavons	V6	46:27

## LADIES

4	Caroline Dauris	L	35:42
1	Julia Jennings	LV35	31:58
2	Hilary Garrison	LV35	33:12
4	Gill Bunker	LV35	34:11
4	Jenny Baker	LV45	36:34

Published by Peter Humphries at Wickersley Comprehensive School by kind permission of the Head of School.  
This publication is aimed at the improved road and cross-country running of all Rotherham Harriers members.

Contact no: 01709 549125  
The support of Yorkshire Windows is greatly appreciated.

## The Tickhill 10

Wednesday 9th July  
Herringthorpe to the  
Carpenters Arms,  
Tickhill  
Off at 6.45  
Point to point race  
(not club champs)

# Rotherham Young Harriers

a look at the scene amongst the younger athletes by  
Dennis Russell

## 5 Star Performances by the Young Harriers

A very promising future for Rotherham Harriers looks on the cards following a string of good team and individual performances by all age groups throughout the winter and spring.

### Yorkshire Road Relays Champs

It all started way back in September at Wakefield, where Silver medals were won by the U17 girls (K.Storey, C.Foster and L.Whitaker) and U15 boys (R.Lomas, I.Whitaker and K.Cawthorne), the U17 girls 'B' team finished 3rd (R.Kay, C.Austin and R.Hart). The U15 boys 'B' team finished 6th (D.Russell, C.Green and M.Bradbury).

### Northern Road Relay Champs

These took us the short journey to Don Valley Stadium.

U13 girls 'A' finished 27th (L.Carnell, J.Staley, C.Gregory), the 'B' team finished 30th (E.Shakespeare, S.Newman, H.Ardron). U13 boys finished 20th (S.Francos, L.Rooney, A.Booth, J.Gallacher).

U15 girls finished 25th (R.Kelly, L.Nunn, J.Greaves).

U15 boys 'A' finished 6th (R.Lomas, I.Whitaker, J.Russell, K.Cawthorne), the 'B' team finished 29th (C.Green, D.Russell, M.Bradbury, A.Hudson).

U17 girls "A" finished 10th (K.Storey, C.Foster, L.Whitaker), the 'B' team finished 16th (C.Austin, R.Hart, R.Kay).

U17 boys finished 19th (S.Inglis, J.Oxley, O.Thomas, J.Silk)

### Yorkshire XC Championships

The first XC championships saw Rotherham Harriers produce some excellent performances both as individuals and for the team.

For the U13 girls L.Carnell 5th and R.Kelly 18th. U13 boys L.Rooney 26th and R.Dennis 59th. U15 girls K.Walker 18th and C.Birch 35th. S.Goldsborough had to pull out due to being spiked during the race. U17 boys S. Inglis 5th.

For only the second time in the history of the championships Rotherham Harriers U15 boys were crowned champions with R.Lomas 3rd, I.Whitaker 7th, J.Russell 9th and K.Cawthorne 15th. The 'B' team of T. Smith 37th, A.Hudson 38th, C.Green 63rd and A.Blackner 64th were 9th.

The U17 girls were the Silver medallist with K.Storey 4th, C.Foster 12th and L.Whitaker 13th. The 'B' team of R.Kay 22nd, C.Austin 24th and R.Hart 25th finished 6th.

Apart from winning gold and silver team placings, L.Carnell, R.Lomas K.Storey and S.Inglis were also selected to represent Yorkshire at the Inter Counties Championships.

### Nike Regional Finals at Nottingham

For this meeting we entered 11 teams consisting of 44 athletes of which 43 turned up and produced some excellent results.

We had a super start when the U13 girls 'A' team (L.Carnell, R.Kelly, J.Staley, T.McNaney) finished first. The "B" team (E.Shakespeare, H.Ardron, C.Chell, C.Watt) finished 8th.

U13 boys 'A' team (L.Rooney, S.Francos, A.Booth, R.Stephenson) finished 7th. The 'B' team (J.Gallacher, D.Keighin, R.Moss R.Dennis) were 10th.

U15 girls (S.Goldsborough, C.Birch, F.Noon, J.Greaves) finished 6th.

U15 boys 'A' team (R.Lomas, K.Cawthorne, I.Whitaker, J.Russell) finished 2nd. The 'B' team (P.Marshall, T.Smith, C.Green, A.Hudson) were 9th, The 'C' team (M.Bradbury, D.Russell, O.Thomas, M.McNaney) were 15th.

U17 girls 'A' team (K.Storey, R.Kay, L.Whitaker, C.Foster) finished 2nd. The 'B' team consisted of C.Austin, R.Hart, K.McFall.

U17 boys (S.Inglis, R.McNabb, J.Oxley, J.Silk) finished 6th.

The U13, U17 girls and U15 boys 'A' teams all won Nike sports bags for their performances while K.Storey and R.Lomas won Nike Trainers for achieving the fastest times in their age categories.

### County Durham International Cross Country

U13 girls L.Carnell finished 14th and U13 Boys L.Rooney finished 18th.

U15 boys A good performance by the boys to gain 1st team prize R.Lomas, I.Whitaker, and K.Cawthorne with good support from A.Hudson, J.Russell, C.Green, D.Russell.

### South Yorkshire Cross Country League

The U13 girls, U15 boys and U17 girls all won their respective age group after 4 races.

Individual performances in the 4 races were U11 boys, A.Booth 3rd; U13 girls, L.Carnell 2nd; U13 boys, L.Rooney 1st; U15 girls, C.Birch 3rd; U15 boys, R.Lomas 2nd; U17 girls, C.Foster 2nd and L.Whitaker 3rd; U17 boys, S.Inglis 3rd.

### South Yorkshire Cross Country Championships



(photo left)

Individual honours went to L.Rooney 1st U13 boys; R.Lomas 2nd U15 boys; K.Storey 1st and C.Foster 3rd both U17 girls; S.Inglis 3rd U17 boys.

Team honours went to U13 girls 1st, (T.McNaney, L.Carnell, E.Shakespeare, R.Kelly, E.Thomas and C.Watt). U15 boys 1st (R.Lomas, I.Whitaker, K.Cawthorne, J.Russell, P.Marshall, A.Hudson, T.Smith, C.Green and D.Russell). U17 girls 1st

(K.Storey, C.Foster, L.Whitaker, R.Kay, R.Hart and K. McFall).

### National Cross Country Relays at Mansfield

U13 Girls (L.Carnell, R.Kelly, T.McNaney) finished 26th.

U15 girls (S.Goldsborough, C.Birch, J.Greaves) finished 34th.

U15 boys 'A' team (R.Lomas, J.Russell, I.Whitaker, C.Green) finished 7th. The 'B' team (K.Cawthorne, M.Bradbury, T.Smith, A.Hudson) were 32nd.

U17 boys finished 19th (S.Inglis, J.Silk, O.Thomas and D.Woodhouse)

### Nike UK XC Relay Finals at Durham

U13 girls (L.Carnell, R.Kelly, J.Staley, T.McNaney) finished 8th

The U15 boys included new member S.Bates for the first time in Rotherham colours. Earlier in the XC calendar Stephen had won the Yorkshire XC Champs, Durham International XC race, Northern XC Champs and the South Yorkshire XC Champs.

The team of R.Lomas, I.Whitaker, S.Bates and J.Russell finished 2nd and each won a Nike sports bag/rucksack. S. Bates also won a pair of Nike trainers for the fastest individual leg.

U17 girls (K.Storey, C.Foster, L.Whitaker and R.Kay) finished 7th. K.Storey had the 3rd fastest leg.

### McDonalds YAL & AAA Road Relay Championships at Sutton Park

The final meeting of the 1996/7 winter took us to Birmingham for the Boys relays

Disaster struck the U13 boys in the opening leg when L.Rooney fell and twisted his ankle, but the organisers allowed the other three runners to continue when the last runner of the first leg came in. The team was finished position of 54th out of 71 teams. The other athletes who battled through were S.Francois, J.Gallagher and R.Moss.

The U15 boys 'A' team finished 7th (R.Lomas, J.Russell, I.Whitaker and S.Bates) and the U15 'B' team finished 60th (C.Green, M.Bradbury, T.Smith and D.Russell, 76 teams started. S.Bates ran the 15th fastest lap.

The U17 boys finished 36th (S.Inglis, J.Butter, R.McNabb and J.Silk) out of 53 teams. S.Inglis came back in 1st place on the 1st leg and ran the 5th fastest lap.

photo: start of the Rotherham Schools event at Dinnington



### THE PICTURE

During the XC year credit must not only go to the athletes who have won honours and prizes but also to the others who have supported them, take into account the U17 boys where athletes like R.McNabb, J.Oxley, D.Woodhouse who are 400m runners and O.Thomas who is a Hammer/Discus Thrower turn out so that distance runners (S.Inglis, J.Silk) can compete, without this type of commitment then the U17 boys would not have been able to enter any team events.

The U13 girls, U15 boys and U17 girls have all had an excellent year but without the support of the B and C teams who don't win honours but push the A team our results wouldn't be nearly as good. Of course, having such large squads makes the competition for places difficult.

Sprinters such as U17 girls R.Hart and J.Greaves, U15 girl F.Noon performed really well in distances far greater than they are used to running.

The 13 boys had some individual success in L.Rooney and S.Francois but had good support from R.Dennis and J.Gallagher, U11 athletes such as A.Booth and R.Stephenson, and also Javelin thrower R.Moss.

Runners who finish nearer to the back of the race than the front deserve as much, if not more applause than those winning. Remember it is far more easier to turn up to races if you think you are going to win, than for someone who has a good chance of coming last.