## RHAC BRIEFING

September Serving the Rotherham Runner First Wednesday each Month



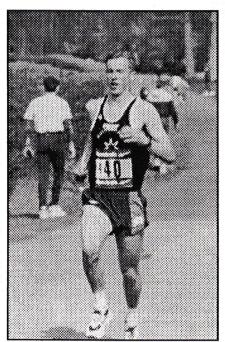
# GB Calls for Tune and Holladay

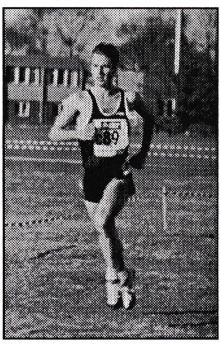
Great pride for RHAC last month as both Dave Tune and Rob Holladay were called up to run for Great Britain in the Liverpool International Half-marathon, Dave for the GB team in which he was second placed runner and Robert running third in the GB under 23 squad. In David's case, this puts him on the verge of a GB place in the World Half-marathon Championship. With this event on the same date as the northern 6-stage relay, someone has to be disappointed! Dave wants to improve on his inaugural performance of last year And certainly has the running in him to do that, and really that is what we would like to happen. We will have no trouble I am sure finding a good qualifying position in the relays without him, looking at the calibre of our runners now.

On the other hand, it wouldn't be much of a problem finding him a place in the relay team and it wouldn't harm our aim of moving up the rankings, so one way or another someone should be happy!

We are equally delighted at Robert's selection, and his prospects. He has done a lot of racing this year, and is still of course on the upward path, especially perhaps at the longer distances, so there is promise of much more to come.

Dave is pictured (near right) launching stage 4 at the northern 12-stage in Wigan last year whilst Rob is at an early point of the national cross-country relay at Mansfield.





#### Club AGM

The 110th Annual General Meeting will take place in the

> Council Chamber, Grove Road (opposite the top of Mansfield Road) on

Tuesday 14th October 1997 at 6.30pm

If you have nominations for elections to posts or committees or proposals for rule changes etc they should be given in writing to the Club Secretary no later than Tuesday 23rd September. Club members aged 14 or over are allowed to vote. There are reports from sections and elections of President (Brian Harney has served two years) and Vice-President, Chairman, Hon Sec and Hon Treasurer. Also section secretaries for Track, Road, Cross-country, Under-13s, Fell and Social.

Upcoming dates Northern 6-Stage Relay Don Valley Stadium, Sheffield Saturday 4th October

National 6-Stage Relay Sutton Park Saturday 25th October Yorkshire Relays preview

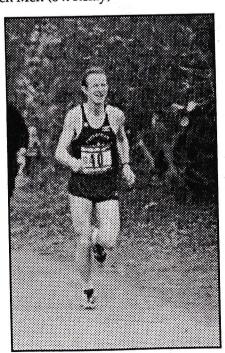
Young athletes entries for the Yorkshire Relays on 13th September are fairly complete, but the same cannot be said for the senior men position. I take a lot of the blame, being quite out of touch with the current form and fitness of a lot of runners. The main problem besides that is unavailabilities, with week-end away in north Yorkshire and the Great North Run being prominent in this area. Also however there are a good many injuries to content with.

The upshot of all this is that I only entered one team for the 6-stage Wakefield event. Even so for a while I looked to have made a big mistake as there was a good response, and numerous runners looked like being disappointed. However difficulty of contacting some, and injuries, has meant that the situation is about right. We look like likely to be running Rob Holladay, Luke Field, Lee Collingwood, Paul Rowland, Mark Ruddleston and Mick Tune, and have Alan Chell and Ken O'Mara available too. Darren Cooney is getting over injury problems as is Peter Morris; though willing to run he is not right yet and it is wise to wait a week or two.

YORKSHIRE RELAYS: VENUE THORNE'S PARK WAKEFIELD

TIMES: (all relays 3k except men 6.1k)

U-13 Girls (road race) (2.4k)	11.15
U-13 Boys (road race) (3.2k)	11.40
U-15 Girls (3 x relay)	12.00
U-15 Boys (3 x relay)	12.00
U-17 Ladies (3 x relay)	12.45
U-17 Men (3 x relay)	12.45
Sen Ladies (4 x relay)	1.30
Sen Men (6 x Relay)	2.30



Very much in form John Comrie seen here at Haigh Hall. Sam goes for the Great North Riun this week, in company with IOan Lancelkey who is also back at top speed

#### Armthorpe 10k Aug 25th

1	J.Mutysia UA(Coventry)		29:59
2	R.Holladay		31:29
5	L.Collingwood		32:12
9	M.Tune		32:58
16	L.Field		33:34
17	I.Temperton	V4	33:44
21	J.Croft		34:20
23	M.Palfreyman	V5	34:33
62	S.Phillips		37:25
82	S.Phillips		38:24
101	P.Haigh	V4	39:04
125	R.Burton		40:09
133	J.Hindley	L	40:21
135	R.Butterworth		40:24
138	N.Shaw		40:39
152	B.Sprakes	V55	
169	A.Charnock		42:12
173	D.Taylor	L	42:18
209	K.Thomas		43:47
214	P.Fisher		43:53
267	G.Benton	<b>V4</b>	46:34
268	A.Bryden	V55	
283	R.Street	V5	
288	A.Browne	V5	
297	J.Street		548:13
304	R.Aconley	L	48:37
316	S.Bagshaw	V6	
320	D.Weatherburn	V5	
372	A.Jeavons	V6	54:34
413	runners		00:00

Club Events

### **Black Lion**

Thirty runners took part in the annual race to the Black Lion at Firbeck last week, John Comrie not surprisingly first man home with Julia Jennings first lady.

This was also a sealed team handicap but Don forgot the medals, so they will be awarded at Dinnington next week.

# Dinnington Ding-dong

Off at 6.45 on Wednesday 17th September

About 9 miles, own route to Dinnington RUFC Food after, decent beer.

#### Cross-country Dates

The SY Cross-country season starts off on 26th October, which makes it a highly popular day. Following fixtures are on November 16th and 30th, watch out for venues and confirmation in the next issue. Numbers available at the Herringthorpe kiosk or at the event itself, keep them for the series as usual.

#### Race the Train

Jen Baker 1st lady O/50 at this Welsh 14.5 mile event continuing her good form, also in the field Ken Horan with Kerry Booth first RHAC. Kerry thought he might score a first RH place in the beach race the day after but Ian Lanceley emanated from the Welsh mist to take the event.

Ken and Jen were at the Glasgow Half again, also Adele Morris, Indira Lathia and John Clarke. First RHAC runner John Comrie ran a superb 70.14 pb and, typically, was half-sappy, half annoyed at missing a 69 minute time which he was on for nearly all the way. He has come into some great form and won the Elsecar 8-mile off road event last week, barring the fact that the organisers ruled his entry to be after the closing date, which pushed him out of contention. Phil Roberts ran third behind Neil Moore, with Alan Chell in close attendance, results next month.

#### Numbers

Winning Numbers for August were £70 no 174 Kerry Booth; £10 each nos 18 Trevor Fisher, 42 Peter Humphries, 87 Roy Taylor. Thank you Brian.

#### New members

Amongst recent new members we are happy to welcome two outstanding veteran runners in Tony Turner and Keith Williams. Tony has transferred his first claim status to us with an aim to take part in the many vets relay and team events which have been so successful lately and indeed for some time, his performances both short and longer distance have been improving continuously. No doubt Tony will continue his strong links with Kimberworth.

Keith's transfer to us comes not without a lot of consideration after finding his former Spenborough club lacking

#### September/October Fixtures

Sat 13 Sep	Lavender Penistone 10k noon
Wed 17 Sep	Dinnington Ding-dong 6.45
Sun 28 Sep	Bradway Fun Run 10.30
Sun 28 Sep	KRUF 10k Cardiff 11.30
Sat 4 Oct	Skipton Cross-country 11.30
Sun 5 Oct	Horsforth 10k, Leeds 11am
Sat 4 Oct	Northern 6-stage relay, Don Valley
Sun 5 Oct	Maltby 10
Sun 12 Oct	Hallcross 10k
Sun 12 Oct	Rowntrees 10
Sat 18 Oct	Whitbread Chase
Sun 19 Oct	Northern Young Ath relays, Don Valley
Sun 19 Oct	Northern Womens Relays, Don Valley
Sun 26 Oct	Womens/Girls National Road Relays, Sutton Pk.
Sun 26 Oct	SY Cross Country (1)
Sun 26 Oct	Holmfirth 15
Sun 26 Oct	Worksop Half

sufficient drive especially at veteran level. He is running very well indeed, his time at the Yorkshire vets relays was well amongst our quicker times and he is likely to be a contender for our senior 12-stage team all being well. He is aiming to turn out in black at Penistone on Saturday.

Both are most welcome, and will be subject to a qualifying period ending 1st April 1998.

Meanwhile Darren Hale has been putting in a solid stint of running at all sorts of distances, perhaps most notable being 52.03 at Erewash, where he was joined by Lee Collingwood and John Comrie in a strong team performance. Darren qualifies in RHAC colours on February 1st.

# **LEJOG**

Mike Sumption has done 3 JOGLEs (John O'Groats to Land's End ), all N to S. The intention this time, as a mark of the millennium year, is to do it Land's End to John o' Groats. The others have been done with RH help and support, and with the KRIS fund in Sheffield, hopefully this time also there will be some RH personnel and some non-RH.

In previous years there have been 18 runners mixed in 4 teams, 2 of 4 and 2 of 5. The run is about 900 miles as a one-runner relay non-stop. It takes about a week, all-in from Friday evening to the following Sunday.

It's a year or more before planning really starts in earnest but 2000 is nearer than we think and the event needs flagging now as many events are likely to be organised (!).

The individual cost is about £100 assuming sponsorship, without it a considerable increase. There is about 2000 miles driving, and sponsorship would be welcome in respect of food, petrol, cars, caravan, general support.

For any further information or interest phone Mike on 01909 591078.

### Club Annual Dinner

Saturday 1st November

at

Carlton Park Hotel
Tickets from
Mick Hague
or David Haywood

Price £18.00

Winter Series
will be back on all being well
starting in October or more likely
November

FOLLOW A STAR, be a

ROTHERHAM HARRIERS & A.C.

### Club Patron

Help to support the Club, its athletes and coaches with financial aid for:

- Travel
- Coaching development
- Squad training courses
- Specialist equipment
- Entry fees
- Medical expenses

*	£10
**	£50
***	£100
***	£250
****	£500
GOLD*	£1000

Details from Mick Hague 01709 382121 ext 2043 (work)

01709 371095 (home) or via any club official

Maybe you can't sponsor RHAC but you know someone who can!

### RHAC Club Championship Series 1997

Already	gone:	
1	gone: Ferriby 10	
2	Norton 9	
3	Spen 20	
4	Retford Half	
5	Doncaster Half	
6	Sheffield Marathon	27 April
7	Sheffield Half	27 April
8	SYRL 1 Dinnington	30 April
2 3 4 5 6 7 8 9	SYRL 2 Worsbrough	14 May
10	Askern 10k	21 May
11	SYRL 3 Wombwell	28 May
12	Woodhall Spa Half	1 June
13	SYRL 4 Armthorpe	11 June
14	Club Tickhill 10	to be dated
15	Swallownest 10k	22 June
16	Damflask Relays	25 June
17	Wharncliffe Chase	6 July
18	Doncaster 5k	16 July
19	Yorkshire Wolds Half	26 July
20	Askern 10	10 August
21	Armthorpe 10k	25 August
22	Maltby 10	5 October
23	Hallcross 10k	12 October
24	Worksop Half	to be dated
25	Holmfirth 15	26 October
26	Percy Pud 10k	
	•	

Remaining events are:

22	Maltby 10	5 October
23	Hallcross 10k	12 October
24	Worksop Half	26 October
25	Holmfirth 15	26 October
26	Percy Pud 10k	30 November

NB Worksop is back on! My colleagues inform me that Percy Pud has been brought forward a week-which makes it clash with the South Yorkshire Cross-country! though I am sure there is a good reason for it.

I intend to publish the club championship standings next month; some results are missing due to my neglect. Anyone who can help with results lists (especially early season) could make the job a lot easier for me, I will be asking around.

Published by Peter Humphries at Wickersley Comprehensive School by kind permission of the Head of School.

This publication is aimed at the improved road and crosscountry running of all Rotherham Harriers members.

Contact no: 01709 549125

Whilst I aim at the first Wednesday each month, because of school closures/holidays etc (a) there is no August publication and

(b) sometimes publication is delayed to the following week

The support of Yorkshire Windows is greatly appreciated.