



National Veterans' Road relays
Saturday 22nd May Sutton Park

RUCTIONS AFTER VETS RESULTS

Peter Neal's team ran as well as could be at Sutton Park but were up against it on the day from some seriously fast clubs. Ructions were to follow however as it transpired that winners Cambuslang ran a first claim Morpeth runner, there was an Irish import in the Woodford Green outfit which ran second, and defending champions Brighton claimed to be the first genuine team home. As far as can be seen, the result is to stand, though I don't know why. Vets running is comparatively laid back, but perhaps this is too far laid back.

Redhill had the gall of running fourth for the second year in succession and otherwise it was only Tipton who got away from us. Selection was not straightforward this year it has to be said. Two or three over-40s were very obvious but the last two or three were very difficult. We did our honest best, maybe it was right, maybe not. Most disappointed would likely be Keith Williams, who has been running well, as after a long process Peter Morris just got the nod. It was understandable but unfortunate that Keith wasn't very interested in joining us as a ten-man squad, as Martin Connolly subsequently reported ill on his return from holiday on the Thursday, leaving Gary Durham as first reserve to fill the spot. Gary, who must have been a bit dismayed not to be initially in the team, ran well on stage four. Gary's place as first reserve was taken up by Steve Gaines, himself running as well as ever and generously keeping shtumm about his team selection.

It is a fine testimony to your standards when you feel a bit tight-lipped about coming sixth in the United Kingdom- in some cases to ringers into the bargain! The whole squad ran within a shade of each other, all fine efforts but the highlights a sharp 15.35 from Paul Venables which you might say, on his recent brilliant form, was more or less expected, he doesn't get many wrong. Despite this being his second visit ever, and of course the second within a month, Paul will be beginning to like this venue. As must Phil Roberts, he ran an excellent 15.45 opener to get us off soundly.

Paula Fisher stepped up to take the place of Sharon Burton, reporting ill, and was together with Hilary Garrison and Gill Bunker ran the Rotherham ladies into the same equivalent spot, sixth place. Hilary was amongst the sharpish times into the bargain.

At men over 50, Malcolm Palfreyman ran a stormer on the last stage to pull us up to 7th after some earlier good work, notably from debutee Mick Marsters, who having been persuaded gradually over a week or two to turn out found that the discipline was well to his liking, and ran a nice 17.10 on stage three. So, the more senior outfit, having never managed to get together at this event before, ran an impressive seventh. Though very unofficial, it is interesting to compare how many clubs had as many teams inside tenth place- though of course we did miss out on the more senior results at over 60,70 and ladies.

All courses same (3 miles).

Men O50,60,70, women O35, 45 started together

Men Over 50

1	Oxford City AC	01:38:34
2	Bingley H	01:42:23
3	Poole Runners	01:42:34
4	Derby & Cty AC	01:43:06
5	Blackheath H	01:43:55
6	Stockport H	01:44:22
7	Rotherham HAC	01:44:28
8	Bristol AC	01:44:33
16	Doncaster & Stfth	01:45:58
22	Notts AC	01:48:54
31	City of Hull	01:51:23

RHAC:

position applies to combined races

1	P.Humphries	18:07	42nd
2	T.Turner	17:34	24th
3	M.Marsters	17:10	17th
4	T.Hawley	17:28	15th
5	J.Spencer	17:32	14th
6	M.Palfreyman	16:37	7th

Women Over 35

1	Les Croupiers AC	54:42
2	Reading RR	55:17
3	City of Bath	55:34
4	Derby Ladies	56:09
5	Shaftsbury Barnet	56:11
6	Rotherham HAC	57:00
7	Neath H	57:21
8	Cardiff AAC	57:27
9	Watford H	59:11
10	Barnsley AC	59:14

RHAC:

position applies to combined races

1	P.Fisher	19:47	74th
2	H.Garrison	17:59	48th
3	G.Bunker	19:14	49th

Men Over 40

Separate race

		3 miles
1	Cambuslang	02:05:07
2	Woodford Green	02:05:17
3	Brighton & Hove	02:05:38
4	Redhill R	02:05:49
5	Tipton H	02:05:54
6	Rotherham HAC	02:07:18
7	Telford H	02:07:21
8	Nene Valley	02:08:10
9	Middletom H	02:09:24
10	Sunderland H	02:10:11
21	Sheffield AC	02:13:05
25	City of Hull	02:13:40
26	Mansfield H	02:13:44
41	Barnsley AC	02:17:09

RHAC:

1	P.Roberts	15:45	25th
2	J.Atkinson	16:00	17th
3	A.Chell	15:54	9th
4	G.Durham	16:13	11th
5	P.Neal	15:58	10th
6	P.Morris	16:01	7th
7	S.Elvidge	15:52	7th
8	P.Venables	15:35	6th

HARRIS, VENABLES, HINDLEY, GARRISON, BUNKER, and all ROTHERHAM SECTIONS ON COURSE FOR ARMTHORPE

SYRL2 Worsbrough

12/05/99

S	1	R.Harris	25:53
S	2	D.Tune	25:53
S	9	I.Whitaker	27:21
S	10	J.Comrie	27:26
S	14	G.Claxton	28:30
S	17	G.James	28:57
S	19	S.Bates	29:21
S	32	S.Laycock	30:43
S	43	K.Booth	31:24
S	49	R.Butterworth	31:45
S	75	W.Beardshall	36:43
S	84	R.Haigh	38:38
S	85	P.Widdowson	38:44
V40	1	P.Venables	29:39
V40	2	S.Elvidge	27:24
V40	4	P.Roberts	27:34
V40	5	P.Neal	27:38
V40	7	A.Chell	28:09
V40	8	J.Atkison	28:14
V40	13	P.Eddison	29:32
V40	21	A.Joyce	33:04
V40	38	P.Keen	38:06
V45	3	A.Gregory	28:53
V45	8	M.Herrington	30:56
V50	2	M.Marsters	29:33
V50	8	T.Turner	30:21
V50	29	M.Rhodes	35:15
V50	36	M.Sumption	38:58
V50	38	R.Spensley	39:23
V55	3	N.Grimley	33:58
V55	4	P.Humphries	34:29
V55	6	M.Whitaker	35:33
V55	7	A.Bryden	36:49
V60	3	J.Lynch	36:16
V60	5	S.Bagshaw	41:47
F	1	J.Hindley	33:36
F	3	C.Dauris	35:32
F	4	V.Haigh	36:01
F35	1	H.Garrison	31:55
F35	2	S.Burton	34:05
F40	1	G.Bunker	33:18
F45	3	R.Grimley	36:08

Manchester United had a lot to answer for as fewer than usual turned out for the third South Yorkshire Road League event at Penistone last month. Whilst the ladies and veteran runners or RHAC easily covered the requirements, it was touch and go whether the senior men turned out sufficient in number at the front end. As it happened, they did, with very reliable running from John Comrie again in the scoring and a welcome back for Luke Field after injury lay-off. Fortunately, despite a weekend on the track being a priority, Ian Whitaker did put in a decent run without too much of an exertion, so that we had four runners inside the first 8, which does the job nicely. After that though we were looking to Roy Butterworth in 35th for next team place, and no disrespect to Roy who supports our club well, but this is a five minute jump in times and too near the line for comfort.

None of which takes away from the majestic progress of Richard Harris, again winning convincingly from Simon Wright. Richard has been running a storm, paced and encouraged by Dave Tune all along, and even got the nod from Dave at event two at Worsbrough which might have brought a wry smile to each. He now holds a 1 minute cushion on Simon for the series. Ian Whitaker has the disappointment of seeing Barnsley's Kegan Moore named as a junior late in

the day, which now places him second.

Paul Venables too was back early enough to see most of the football, a very clear win in 27.24 which leaves him more than two minutes in the lead. Alan Gregory has made a promising start to his re-launched running career, currently holding second over-45 by 25 seconds though unable to catch Mick Page barring default. Rob Aconley easily leads Pete Humphries and Norman Grimley at over 55.

Janet Hindley too has made a cautious comeback after injury, but is leading the ladies category with some to spare, more than three minutes over Rebecca Harris, whilst Caroline Dauris and Vicky Haigh lie third and fourth. At over-25, Sharon Burton is comfortably second by 3 minutes but Hilary Garrison has an enormous lead over Sharon by some 9 minutes, and at over 40 too Gill Bunker has 7 minutes to spare to keep the title. At over 45, Rose Grimley though currently third is not far off the leader, about 59 seconds, and 12 seconds behind second.

Teamwise, Doncaster have come strong in the men's categories, but Rotherham is soundly in the lead in all three categories, and provided our usual numbers at Armthorpe are forthcoming we will spoil the awards evening again.

Senior/Junior men

1	Rotherham HAC	322:00
2	Doncaster & Stainforth	330:04
3	Handsworth Roadhogs	366:47
4	Steel City	363:25

All vet men

1	Rotherham HAC	246:52
2	Doncaster & Stainforth	253:22
3	Barnsley AC	258:41
4	Steel City	260:04

All ladies

1	Rotherham HAC	293:54
2	Steel City	318:04
3	Barnsley AC	325:14
4	Totley AC	331:31

**South Yorks Road
League Placings
after 3 of 4**

SYRL3 Penistone

26/05/99

S	1	R.Harris	26:55
	5	J.Comrie	28:06
	6	L.Field	28:09
	7	I.Whitaker	28:28
	35	R.Butterworth	33:12
	49	N.Shaw	34:59
	59	P.Widdowson	38:22
	64	K.Guttridge	38:42
V40	1	P.Venables	27:24
	4	S.Elvidge	28:33
	5	J.Atkinson	28:40
	27	P.Keen	39:18
	29	G.Benton	41:05
V45	3	P.Morris	29:05
	4	S.Gaines	29:13
	6	A.Gregory	30:39
	10	M.Herrington	31:17
V50	18	M.Rhodes	35:29
	24	M.Sumption	38:18
	26	R.Spensley	39:22
	29	D.Weatherburn	41:25
V55	3	N.Grimley	33:51
	4	P.Humphries	34:42
V60	3	J.Lynch	36:56
	5	S.Bagshaw	42:20
F	1	J.Hindley	33:28
	3	C.Dauris	35:21
	4	V.Haigh	35:45
F35	1	H.Garrison	31:21
	2	S.Burton	35:07
F40	1	G.Bunker	33:27
F45	3	R.Grimley	36:06

Bank Holiday Monday saw the running of the Saxilby 6 where RHAC were represented by, amongst others, Neil Shaw, Arthur Jevons, and John Lynch, our highlight being a win for first over-45 lady Pat Muller in 41.50. Man's winner in 31.58 was Mark Jenkins (Retford), Ladies' Sandra Edwards (Lincoln W) 35.43.

The Loachaber marathon at Fort William saw a fine 3h 48 minute marathon for John Lynch back on April 26th; an 8 minute improvement for John who at 65 last ran a marathon 4 years ago.

Saturday June 9th sees the 11th annual Wainwright Run, from Dinnington Rugby Club at 6.30pm. Runs of 3 miles and 6 miles, proceeds to Neurocare Fund of Royal Hallamshire Hospital. Forms from Wainwright Garage South Anston, 01909 566384 or Jun & Normal Baker 01909 564103. I imagine you can enter on the night, earlyish.



Amongst RHAC leaders of the South Yorkshire series are: Janet Hindley above left, Paul Venables above right. Paul ran a storming anchor leg at Sutton Park.

Luke Field is back after injury, scoring a useful team spot at Penistone. Luke is pictured taking on Peter Mirrlees at Elsecar.

June Fixtures

Sun 6 Jun	Nether Edge 10k 11.30
Sun 6 Jun	Goole River Bank Chall.
Sun 6 Jun	Thirsk 10
Sun 6 Jun	Woodhall Spa Half
Wed 9 Jun	South Yorks Road lge 4 Armthorpe 7.15
Sat 12 Jun	Chatsworth Chall.
Wed 16 Jun	Kimberworth 10k
Sun 20 Jun	Swallownest 10k 10.30
Wed 23 Jun	SY Relays, Damflask
Wed 30 Jun	Maltby Abbey Dash 7pm
Sat 3 Jul	Burn Valley Half, Masham 2pm
Sun 11 Jul	Yorks Vets Relays, Mickleton 11am
Sun 18 Jul	Selby Relays



DAVE NOW DOES TAKE THE MEDAL

Dave Tune ran away strongly to head the field again at the Askern 10k, this time his 30.32 putting the dampers on Scott Mitchell's performance just as he had at the Woodhouse event back in December. In between international calls, Dave has been putting in training stints in the South Yorks field which has been strongly to the advantage of Richard Harris. At Askern, Richard maybe overcooked it a bit and finding himself in no-man's land lost out to rival Simon Wright, taking fifth spot with Mark Ruddleston close behind.

This wins the South Yorkshire title for Dave, gone are the days of being born 'in the wrong place'. Likewise for Paul Venables, Malcolm Palfreyman, Hilary Garrison and Gill Bunker, with Vicky Haigh taking SY second, and Richard Harris SY third.

Dave Tune, pictured below, now gets South Yorkshire recognition.



Runners at Penistone in the South Yorks Road league (never an attractive venue in any case for some, out and back up the hill) were delighted (or not) on this occasion to be halted at about one mile by a large herd of cows.

Forcible pause for breath! The lady from Footpath Runners says the farmer told them, they were never out at that time of night. Ho hum.

Askern 10k

19/05/99

1	D.Tune	30:32	
2	S.Mitchell	31:16	(Leeds)
3	B.Farquharson	31:19	(Mansfld)
5	R.Harris	31:56	
6	M.Ruddleston	32:18	
9	P.Venables	32:51	V40
17	L.Collingwood	34:02	
18	J.Dixon	34:03	
26	J.Comrie	34:42	
27	M.Palfreyman	34:43	V50
43	P.Eddison	35:55	V40
45	A.Gregory	35:59	V45
80	H.Garrison	37:41	F35
95	R.Butterworth	38:39	
158	A.Joyce	40:50	V40
162	G.Bunker	40:59	F40
163	N.Grimley	41:05	V55
168	A.Eshelby	41:11	
216	M.Rhodes	43:02	V50
224	R.Grimley	43:11	F55
228	W.Bearshall	43:18	
234	V.Haigh	43:27	F
320	P.Widdowson	45:45	
321	A.Bryden	45:51	V55
359	D.Burke	47:06	
372	D.Wright	47:39	V40
451	S.Bagshaw	51:42	V70
508	A.Jeavons	56:41	V75

Tadcaster 10

Sat 22 May

1	N.Cayton (Otley)	52:08
2	J.Convery (Bingley)	52:49
3	I.Malone (UA)	53:13
10	J.Comrie	56:15
187	A.Bryden	76:44
293	G.Benton	88:39

Wednesdays: four top class June mid-weeks!!

9th Armthorpe road league

final race of series

16th Kimberworth 10k

23rd Damflask relays

all can run: great night out, let PH know for preference.

30th Maltby Abbey Dash

Published by Peter Humphries at Wickersley Comprehensive School by kind permission of the Head of School.

This publication is aimed at the improved road and cross-country running of all Rotherham Harriers members.

Contact no: 01709 549125

Whilst I aim at the first Wednesday each month, because of school closures/holidays etc

(a) there is no August publication and
(b) sometimes publication is delayed to the following week

The support of Yorkshire Windows is greatly appreciated.