



# March 1994 BRIEFING

Available free to members on the first Wednesday of each month.  
Can be sent by post (stamped self-addressed envelope or 50p per month)  
Produced at Wickersley Comprehensive School by pupils and staff.

The RH news briefing is aimed at improving and then maintaining the standard of road running at RHAC. Your contributions of results, opinions, plans and photos are vital to its success. I regret however that we cannot publish members' letters or other contributions unless previously arranged.

## ROAD EVENTS

### \*RHAC impress all round at Ferriby

Tune-Neal strike force heads a cast of 32 at Ferriby. No fewer than **SEVEN** of the first 15 teams were from RHAC p3

### \*Norton 9

Rotherham's big class turn-out promises results see listing p2

### \*Clarks back for Notts Uni Relays

John and Andrew Clark make a welcome return for the University sprint relays on Mar 19th see list p2

### \*Northern 12-stage looks good

Despite injuries and absences RHAC entry for the 12 stage is looking impressive p2

This Sunday

### The Norton 9

nr Askern, Doncaster at 11 am

Entries on the Day (no prizes) but if you send your entry tomorrow marked for collection on the day, you are pre-entered

We have potential winners in many categories

Meet us after in the **Royal Hotel** which is where the awards are  
Pie and peas available

### Nottingham University Relays

**Sat 19 March (enter any time)**

Men (5) and women (3) x 2.6m and/or

### Northern 12-stage Relay

**Sat 2 April (entry by next Wed)**

Men 6 x 2.9, 6 x 5.8 m

all interested runners contact :

Pete Humphries 549125

## Arthur Oxley

It is with the greatest sorrow that I have to inform members of the death on 24th February of club coach Arthur Oxley.

Arthur has been for many years a Rotherham member, first as runner then as a coach, a discipline which he pursued so assiduously that he became very highly qualified indeed. Many aspiring runners at both Rotherham and Doncaster clubs have profited from his dedication to his sport and his sound advice, and many will find his influence hard to replace.

When we set out in November to try to revive and improve the fortunes of road running at RHAC he was the first colleague to whom I turned for advice, support and guidance, all of which were generously forthcoming. Arthur was delighted at the progress we seem to be making in events we have promoted together in such a short time and we were planning our attempts at the Nottingham University and Northern 12-stage relays only last week.

I hope my fellow members will agree that the most fitting tribute we can pay to Arthur's work at our club, and to his memory, is to continue to improve the standard of our efforts and performances. Arthur was never slow to recognise both good and poor standards, and only our best is appropriate.

To Arthur's athletes, and especially to his wife and family we express our deepest sympathy, and we share their loss.

Peter Humphries



Arthur Oxley pictured with some of the runners at the National Cross-country Relays (19th Feb) at which RHAC finished 19th L to R: Peter Neal, John Comrie, Jamie Smith, Tim Drake, Dave Johnson, Mark Ruddlston. Not pictured: Dave Tune, Paul Rowland, Richard Self, Mick Thompson. The ladies' team of Caroline Boyd, Janet Oxley and Janice McWilliam finished 13th.



**Spen 20 Sat 5 March Spenborough**

Eddie Iliffe	Ray Howarth	Jerry Spencer	Pete Purdy
Kevin Thomas	Peter Henry	Ian Lanceley	Steve Gaines
Hugh O'Mara			

**Norton 9 Sun 6 March Norton (N of Doncaster)**

Peter Humphries	Dave Tune	David Richards	Phil Smales
Ian Horseley	Adrian Roberts	Peter Little	Eddie Bywater
Ray Howarth	Jerry Spencer	Kevin Thomas	Peter Henry
Ian Lanceley	Martin Clohessy	Gary Hammonds	Brian Siddle
Mike Widdop	Tim Rooke	Dave Draycott	Brian Spriggs
Pete Ruddleston	Indira Lathia	Don Creamer	Simon Ellis
Mick Teather	Tim Drake	Alan Gregory	Peter Neal
Mary Spriggs	Peter Little		
Nigel Brookes	Dave Ritchie	Darren Whitehead	
Paul Whittaker	Janice McWilliam	Peter Adams	Dennis Beavers
Lee Collingwood	Kim Bennett maybe		

**Nottingham University Relays Mar 19th early entries****include:**

Paul Rowland	Dave Tune	Tim Drake	Gary Claxton
Pete Morris	John Clark	Andrew Clark	Adrian Roberts
Terry Hawley	Peter Humphries		

**Notfast 10 Sun Mar 20th Newark**

Gillian Bunker	Hilary Garrison	Janet Pike	Adele Morris
Julia Jennings			

**East Hull 20 March 20th**

Dave Ritchie	Eddie Iliffe	Ray Howarth	Jerry Spencer
Pete Purdy	Kevin Thomas	Peter Henry	Ian Lanceley

**Wombwell 5 March 20th**

Hugh O'Mara	Nigel Brookes	Dennis Beavers	
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**Retford Half March 27th**

Paul Whittaker	Pat Wells	Jen Baker	Tim Drake
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**Sheffield 10k March 27th**

Alan Gregory	Janice McWilliam	Tom Smyth	Brian Spriggs
Mary Spriggs	Dennis Beavers	Darren Whitehead	

**Northern 12-stage Relay Apr 2nd Roberttown****acceptances include:**

Pete Morris	Gary Claxton	Lee Collingwood	Dave Tune
Peter Neal	Paul Rowland	Jamie Smith	Richard Self
Mark Ruddleston	Steve Gaines	Tony Kelsall	Steve Elvidge
Tim Drake	Mick Thompson	Jeff Croft	Dave Ritchie
Jerry Spencer	Adrian Roberts	John Comrie	Chris Beighton ?
Alan Gregory			

**Doncaster Half April 10th**

Roy Varo	Hugh O'Mara	Darren Whitehead	
Peter Adams	Mick Marsters	Tom Smyth	Dennis Beavers
Brian Spriggs	Kim Bennett	Alan Gregory	

**Runners' and Races News**

•Paul Hunter (former winner of Woodman & Tickhill races) informs me he is still in training but semi-retired. He may come back to racing and threatens to see us as a spectator in the Road League. Firbeck 10 would suit him!

Our furthest contacts at the moment are on the south coast.

•Harry Palmer in Brighton, who is former secretary of 100k Association has written to confirm his interest in local races (hailing from Ryhill, Wakefield) particularly the vets relays as injury problems are resolving.

•I am happy to hear from Bulford Camp, Salisbury from Kevin Blades who apparently has been running well. He won the Blandford 10 in 54 minutes (pb) in September and after a disappointing New Forest marathon (3.06) did well in a local 10k series including a win in 33.06 (pb). He is training for the Portsmouth Marathon and hoping to make the army team based in York. Meanwhile he may be in our area soon and promises to join us somewhere or other.

•The Ferriby 10 did not go well for everyone. Mick Hill was clearly motivated by our publicity and decided to enter on the day. A previous competitor in for example the Worksop Half, Selby 10 and Inverness Marathon, Mick found these events in Worksop, Selby and Inverness respectively. Ferriby proved a different problem however, and finding nothing at all in Ferriby he tried North Ferriby and even South Ferriby across the bridge! This was the second running of the "Ferriby 10" at Cottingham, some ten miles away. •also nearer home. Tom Smyth called at a local filling station to make sure of his route to the Woodman, only a few hundred yards away. A kind lady lead him in her car to the Woodman (the one in Swinton, that is!)

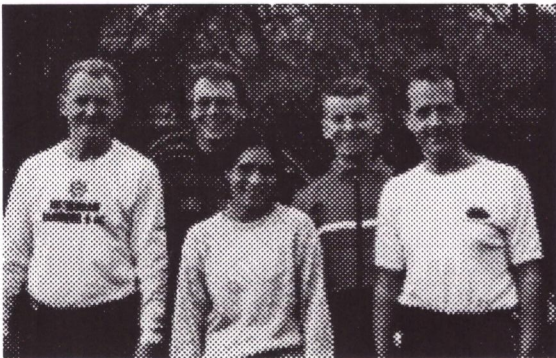
•after heartening reports Dave Haywood is waiting for a positive announcement that Rotherham MBC will underwrite the cost of road coning for the Prince of Wales Half which will then be on in its usual spot, 20th July.

•The "Advertiser" Rotherham 10k will definitely be on but it remains unsure when. If a sponsor is found for the Day of Athletics the 10k will be held as part of it on Sunday 29th May. Otherwise the 10k will probably return to its usual date Friday 17th June.

•Tony Leach (National Youth champion in the 80's) intends to do some track racing this season but feels he may have insufficient training time for road



Sat Mar 5	<b>Spen 20</b>	Prin.Mary Playing Fds, Cleckheaton 11am
Sun Mar 6	<b>Norton 9</b>	Norton, N of Doncaster 11am
Sat Mar 12	English National Cross (Men)	South Shields
Sun Mar 13	English National Cross (Women)	Blackburn
Sat Mar 19	Nottingham University relays	Notts U
Sun Mar 20	Wombwell 5	Wombwell 11am
Sun Mar 27	Sheffield 10k (Road Hogs)	Woodburn Rd 11am
Sun Mar 27	York Half	York 1.30pm
Mon Mar 28	Truncheon	Oxspring
Sat Apr 2	<b>Northern 12 Stage Relay</b>	Roberttown, Liversedge W.Yorks 11.30
Sun Apr 3	Bridlington 10k	Bridlington 11.15am
Wed Apr 6	Spencers Arms Dash	
Sun Apr 10	<b>Doncaster Half Marathon</b>	Town Fields 10.30am
Sun Apr 17	London Marathon	
Wed Apr 20	"Little" Prince of Wales 10k	Scrooby St, Rotherham 6.45pm
Sun Apr 24	Hemsworth Half	Hemsworth Water Park 10.30am
Wed Apr 27	<b>SY Road League MALTBY</b>	Miners Welfare 6.30pm
Sun May 1	Kimberworth 6	
Mon May 2	Penistone Hill Race	
Sun May 8	Milton 6	
Tue May 10	Tigers 10	Sheffield
Wed May 11	<b>SY Road League ROTHERHAM</b>	Dinnington RUFC 6.30pm
Sat May 14	Rother Valley 10k	RV Country Park noon
Wed May 18	<b>SY Road League PENISTONE</b>	Penistone FC as last year 6.30pm
Sat May 21	SY Track & Field Sen&U17	Rotherham
Sun May 22	Ernest Harper 10	Pinegrove Club, Sheffield
Wed May 25	<b>Askern 10k</b>	Askern Miners Welfare
Sat May 28	Doncaster 24h Race	
Sun May 29	<b>Rotherham 10k</b>	
Tue May 31	Hallam Chase	
Wed Jun 8	<b>SY Road League ARMTHORPE</b>	Armthorpe Welfare 6.30pm
Sun Jun 26	Sheffield Marathon & Half	
Wed Jun 29	SY Relays	Damflask
Wed Jul 20	Prince of Wales Half Marathon	Herringthorpe



Amongst the many Ferriby entrants were Dave Draycott, Tim Rooke, Indira Lathia, Phil Haigh and Mike Widdop. Phil and Mike ran pb times.

**RHAC SOCIAL MEETINGS**

In the last week of each month Janice McWilliam has organised a social evening in the Homestead after training. There is a brilliant buffet for a ridiculously low price and the Jan & Feb meetings were excellent. Do yourself a favour and come on Wednesday March 30th

1	D.Tune	49.39	<b>FERRIBY 10 6/2/94</b>	
4	P.Neal	51.13		
5	J.Stephenson	51.2		
31	J.Croft	55.41	157	J.Dunphy 63.55
39	H.O'Mara	56.25	173	P.Haigh 65.14
40	A.Gregory	56.31	176	J.Lynch 65.26
41	J.Comrie	56.35	184	J.McWilliam (4th L) 66.04
43	M.Tune	56.44	187	M.Widdop 66.25
53	G.Hammonds	57.23	192	K.Thomas 67.19
54	I.Lanceley	57.26	197	L.Godfrey 67.41
55	J.Spencer	57.28	244	D.Draycott 71.07
66	K.Bennett (1st L)	58.18	269	P.Whittaker 72.53
73	N.Brookes	58.44	291	P.Widdowson 75.23
80	P.Purdy	59.21	303	P.Ruddleston 76.21
87	R.Howarth	59.51	321	T.Rooke 80.2
90	G.Turner	60.04	373	finishers
93	S.Greaves	60.19		2nd team
95	P.Smales	60.24		7 Rotherham Harriers teams in the
103	M.Garrett	60.47		first 15
130	P.Humphries	62.23		



WINTER LEAGUES FINAL The	7	I.Lanceley
leagues are now suspended. They	7	H.Marston
achived the important objective	7	R.Varo
of helping members to recognise	7	K.Baker
each other.	8	D.Weatherburn
The leagues will restart with the	8	S.Nixon(L)
autumn time trials.	8	G.Bunker(L)*
1 P.Neal	8	D.Creamer
1 H.O'Mara	8	P.Allen
1 A.Gregory	8	D.Butler
1 J.Crofts	9	P.Stephenson
1 R.Haworth	9	P.Henry
2 P.Whittaker	9	J.Harney(L)
2 R.Self	9	R.Rowbotham
2 A.Chell	9	M.Spriggs
2 P.Humphries		
2 G.Turner		
3 D.Richards		
3 K.O'Mara		
3 P.Smales		
3 D.Whitehead		
3 K.Thomas		
4 J.Smith		
4 N.Mitchell		
4 M.Teather		
4 J.McWilliam(L)		
4 M.Rhodes		
5 P.Bussey		
5 P.Jepson		
5 M.Cochrane		
5 P.Purdy		
5 B.Spriggs		
6 P.Adams*		
6 D.Russell		
6 B.Siddle		
6 P.Staley		
6 J.Lynch		

Star performer over Winter leagues,  
Ferriby and Woodman Hugh O'Mara

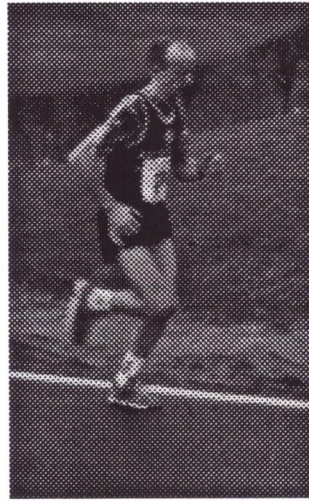


Also a very positive influence on a lot of athletes in training. Congratulations.

### WOODMAN 10k 16/2/94

Quite a good turn-out really on a very disagreeable night for this revived fixture. Thanks to all runners and social members, especially to organisers and marshalls (particlarly Trev Fisher and Alan Mincher who have organised time trials, and Pete Ruddleton.)

Pete Neal won by a street in a winter record time, but narrowly missing Nigel Brookes summer record. It is



good to see Nigel himself (pictured below at Ferriby) competing again and he put his disappointing Ferriby run behind him to take second place here.

Janice McWilliam continued her run of good results with a ladies record. Thanks also of course to Mick and Janet Sheard at the Woodman.

1	P.Neal	31.36	1st (winter record)
2	N.Brookes	33.43	2nd
3	A.Gregory	34.01	1st vet40
4	S.Gaines	34.07	3rd
5	H.O'Mara	34.24	
6	J.Comrie	34.41	
7	D.Ritchie	35.05	
8	J.Spencer	35.06	
9	M.Marsters	36.13	
10	P.Purdy	36.25	
11	B.Harney	36.33	
12	S.France (KS guest)	36.42	
13	P.Humphries	37.03	1st vet50
14	A.Smith .	37.13	
15	J.McWilliam	37.23	1st lady (course record)
16	P.Rooney (KS guest)	37.51	
17	D.Morris	38.48	
18	D.Whitehead	38.52	
19	P.Haigh	39.22	
20	R.Varo	40.32	
21	D.Booth	40.46	
22	D.Beaver	41.25	
23	B.Spriggs	42.28	
24	M.Hill	42.54	
25	D.Cooper	43.54	
26	S.Nixon	44.49	2nd lady
27	K.Dutton	44.56	
28	J.Harney	45.23	1st lady vet
29	B.Morgan	45.41	
30	I.Horseley	46.05	
31	D.Weatherburn	47.51	

### Club Championship List

Sun 6 Feb	Ferriby 10, Hull
Sat 5 Mar	Spennithorne 20, Spennithorne
Sun 6 Mar	Norton 9, N of Doncaster
Sun 10 Apr	St.Leger Half, Doncaster
Wed 27 Apr	SY Road League 1 at Maltby
Wed 11 May	SY Road League 2 RHAC at Dinnington
Wed 18 May	SY Road League 3 at Penistone
Wed 25 May	Askern 10k
Sun 29 May	Rotherham 10k
Sun 5 June	Stainforth 10
Wed 8 June	SY Road League 4 (last) at Armthorpe
Sun 26 June	Sheffield Marathon or Sheffield Half
Wed 6 July	RHAC Club 10 (Tickhill) (provisional date)
? July	Pennine Marathon, Huddersfield (finding date)
Sun 17 July	Barnsley 6
? Sept	Great North Run, Newcastle (finding date)
Sun 9 Oct	Maltby 10
Sun 16 Oct	Hallcross 10k, Doncaster
Sun 30 Oct	<b>Holmfirth 15</b>
Sun 20 Nov	Barnsley 10k (provisional date)
Sun 6 Dec	Abbey Dash (10k), Leeds