

From Henry Marston:

And now for something a bit different: a run round Ochre Dyke where you act as your own route marshal!
It's an Urban Orienteering event on Sunday 2nd June. More info on the attached. Entry on the day, but if you let me know by this Wednesday (22nd) we can preorder a map.

A range of courses are provided, suitable for ages 10 to 80.

Register at Rockingham J&I School, Roughwood Road from 10 am, starts 10:30 to 12:30

You have been up Ochre Dyke on club training runs!

You have run the Rockingham KMR race!

Now your opportunity to visit bits of the Rockingham/Wingfield area you never knew existed.

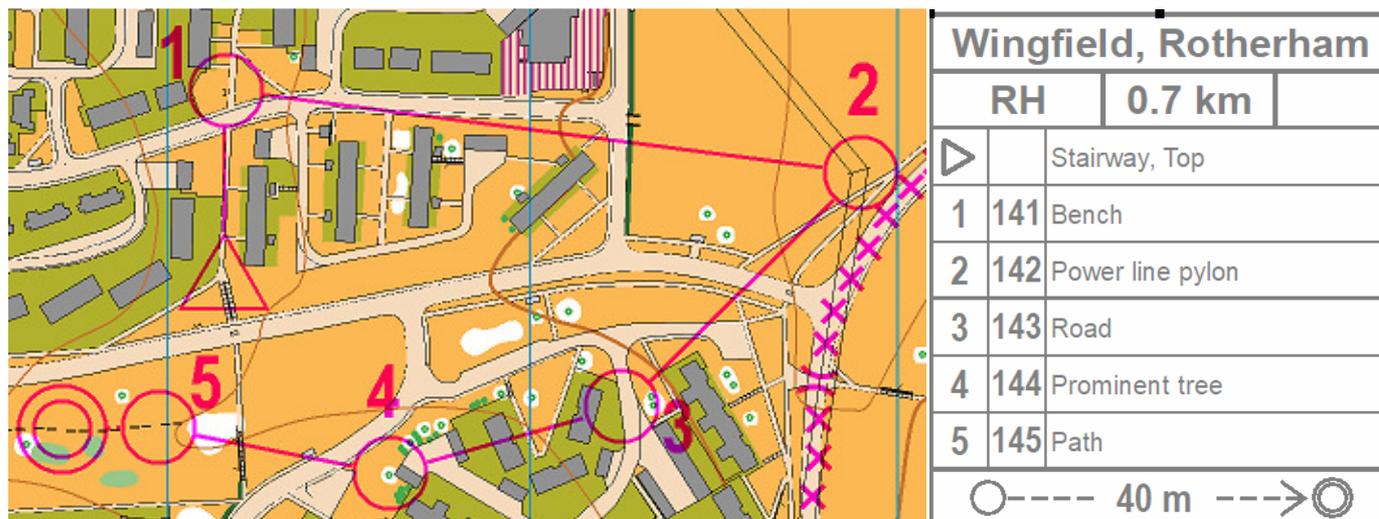
Come to the Urban Orienteering Event on Sunday 2nd June!

The event is organised by South Yorkshire Orienteers, mapped and planned by Henry Marston

Event Centre (EC): Rockingham J&I School, Roughwood Road.

You can enter in advance on <http://www.fabian4.co.uk>, or turn up and enter on the day. Adults, £10, Juniors and students, £4. More info on www.southyorkshireorienteers.org.uk/events and select *Regional Urban Event* or contact me: henry@hmarston.co.uk

To give you an idea of what's involved, here is a fictitious Urban Orienteering course, with an explanation of some map symbols, and the description sheet which gives added information.



The colours are not entirely intuitive: Yellow for open (grassy) land, fawn for tarmac paths and roads, dark grey for buildings. Importantly, olive green shows residential areas, e.g. gardens of house that are not to be entered. The red vertical lines and crosses show other out of bounds areas, pub grounds and Fenton Road (you must not run along the road, only the pavement).

At Registration at Rockingham School, you will be issued with an SCard, the system we use on the Round Rotherham. You record your run by 'dibbing' in a control box at the start, at each control and at the Finish. The data is downloaded when you return to the school, at Download. Officials are around to help you through the process.

From the school, you will be directed to the Start, in this fictitious example marked by a triangle at the top of some steps. The course follows a footpath to a larger road, which you cross to the first control attached to a bench. Take care crossing roads! Turn right and follow the road to the T junction. Here there is a crossing point through the hedge to open land to get to the second control on a pylon. (The thick dark green line of the hedge indicates it should only be crossed at marked crossing points. Walls and fences that are not allowed to be crossed are shown with **thick** black lines.)

Make your way across to Control 3, at the side of a road – probably attached to a lamppost. Judge your crossing of the road – maybe you jaywalk, run along and cross when there is a gap! Control 4 is on a tree, but you have a route choice, continue along the road, first right and through a gap at the end or go back and along the north side of the block. In this case it probably makes little difference; in other cases judgement of the best route can save time. Cut across the open area, through a 'copse', a runnable area of woodland shown in

white, to the control on a small path (a dashed line as it is in a grassy area). From the Finish, you will be directed back the Event Centre, for download and to see how you have done.

For adults new to Orienteering, the suggested course is Light Green, some navigational challenges, but generally straightforward. Yellow is easier, controls guide you round. White, on the school grounds, is intended for youngsters.



South
Yorkshire
Orienteers



Willow Tree academy