

Abbey Dash Maltby 3/7/19

There was another big KMR field for the Maltby Abbey Dash on July 3<sup>rd</sup>, the fifth event of the series and again a great evening for all concerned, with a fine race and top social after at the Catholic Club.

Also a wide spread of South Yorkshire and neighbouring clubs with Clowne and Killamarsh prominent near the front. However it was Rotherham Harriers who took the major honours with Ben Hague and Cathy Eddison winning the men's and ladies' race. Each of them established an early lead and outpaced the opposition by over two minutes over the challenging trail course around Roche Abbey.

Way behind Ben there were still clear gaps of between half a minute and a minute as Lewis Banton (Clowne) and Paul Unsworth (Killamarsh) completed the podium with fourth and fifth going to Colin Honeyman (Killamarsh) who took vet 50 and Steve Marshall (Rotherham) who won vet 40.

Samantha Cotton (Kimberworth) came home second for the ladies, and she too had a big lead, some two minutes-plus before Sarah Allcard (Steel City) in third place.

Awards in age categories were shared, with a good showing by Kimberworth and Maltby spearheaded as usual by a fierce vet-60 showing by Steve Lowndes in 12<sup>th</sup> place, while the host club had under-20 Joe Lister in 35<sup>th</sup>.

#### Awards: Men

1st Ben Hague (Rotherham HAC 25.09), 2nd Lewis Banton (Clowne RR 27.17), 3rd Paul Unsworth (Killamarsh Kestrels 27.43), MU20 Joe Lister (Maltby RC 33.46), MV40 Steve Marshall (Rotherham HAC 28.50), MV50 Colin Honeyman (Killamarsh Kestrels 28.17), MV60 Steve Lowndes (Kimberworth Striders 30.00),

#### Awards: Ladies

1st Catherine Eddison (Rotherham HAC 30.23), 2nd Samantha Cotton (Kimberworth Striders 32.30), 3rd Sarah Allcard (Steel City Striders 35.14), FV35 Louise Lowe (Clowne RR 37.11), FV45 Gail Barber (Maltby RC 37.00), FV55 Dawn Broom (Penistone FR 38.42), FV65 Caroline Boyd (Maltby RC 44.10)

The next race in series is number six, on Wednesday 17<sup>th</sup> July, presented by Rotherham HAC, and sees a certified 5k course in the Rockingham estate at Wingfield, starting at 7.15, and finishing on Greasbrough recreation ground with entries from 5.30pm at Milton Arms.

**In the series results** there are some interesting developments though with seven races currently left a lot can change: senior men, ladies vet-60 and men vet-70 have scope for significant action, but don't leave it too late.

Runners with only one or two results can of course still win the series, but out of interest clear 'favourites' otherwise with 5 results so far are:

Senior lady: Anne Homer (RHAC) and Helen Doyle (KS) , Lady vet 50: Gail Barber (MRC), Lady vet 65: Caroline Boyd (MRC), Male vet 40: Keith Charles (RHAC), Male vet 45: Steve Marshall and Neil Mason (both RHAC), Male vet 50: Graham Dodd (Valley Hill), Male vet 60: Steve Lowndes (KS), Male vet 65: Tom Charles (RHAC)

Note: awards are strictly in 5-year category based on age at 14/4/2019.

For fixtures, scoring and results go to [www.kmrseries.co.uk](http://www.kmrseries.co.uk)