

# ROTHERHAM HARRIERS & ATHLETICS CLUB

## HEALTH & SAFETY POLICY 2023



### Health and Safety Policy Statement

Rotherham Harriers and Athletics Club (The Club) is committed to ensuring that all our members take part in activities that are safe and well managed. Our athlete's well-being and safety, in addition to enjoyment and participation, is our paramount concern.

The Club has adopted fully the UK Athletics Codes of Conduct and recognise these include the right for children and young people to be safe and protected.

We recommend levels of training and competition dependent on age and ability and expect our junior athletes to participate within these boundaries. These levels of participation should be supported by all club officers working with parents and carers.

The purpose of our health and safety policy is to prevent accidents, manage health and safety risks during training and competitions, and maintain the safety, and safe use of our own equipment.

The Club operates from Herringthorpe Athletics Stadium, Rotherham. This facility is run and managed by Rotherham Metropolitan Borough Council who has responsibility for health and safety matters relating to the stadium and its equipment. The Club will liaise closely with Stadium staff to ensure our club health and safety policy and procedures supports the those of RMBC.

### Health and Safety Procedures

To support our Health and Safety Policy Statement we are committed to the following duties:

- To undertake regular recorded risk assessments of the activities and events undertaken by the club, and review these in accordance with regulations and recommendations.
- To create a safe environment by putting health and safety measures in place as identified by the risk assessment and in line with guidance from UK Athletics Approved Codes of Practice.  
<https://www.uka.org.uk/governance/health-safety/safety-codes-of-practice-and-safety-guidance->
- To ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity, and development.
- To ensure that all members are aware of, understand and follow the club's health and safety policy.
- To consult regularly on health and safety matters as they arise and formally when we review health and safety.
- To appoint a competent club member to assist with health and safety responsibilities.

- To ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- To provide access to adequate first aid facilities, and a qualified first aider at all times.
- To report any injuries or accidents sustained during any club activity or whilst at Herringthorpe Athletics Stadium to the appropriate authority.
- To ensure the implementation of the policy is reviewed regularly and monitored for effectiveness.

### **Responsibilities of club members**

As a Club member you have a responsibility to:

- Take responsibility for your own health and safety and that of others who may be affected by what you do, or do not do.
- Co-operate with the club coaches and volunteers on health and safety issues.
- Correctly use all equipment provided by the club or used on club premises and as directed by coaches.
- Not to interfere with or misuse anything provided for your health, safety, or welfare.
- Report all safety concerns to the club health and safety officer, or another appropriate person.

**The Club Health and Safety Officer is:** Andy Battle

**Location of First Aid Equipment:** In the RMBC stadium office

**Location of Defibrillator:** On the external wall of the club office – accessed from the carpark area