



Damflask Road Relays 25th June 2019 Incorporating the South Yorkshire Road Relay Championships



Sponsored by **UP & RUNNING**

Womens/Mens M60 Results 2019

Pos	Num	Club	Category	Time	Leg A	Leg B	Leg C
1	128	Hallamshire Harriers	Senior Women	62:42	Charlotte Ward 20:18 (2)	Hannah May Fletcher 21:19 (1)	Nicola Squires 21:05 (1)
2	133	Rotherham Harriers	Senior Women	63:36	sarah lowery 20:22 (3)	keri pearson 22:28 (2)	jenny blizard 20:46 (2)
3	179	Steel City Striders	Senior Women	66:11	Caroline Brock 21:42 (6)	Nicola Birch 23:03 (5)	Sian Evans 21:26 (3)
4	129	Hallamshire Harriers	Senior Women	68:28	Charlotte Slack 21:40 (5)	Lilly Fletcher 22:16 (3)	Laura Trask 24:32 (4)
5	159	Totley AC	Womens F35	69:04	Fiona Kesteven 22:31 (10)	Jaimie Buckley 23:45 (9)	Jenny Featherstone 22:48 (5)
6	160	Totley AC	Womens F45	69:13	Claire Howard 22:36 (12)	Celia Naylor 23:15 (7)	Liz Lewin 23:22 (6)
7	134	Rotherham Harriers	Womens F45	69:21	diane elliott 24:36 (20)	natalie harris 23:20 (14)	fiona davies 21:25 (7)
8	140	Barnsley AC	Womens F35	69:38	Christina Laking 21:48 (7)	Sarah Gough 23:47 (6)	Lydia Race 24:03 (8)
9	187	Kimberworth Striders	Womens F35	70:11	Lindsay James 21:53 (8)	Joanne Bolton 24:02 (8)	Adelle Marsden 24:16 (9)
10	156	Sheffield RC	Senior Women	71:19	Phillipa Williams 19:56 (1)	Rachel Miller 24:31 (4)	Abi Knight 26:52 (10)
11	163	Totley AC	Senior Women	71:54	Hazel Farnell 22:49 (13)	Despina Berdeni 24:06 (12)	Jenny Armstrong 24:59 (11)
12	197	Kimberworth Striders	Mens M60	72:10	Steven Lowndes 21:31 (4)	Malcom Senior 25:01 (10)	Patrick Rooney 25:38 (12)
13	161	Totley AC	Womens F35	72:14	Carla Gibbons 23:33 (17)	Carlene Rowson 25:04 (17)	Caz Kay 23:37 (13)
14	188	Kimberworth Striders	Senior Women	73:02	Eilena Woodhead 23:47 (18)	Rebecca Hunt 24:08 (13)	Natalie Sheldon 25:07 (14)
15	171	Totley AC	Mens M60	74:00	Will Alves 27:57 (53)	Tony Whitehouse 22:30 (21)	Mark Goodison 23:33 (15)
16	135	Rotherham Harriers	Senior Women	74:04	catherine eddison 22:21 (9)	lizzie hutson 24:15 (11)	lindsay whitaker 27:28 (16)
17	117	Denby Dale AC	Womens F35	74:33	Bridget Coomber 22:35 (11)	Jo Worboys-Hodgson 25:54 (15)	Rachel Lee 26:04 (17)
18	102	Penistone Footpath Runners	Womens F35	74:42	Becky Timms 24:38 (21)	Faye Williams 25:15 (20)	Lesley Parker 24:49 (18)
19	141	Barnsley AC	Womens F45	74:54	Gail Colville 24:00 (19)	Janette Jackson 28:23 (29)	Kerry Storrar 22:31 (19)
20	157	Sheffield RC	Senior Women	76:14	Grace Escott Tebbutt 25:23 (28)	Claire Wolstenholme 25:43 (25)	Jennifer Elsegood 25:08 (20)
21	198	Sheffield RC	Mens M60	76:49	Les Morton 25:00 (23)	Gary Podmore 23:30 (16)	Alan Pickard 28:19 (21)
22	203	Askern DRC	Mens M60	76:57	Stan Williams 26:11 (42)	Brian Watts 23:21 (18)	Graham Werrett 27:25 (22)
23	180	Steel City Striders	Senior Women	77:16	Amy Earnshaw 23:19 (15)	Harriet Davies 27:13 (23)	Katie Hendry 26:44 (23)
24	166	Totley AC	Womens F35	78:04	Rachel Biggin 25:35 (31)	Rachel Bird 26:15 (27)	Sarah Hull 26:14 (24)
25	101	Penistone Footpath Runners	Senior Women	78:07	Sam Shaw 23:32 (16)	Ellie Brightmore 27:02 (24)	Rhianna Bamford 27:33 (25)
26	183	Steel City Striders	Womens F35	78:08	Charl Narozanska 22:58 (14)	Nicola Ross 26:47 (19)	Sarah Ward 28:23 (26)
27	118	Denby Dale AC	Senior Women	78:29	Sarah Stead 26:08 (41)	Katie Sharp 25:59 (28)	Emma Worsley 26:22 (27)
27	139	Barnsley AC	Mens M60	78:29	Dave Allembly 25:49 (37)	Kevin Manley 27:23 (35)	Dean Wallace 25:17 (27)
29	103	Penistone Footpath Runners	Womens F35	79:23	Jemma Williams 26:49 (45)	Julia Cobham 25:59 (33)	Sarah Walch 26:35 (29)
30	113	Danum Harriers	Senior Women	79:27	Lynn Hutchinson 26:46 (44)	Tara Burkill 25:45 (30)	Eleanor Bull 26:56 (30)
31	168	Totley AC	Senior Women	79:59	Sarah Christian 25:30 (29)	Charlotte Goodison 28:11 (38)	Roz Massey 26:18 (31)
32	138	Askern DRC	Senior Women	80:13	Susie Hinchcliffe 25:12 (25)	Petra Kubasova 32:15 (55)	Karen Ball 22:46 (32)
33	169	Totley AC	Womens F35	80:45	Clare Howarth 25:45 (36)	Gemma Gladwin 26:55 (32)	Lucy Smith 28:05 (33)
34	107	Penistone Footpath Runners	Mens M60	80:46	Bill Phillips 25:38 (33)	Stuart Woodhead 26:57 (31)	Keith Gordon 28:11 (34)
35	119	Denby Dale AC	Womens F35	81:20	Jennifer Esty 25:35 (31)	Jennfier Probert 28:25 (39)	Samara Wood 27:20 (35)
36	173	Kingstone	Senior Women	81:38	lisa malloy 25:03 (24)	paula newton 28:37 (37)	katie sharmen 27:58 (36)
37	181	Steel City Striders	Senior Women	81:43	Alice Thomas 27:14 (50)	Helen Jones 27:40 (43)	Gemma Wallace 26:49 (37)
38	146	Barnsley Harriers	Senior Women	81:54	Emma Moorhouse 27:44 (52)	Kelly Ford 27:27 (45)	Rachel Jardine 26:43 (38)
39	165	Totley AC	Womens F55	81:56	Anne Hegarty 25:34 (30)	Pat Goodall 27:52 (36)	Yvonne Twelvetree 28:30 (39)
40	184	Steel City Striders	Senior Women	82:07	Emma Fitzgerald 29:26 (62)	Sally Twigg 29:23 (60)	Caroline Brock 23:18 (40)
41	127	Doncaster AC	Womens F35	82:17	Marie-Louise Taylor 26:01 (40)	Andrea Robinson 30:10 (49)	Rose James 26:06 (41)
42	186	Steel City Striders	Womens F55	82:26	Nicky Rafferty 24:56 (22)	Dot Kesterton 26:14 (26)	Dawn Jackson 31:16 (42)
43	105	Penistone Footpath Runners	Womens F45	82:46	Rachel Mayston 25:52 (38)	Jacqueline Howsham 28:12 (40)	Valentina Wright 28:42 (43)
44	109	Clowne RR	Senior Women	83:01	Hannah Sharpe 25:22 (27)	Julie King 27:45 (34)	Allison Preece 29:54 (44)
45	185	Steel City Striders	Womens F45	84:13	C Greenough 26:56 (47)	Mandy Delaney 27:11 (41)	Vikki McAuley 30:06 (45)
46	124	Doncaster AC	Senior Women	84:29	Lisa Fouweather 26:55 (46)	Rebecca Coats 27:45 (42)	Dawn Goodings 29:49 (46)
47	106	Penistone Footpath Runners	Womens F55	85:04	Dawn Broom 25:39 (34)	Dawn Godley 30:46 (52)	Heather Lindley 28:39 (47)
48	142	Barnsley AC	Senior Women	85:20	Vicky Hudson 25:40 (35)	Sarah Burton 30:42 (51)	Faye Lund 28:58 (48)
49	172	Killamarsh Kestrels	Senior Women	86:09	Angela Millns 31:31 (73)	Alicia Parkes 27:41 (61)	Michele Thompson 26:57 (49)
50	189	Kimberworth Striders	Senior Women	86:12	Vicki Beckitt 27:58 (54)	Jessica Dods 28:42 (53)	Becky Moran 29:32 (50)
51	164	Totley AC	Womens F45	86:19	Deborah Lodge 27:06 (49)	Helen Young 29:00 (48)	Lindsay Evans 30:13 (51)
52	182	Steel City Striders	Senior Women	86:27	Aisling Redmond 27:01 (48)	Louise Cousins 31:36 (58)	Anna Howard 27:50 (52)
53	190	Kimberworth Striders	Womens F45	86:31	Sarah Millns 27:30 (51)	Leanne Race 28:19 (47)	Melanie Edwards 30:42 (53)



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Womens/Mens M60 Results 2019

54	104	Penistone Footpath Runners	Womens F35	86:51	Jill Carlton	26:37	(43)	Jude Matthews	28:40	(46)	Myfanwy Cross	31:34	(54)
55	110	Clowne RR	Senior Women	87:22	Katy Taylor	32:03	(76)	Jo Johnson	27:59	(65)	Hannah Sharpe	27:20	(55)
56	132	Team manvers	Womens F45	88:01	Helen Thoday	31:01	(68)	Kim Davis	28:15	(62)	Louise Darby	28:45	(56)
57	130	Team manvers	Womens F35	88:13	Teresa Hubery	28:18	(58)	Jenny Jones	26:49	(44)	Stef Hodgson	33:06	(57)
58	108	Penistone Footpath Runners	Senior Women	88:33	Georgina Doyle	30:15	(66)	Seuranie Johnstone	28:27	(59)	Caroline Entwistle	29:51	(58)
59	145	Barnsley Harriers	Womens F45	89:16	Julie Riding	29:20	(61)	Tracy Hughes	26:53	(50)	Anne Kavanagh	33:03	(59)
60	158	Sheffield RC	Senior Women	89:18	Helen Anayiotos	28:09	(57)	Louise Woffindin	35:26	(73)	Emily Ireland	25:43	(60)
61	114	Danum Harriers	Senior Women	90:37	Rosie Jones	29:58	(64)	Laura Sydney	30:26	(67)	Nicola Wilkinson	30:13	(61)
62	136	Rotherham Harriers	Senior Women	91:28	gillian neal	28:51	(59)	rebecca marsden	31:25	(66)	sasha gallacher	31:12	(62)
63	120	Denby Dale AC	Womens F35	91:34	Sally Campbell	28:05	(56)	Clara Ong	29:30	(56)	Tracey Pearson	33:59	(63)
64	149	Barnsley Harriers	Senior Women	91:41	Emma Jones	29:03	(60)	Marie Hemingway	30:36	(63)	Laura Bennett	32:02	(64)
65	121	Denby Dale AC	Womens F35	92:15	Abbie Dagg	31:09	(70)	Jennifer Nutting	31:16	(70)	Sarah Everett	29:50	(65)
66	125	Doncaster AC	Womens F45	93:44	Jody Breeze	32:59	(85)	Sharon Carson	28:10	(69)	Julie Cull	32:35	(66)
67	150	Barnsley Harriers	Senior Women	94:03	Hayley Poole	30:12	(65)	Ruth Blackburn	30:34	(68)	Terri Keadin	33:17	(67)
68	191	Kimberworth Striders	Womens F45	94:04	Fiona Earl	31:01	(68)	Louise Siddall	31:50	(71)	Janet Clark	31:13	(68)
69	167	Totley AC	Womens F55	94:08	Su Ward	28:03	(55)	Jane Harriman	29:13	(54)	Cressida Goodison	36:52	(69)
70	122	Denby Dale AC	Senior Women	94:29	Rosalind Bedford	31:52	(75)	Sue Kaye	32:46	(76)	Emma Robinson	29:51	(70)
71	131	Team manvers	Womens F45	95:51	Diane Barron	32:45	(81)	Diane Spencer	32:21	(78)	Debbie Pepper	30:45	(71)
72	200	Valley Hill Runners	Womens F35	97:23	Helen Bowskill	26:00	(39)	Gemma Randall	32:08	(57)	Maxine Gregory	39:15	(72)
73	194	Kimberworth Striders	Womens F35	97:31	Amy Clements	32:10	(77)	Natalie Lowe	32:13	(75)	Jennie Renshaw	33:08	(73)
74	137	Rotherham Harriers	Womens F45	98:15	michelle eddison	34:05	(89)	alison brown	30:56	(77)	janet dutton	33:14	(74)
75	112	Danum Harriers	Womens F45	98:23	Caroline Greening	32:25	(79)	Debs Procter	31:04	(72)	Lyndsey Swain	34:54	(75)
76	192	Kimberworth Striders	Senior Women	98:31	Louise Taylor	37:16	(95)	Honor Hamshaw	30:54	(83)	Amanda Wassell	30:21	(76)
77	115	Danum Harriers	Womens F35	99:03	Nikki Peet	34:40	(92)	Beverley Harland	33:15	(82)	Joanne Waugh	31:08	(77)
78	175	Kingstone	Womens F35	99:57	anna gould	32:14	(78)	tracey wright	37:25	(88)	zoe goddard	30:18	(78)
79	153	doncaster tri club	Womens F35	100:20	Mandy Ashton	32:51	(84)	Sarah Sutherland	31:19	(74)	Jodie Lockwood	36:10	(79)
80	199	Valley Hill Runners	Womens F35	100:45	Eliza Anne	29:33	(63)	Jodie Bonner	35:39	(79)	Julia Price Winder	35:33	(80)
81	174	Kingstone	Senior Women	101:39	sam jones	30:37	(67)	claire malloy	36:41	(81)	ruth gardiner	34:21	(81)
82	143	Barnsley AC	Womens F35	101:47	Jane Manley	32:38	(80)	Sharon Moore	34:34	(80)	Joy Benson	34:35	(82)
83	176	Kingstone	Womens F35	102:08	j cunningham	34:41	(93)	jane harrod	34:41	(87)	lindsay shaw	32:46	(83)
84	202	Askern DRC	Womens F35	102:37	Mair Claire Church	31:10	(71)	Sally Weston	37:39	(85)	Christine Peacock	33:48	(84)
85	170	Totley AC	Womens F55	103:57	Sarah Whitehouse	38:00	(97)	Caryl Hartwright	32:55	(90)	Harriet Eisner	33:02	(85)
86	96	Valley Hill Runners	Womens F45	104:17	Wendy Duggan	33:24	(86)	Suzanne Hague	35:46	(86)	Kimberley Lucas	35:07	(86)
87	111	Clowne RR	Womens F35	104:21	Liz Close	34:23	(90)	SJ Massingham	36:49	(91)	Bridget Hemstock	33:09	(87)
88	148	Barnsley Harriers	Womens F45	104:29	Lisa Smith	34:47	(94)	Cherie Miller	35:20	(89)	Julie Nugent	34:22	(88)
89	177	Kingstone	Womens F35	105:19	jane banks	31:27	(72)	tracey love	37:21	(84)	lyn taker	36:31	(89)
90	178	Kingstone	Womens F45	106:18	julie gough	32:50	(83)	christina scott	41:44	(94)	victoria gardiner	31:44	(90)
91	151	Barnsley Harriers	Senior Women	106:39	Kay Conway	32:48	(82)	Rachel Roddis	39:53	(92)	Amy Lambert	33:58	(91)
92	196	Kimberworth Striders	Senior Women	107:25	Yvonne Howitt	33:50	(88)	Ellena Woodhead	25:52	(64)	Holly Anderson	47:43	(92)
93	147	Barnsley Harriers	Senior Women	107:45	Catherine Fraser	40:52	(100)	Katie Cadwell	37:31	(99)	Emma Moorhouse	29:22	(93)
94	195	Kimberworth Striders	Womens F35	108:52	Vicky Bell	31:50	(74)	Yvonne Mills	41:46	(93)	Nicola Smith	35:16	(94)
95	193	Kimberworth Striders	Womens F45	109:14	Tina Bell	33:25	(87)	Tracy Lever	42:39	(96)	Julie Lindsay	33:10	(95)
96	95	Valley Hill Runners	Womens F45	111:40	Bernie Harding	38:30	(98)	Judith Cooper	38:11	(97)	Claire Davenport	34:59	(96)
97	154	doncaster tri club	Womens F35	112:26	Karen Warburton	38:30	(98)	Claire Wellington	39:52	(98)	Sharon Maughan	34:04	(97)
98	152	Barnsley Harriers	Womens F35	118:34	Lisa Turp	37:17	(96)	Pam Kirk	49:19	(100)	Fiona Wilson	31:58	(98)
99	155	Sheffield RC	Womens F45	120:21	Irina Inayat	34:33	(91)	Elaine Shortridge	40:16	(95)	Rebecca Pierce	45:32	(99)
X	123	Doncaster AC	Mens M60		Pete Wade	25:17	(26)	Malcolm Leggett	25:12	(22)			



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Womens/Mens M60 Results 2019





Damflask Road Relays 25th June 2019
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Womens Fastest 50

	Num	Name	Club	Category	Leg	Leg	Time	Gain/Loss
1	156	Phillipa Williams	Sheffield RC	Senior Women	1	A	19:56	
2	128	Charlotte Ward	Hallamshire Harriers	Senior Women	1	A	20:18	
3	133	sarah lowery	Rotherham Harriers	Senior Women	1	A	20:22	
4	133	jenny blizard	Rotherham Harriers	Senior Women	3	C	20:46	
5	128	Nicola Squires	Hallamshire Harriers	Senior Women	3	C	21:05	
6	128	Hannah May Fletcher	Hallamshire Harriers	Senior Women	2	B	21:19	1
7	134	fiona davis	Rotherham Harriers	Womens F45	3	C	21:25	7
8	179	Sian Evans	Steel City Striders	Senior Women	3	C	21:26	2
9	197	Steven Lowndes	Kimberworth Striders	Mens M60	1	A	21:31	
10	129	Charlotte Slack	Hallamshire Harriers	Senior Women	1	A	21:40	
11	179	Caroline Brock	Steel City Striders	Senior Women	1	A	21:42	
12	140	Christina Laking	Barnsley AC	Womens F35	1	A	21:48	
13	187	Lindsay James	Kimberworth Striders	Womens F35	1	A	21:53	
14	129	Lilly Fletcher	Hallamshire Harriers	Senior Women	2	B	22:16	2
15	135	catherine eddison	Rotherham Harriers	Senior Women	1	A	22:21	
16	133	keri pearson	Rotherham Harriers	Senior Women	2	B	22:28	1
17	171	Tony Whitehouse	Totley AC	Mens M60	2	B	22:30	32
18	159	Fiona Kesteven	Totley AC	Womens F35	1	A	22:31	
18	141	Kerry Storrar	Barnsley AC	Womens F45	3	C	22:31	10
20	117	Bridget Coomber	Denby Dale AC	Womens F35	1	A	22:35	
21	160	Claire Howard	Totley AC	Womens F45	1	A	22:36	
22	138	Karen Ball	Askern DRC	Senior Women	3	C	22:46	23
23	159	Jenny Featherstone	Totley AC	Womens F35	3	C	22:48	4
24	163	Hazel Farnell	Totley AC	Senior Women	1	A	22:49	
25	183	Charl Narozanska	Steel City Striders	Womens F35	1	A	22:58	
26	179	Nicola Birch	Steel City Striders	Senior Women	2	B	23:03	1
27	160	Celia Naylor	Totley AC	Womens F45	2	B	23:15	5
28	184	Caroline Brock	Steel City Striders	Senior Women	3	C	23:18	20
29	180	Amy Earnshaw	Steel City Striders	Senior Women	1	A	23:19	
30	134	natalie harris	Rotherham Harriers	Womens F45	2	B	23:20	6
31	203	Brian Watts	Askern DRC	Mens M60	2	B	23:21	24
32	160	Liz Lewin	Totley AC	Womens F45	3	C	23:22	1
33	198	Gary Podmore	Sheffield RC	Mens M60	2	B	23:30	7
34	101	Sam Shaw	Penistone Footpath Runners	Senior Women	1	A	23:32	
35	161	Carla Gibbons	Totley AC	Womens F35	1	A	23:33	
36	171	Mark Goodison	Totley AC	Mens M60	3	C	23:33	6
37	161	Caz Kay	Totley AC	Womens F35	3	C	23:37	4
38	159	Jaimie Buckley	Totley AC	Womens F35	2	B	23:45	1
39	188	Ellena Woodhead	Kimberworth Striders	Senior Women	1	A	23:47	
39	140	Sarah Gough	Barnsley AC	Womens F35	2	B	23:47	1
41	141	Gail Colville	Barnsley AC	Womens F45	1	A	24:00	
42	187	Joanne Bolton	Kimberworth Striders	Womens F35	2	B	24:02	
43	140	Lydia Race	Barnsley AC	Womens F35	3	C	24:03	-2
44	163	Despina Berdeni	Totley AC	Senior Women	2	B	24:06	1
45	188	Rebecca Hunt	Kimberworth Striders	Senior Women	2	B	24:08	5
46	135	lizzie hutson	Rotherham Harriers	Senior Women	2	B	24:15	-2
47	187	Adelle Marsden	Kimberworth Striders	Womens F35	3	C	24:16	-1
48	156	Rachel Miller	Sheffield RC	Senior Women	2	B	24:31	-3
49	129	Laura Trask	Hallamshire Harriers	Senior Women	3	C	24:32	-1
50	134	diane elliott	Rotherham Harriers	Womens F45	1	A	24:36	



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Mens Results 2019

Pos	Num	Club	Category	Time	Leg A	Leg B	Leg C	Leg D				
1	45	Hallamshire Harriers	Senior Men	72:14	Cameron Bell	17:58 (2)	James McCrae	18:15 (1)	Robert Smith	18:20 (1)	Connor Milnes	17:41 (1)
2	29	Rotherham Harriers	Senior Men	74:20	lee milburn	17:53 (1)	arron larkin	18:32 (2)	tom halloway	19:03 (2)	gareth sampson	18:52 (2)
3	46	Hallamshire Harriers	Senior Men	76:09	Phil Radford	18:39 (4)	John Birch	18:34 (4)	David Lewis	19:30 (3)	Craig Fishwick	19:26 (3)
4	1	Penistone Footpath Runners	Senior Men	76:14	Scott Hinchcliffe	18:21 (3)	Gareth Cooke	18:45 (3)	Andrew Heppenstall	19:58 (4)	Gary Briscoe	19:10 (4)
5	51	Totley AC	Senior Men	76:29	Ben Griffiths	19:23 (9)	Jake Lane	19:18 (6)	Jamie Rutherford	19:08 (6)	Steve Franklin	18:40 (5)
6	10	Clowne RR	Senior Men	77:15	Daniel Page	19:23 (9)	Lewis Banton	19:36 (8)	Gareth Lowe	18:39 (5)	Gary Cadman	19:37 (6)
7	63	Steel City Striders	Senior Men	79:26	Phil Skelton	18:49 (5)	Stu Carrack	19:55 (7)	Andy Norton	21:26 (11)	Joe S Powell	19:16 (7)
8	38	Barnsley Harriers	Senior Men	79:51	Paul Johnson	19:22 (8)	Rich Spooner	19:54 (9)	Alan Ford	19:45 (7)	David Hanks	20:50 (8)
9	30	Rotherham Harriers	Mens M40	81:25	chris griffiths	19:54 (14)	steve marshall	20:14 (13)	david tune	19:57 (9)	simon scully	21:20 (9)
10	52	Totley AC	Senior Men	81:31	Dave Millns	19:38 (12)	Sam Mellor	21:31 (17)	Aidan Linskill	20:51 (18)	Charlie Baker	19:31 (10)
11	75	Kimberworth Striders	Mens M40	81:47	Owen James	19:33 (11)	Dan Birkinshaw	20:55 (14)	Shaun Wright	20:29 (13)	Steve O'Neill	20:50 (11)
12	25	Doncaster AC	Senior Men	81:48	George Rowland	19:49 (13)	James Osborne	20:16 (12)	Phil Whitehead	21:01 (14)	Joe Warren	20:42 (12)
13	34	Barnsley AC	Senior Men	81:58	Brendan Moody	19:14 (7)	Joshua Bird	21:31 (15)	Christopher Gillott	21:06 (17)	Stuart Wilson	20:07 (13)
14	48	Sheffield RC	Senior Men	82:02	Stephen Davison	20:03 (15)	David Addenbrooke	19:50 (10)	Stuart Scott	20:09 (8)	Rob Addenbrooke	22:00 (14)
14	64	Steel City Striders	Senior Men	82:02	Conor O'Boyle	20:24 (20)	S Schubeler	20:29 (16)	Sam Brown	20:32 (15)	Ronan Charlton	20:37 (14)
16	84	Sheffield RC	Mens M40	82:28	Bruno Beckett	20:22 (18)	Rob Cassy	19:38 (11)	Steve Cox	20:43 (12)	Chris Ireland	21:45 (16)
17	23	Doncaster AC	Mens M40	82:43	Peter Tallents	20:30 (25)	Chris Morran	20:54 (19)	Peter Badger	20:03 (16)	Martin James	21:16 (17)
18	54	Totley AC	Mens M40	82:57	Neil Stabbs	20:20 (17)	Colin Osbourne	21:10 (21)	James Biggin	20:57 (20)	Al Buckley	20:30 (18)
19	11	Clowne RR	Senior Men	83:22	Graham Worsfold	20:44 (28)	Nick Fowler	21:48 (29)	Matthew Martin	20:07 (23)	Jordan Street	20:43 (19)
20	76	Kimberworth Striders	Senior Men	83:30	John Hackleton	20:27 (23)	Chris Cotton	21:15 (24)	Neil Grocutt	20:48 (21)	Lee Dodds	21:00 (20)
21	20	Denby Dale AC	Senior Men	83:49	James Mumford	20:29 (24)	Ross McClelland	20:54 (18)	Dave Turnbull	21:01 (19)	Stuart Nutting	21:25 (21)
22	65	Steel City Striders	Senior Men	84:39	Paul Middlemass	20:26 (22)	James Fulcher	21:14 (23)	David Forrest	21:12 (24)	Nick Scarlett	21:47 (22)
23	68	Steel City Striders	Mens M40	84:43	Chris Guy	21:05 (32)	Adam Brooks	20:40 (25)	Jonathan Crook	20:46 (22)	Colin Hardy	22:12 (23)
24	49	Sheffield RC	Senior Men	85:06	Matt Worthington	21:10 (33)	Craig Renton	22:02 (31)	Mark Hampton	21:05 (29)	Jack Nuttgens	20:49 (24)
25	4	Penistone Footpath Runners	Mens M40	85:36	Shaun Dimelow	20:37 (27)	Martin Ball	21:12 (26)	Jon Waller	21:34 (26)	Bryan Harrod	22:13 (25)
26	7	Penistone Footpath Runners	Mens M50	85:47	Daren Nockles	20:22 (18)	Andrew Pearson	21:10 (22)	Robert Davies	22:30 (27)	Matt Robinson	21:45 (26)
27	88	Steel City Striders	Senior Men	86:01	Matt Connell	20:31 (26)	David Whittaker	21:38 (27)	Tom Pickering	21:59 (28)	Jonathan Shaw	21:53 (27)
28	57	Killamarsh Kestrels	Senior Men	86:08	Adam Dyson	21:14 (35)	Simon Dickson	23:17 (34)	Danes Buller	21:07 (30)	Paul Unsworth	20:30 (28)
29	55	Totley AC	Mens M50	87:09	Steve Pope	20:18 (16)	Mark Jacobi	22:12 (28)	Rob Owen	23:22 (31)	Mat Sedgewick	21:17 (29)
30	58	Killamarsh Kestrels	Mens M40	88:06	Colin Honeyman	20:25 (21)	Stephen Crownshaw	21:01 (20)	Paul Reaney	21:54 (25)	Chris Brown	24:46 (30)
31	50	Sheffield RC	Senior Men	88:58	Rob Addenbrooke	20:56 (31)	Alex Plant	22:30 (32)	Richard Ward	23:41 (33)	Chris Moss	21:51 (31)
32	53	Totley AC	Senior Men	89:04	Alistair Wood	22:16 (43)	Edward Goodison	24:02 (45)	Matt Burden	21:57 (39)	Tom Beaumont	20:49 (32)
33	69	Steel City Striders	Mens M40	89:17	Richard Carter	21:55 (38)	Al Cook	22:29 (33)	Tom Bassingdale	22:56 (36)	Robert Dawson	21:57 (33)
34	12	Clowne RR	Senior Men	89:22	Christopher Amery	22:26 (48)	Dan Harpham	23:01 (41)	Carl Dyke	23:10 (40)	Lewis Banton	20:45 (34)
35	21	Denby Dale AC	Mens M40	89:42	Adam Bloomfield	22:40 (49)	Paul Fairburn	23:27 (43)	Andrew DuFeu	21:58 (38)	Matt Caie	21:37 (35)
36	85	Sheffield RC	Mens M40	90:03	Ben Key	22:25 (47)	Gareth Irvine	22:08 (35)	Kelly Dorset	22:39 (35)	Phil Johnson	22:51 (36)
37	2	Penistone Footpath Runners	Senior Men	90:06	Lee Storey	20:55 (30)	Simon Pike	22:11 (30)	Ian Walker	23:45 (32)	Dan Limb	23:15 (37)
38	77	Kimberworth Striders	Senior Men	91:13	Steven Beckett	22:15 (42)	Simon Hopkins	22:26 (36)	Tom Burns	22:29 (34)	Andrew Hedison	24:03 (38)
39	66	Steel City Striders	Senior Men	92:26	Ed Startup	22:06 (40)	Seth Kirby	23:04 (39)	Joe Sinnott	23:51 (42)	Steve Smith	23:25 (39)
40	86	Sheffield RC	Mens M40	92:57	Callum Clifford	22:02 (39)	Brendon Smith-Westergaa	22:45 (37)	James Thompson	23:59 (41)	C M Heggis	24:11 (40)
41	16	Danum Harriers	Senior Men	93:22	Jim Holloway	21:11 (34)	Nathan Murphy	26:14 (51)	Michael Plant	23:29 (48)	John Worthington	22:28 (41)
42	41	Barnsley Harriers	Senior Men	93:26	Jon Carr	24:01 (61)	Shaun Swallow	24:06 (59)	John Galloway	24:46 (56)	Paul Johnson	20:33 (42)
43	72	Steel City Striders	Mens M50	93:44	Jonathan Legon	23:23 (54)	Andy Buck	22:45 (44)	David Maloney	24:25 (46)	Michael Squires	23:11 (43)
44	31	Rotherham Harriers	Mens M50	94:23	dean norton	21:37 (37)	john comrie	23:46 (40)	andrew roscamp	24:42 (44)	peter neal	24:18 (44)
45	43	doncaster tri club	Senior Men	94:35	SteveMcAleavy	22:43 (50)	Richard Chandler	24:08 (48)	simon clark	24:56 (50)	Greg Lyle	22:48 (45)
46	78	Kimberworth Striders	Mens M50	94:51	Colin Earl	22:19 (45)	Howard Platt	25:44 (58)	Graham Dodd	22:16 (45)	Paul Greenwood	24:32 (46)
47	70	Steel City Striders	Mens M40	94:58	Nick Burns	23:12 (53)	Adam McAuley	24:01 (49)	Chris Lawson	23:21 (47)	Ian Stinson	24:24 (47)
48	39	Barnsley Harriers	Mens M50	95:54	Kevin Wood	24:27 (66)	Jerry Fisher	23:52 (61)	Shaun Clarkson	24:03 (52)	Stephen Phillips	23:32 (48)
49	61	Kingstone	Senior Men	95:55	dan haywood	20:45 (29)	j charlesworth	24:02 (37)	tim webster	22:50 (37)	tony gardener	28:18 (49)
50	27	Team Manvers	Mens M50	95:57	Neil Mower	24:28 (67)	Mick Pepper	24:05 (63)	John Spencer	24:03 (53)	Stephen Rowbotham	23:21 (50)
51	33	Rotherham Harriers	Mens M40	97:05	paul risley	22:16 (43)	neil mason	24:10 (46)	andy eblet	25:06 (49)	john dutton	25:33 (51)
52	93	Sheffield RC	Mens M40	97:34	Trevor Neville	22:46 (51)	Nick Watson	24:56 (54)	Paul McWhirter	26:27 (65)	Gary Baker	23:25 (52)
53	59	Kingstone	Mens M50	97:43	johnathan hall	23:29 (55)	mark rawnsley	24:07 (52)	douglas scott	25:11 (55)	steven holder	24:56 (53)
54	22	Denby Dale AC	Senior Men	98:17	Phil Ellis	24:57 (70)	Steve Sharp	25:13 (71)	Tom Shelton	24:04 (66)	Steve Skidmore	24:03 (54)



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Mens Results 2019

55	3	Penistone Footpath Runners	Senior Men	98:29	Tom Fryers	23:40	(58)	Richard Williams	24:00	(53)	Lee Hopkins	25:35	(57)	Darren Mansell	25:14	(55)
56	8	Penistone Footpath Runners	Mens M50	98:33	John Howsham	24:41	(68)	John Lawcock	23:07	(56)	Steve Owen	25:43	(60)	Chris Deacon	25:02	(56)
57	9	Askern DRC	Mens M40	98:35	Neville Marchall	23:33	(57)	Michael Pearce	24:56	(62)	David Pearce	25:04	(61)	M Hinchcliffe	25:02	(57)
58	79	Kimberworth Striders	Senior Men	99:12	Kevin Doyle	25:03	(71)	Gavin Edley	23:47	(64)	John Nolan	24:36	(59)	Brian Miranda	25:46	(58)
59	73	Steel City Striders	Mens M50	99:16	Mart Greenough	23:43	(59)	Paul Stuart	23:02	(47)	Peter Brown	25:55	(54)	Phil Howson	26:36	(59)
60	87	Sheffield RC	Senior Men	100:13	Steven Ross	25:46	(78)	Erik Gonzalez Suarez	26:25	(77)	David Higginbottom	25:59	(76)	Matt Worthington	22:03	(60)
61	35	Barnsley AC	Senior Men	100:18	James Musrove	23:07	(52)	Rob Taylor	24:55	(57)	Alan Noble	25:22	(58)	Lee Spensley	26:54	(61)
62	83	Sheffield RC	Mens M50	100:23	Afif El Amrani	21:32	(36)	Russell Dodd	27:31	(67)	Geoff Lowry	21:01	(43)	Richard Moody	30:19	(62)
63	91	Valley Hill Runners	Mens M40	100:26	Nick Cooper	24:04	(62)	Lee Bowskill	25:43	(69)	Neil Batty	25:55	(69)	Jonny Briggs	24:44	(63)
64	26	Doncaster AC	Senior Men	100:31	Adam Cotterill	22:24	(46)	Michael Reynolds	27:50	(72)	Andrew Teasdale	21:52	(51)	James McDonagh	28:25	(64)
65	74	Steel City Striders	Mens M50	100:58	Chris Hodson	25:31	(75)	Mick Brogan	26:13	(76)	Andy Woffindin	24:51	(72)	David Bocking	24:23	(65)
66	37	Barnsley AC	Senior Men	101:02	Lee Spensley	25:35	(76)	Mark Wood	25:01	(73)	Darrell Harrison	28:38	(79)	Dean Winter	21:48	(66)
67	56	Totley AC	Senior Men	101:03	Alex Wall	24:45	(69)	Jeremy Brayshaw	29:18	(81)	Bart Shaw	21:26	(68)	Kevin Megson	25:34	(67)
68	24	Doncaster AC	Mens M40	101:04	Jay Buxton	24:09	(63)	Darren Wood	23:04	(49)	Mark Webster	26:33	(62)	Simon Parkin	27:18	(68)
69	13	Clowne RR	Senior Men	101:22	Mike Brown	24:17	(64)	Chris Lane	24:43	(65)	Steve Tebb	24:56	(64)	Neil Yewman	27:26	(69)
70	67	Steel City Striders	Senior Men	101:26	Alex Green	23:58	(60)	Ben Stittle	25:03	(66)	Tom Brooks	25:37	(67)	William Brown	26:48	(70)
71	17	Danum Harriers	Mens M40	101:28	Jonathan Jones	25:08	(73)	Richard Hoggard	24:10	(68)	Chris Watson	27:06	(71)	Nick Hutchinson	25:04	(71)
72	6	Penistone Footpath Runners	Mens M40	102:18	Robin Clough	22:07	(41)	David Napier	26:11	(60)	Matthew Coldwell	25:29	(63)	Gary Royston	28:31	(72)
73	90	Valley Hill Runners	Senior Men	102:48	Tom Brockwell	23:30	(56)	Kevin Randall	26:27	(70)	Neil White	26:02	(70)	Jody Smith	26:49	(73)
74	81	Kimberworth Striders	Mens M40	102:53	Darren Wassell	27:55	(86)	Martin Bell	28:14	(85)	Chris Lilley	24:41	(82)	John Hackleton	22:03	(74)
75	5	Askern DRC	Senior Men	103:08	Duncan Marlow	34:49	(93)	Unknown Runner	23:06	(88)	Steven Barber	21:18	(78)	Michael Pearson	23:55	(75)
76	71	Steel City Striders	Mens M40	104:31	Gareth Pert	25:05	(72)	James Mason	25:46	(74)	Phil Dooley	26:09	(74)	Loz Harvey	27:31	(76)
77	14	Clowne RR	Senior Men	106:20	Ian Brookes	25:49	(79)	Paul Sadler	25:13	(75)	Matt Taylor	26:14	(75)	Ellis Hewitt	29:04	(77)
78	40	Barnsley Harriers	Senior Men	106:21	Jason Shepherd	25:38	(77)	Michael Grain	20:07	(42)	Simon Lovidge	31:00	(73)	Neil Armitage	29:36	(78)
79	18	Danum Harriers	Mens M40	106:44	Mark Hudson	27:00	(84)	Paul Murphy	26:16	(79)	Jonathan Jones	26:56	(80)	Matt Burns	26:32	(79)
80	42	Barnsley Harriers	Senior Men	108:08	Mark White	24:23	(65)	David Howes	29:18	(80)	Craig Tattersall	32:11	(87)	Rich Spooner	22:16	(80)
81	15	Clowne RR	Senior Men	108:19	Giles Searby	28:36	(87)	David Johnson	31:19	(91)	Darren McQuade	24:31	(86)	Nick Fowler	23:53	(81)
82	82	Kimberworth Striders	Mens M40	110:02	David Wood	26:43	(82)	Dean Catley	27:56	(83)	Adrian Holyhead	25:55	(81)	Richard Finney	29:28	(82)
83	60	Kingstone	Mens M40	110:09	steve jones	26:15	(80)	tony gardener	26:22	(78)	brent ward	28:36	(83)	gary shaw	28:56	(83)
84	36	Barnsley AC	Mens M40	110:52	Darrell Harrison	26:42	(81)	Ian Copley	28:27	(84)	Tony Richards Varde	26:34	(84)	Ray Archer	29:09	(84)
85	32	Rotherham Harriers	Senior Men	111:57	james gallacher	25:09	(74)	david locke	22:38	(55)	james joiner	30:32	(77)	bob rowlands	33:38	(85)
86	44	doncaster tri club	Senior Men	112:32	David Gibbons	30:43	(92)	Mick Fells	28:59	(90)	Adam Thomson	23:41	(85)	peer gibbons	29:09	(86)
87	80	Kimberworth Striders	Mens M40	113:14	Michael Noone	27:03	(85)	Lee Barraclough	29:30	(86)	Richard Millns	29:33	(89)	Earl Lever	27:08	(87)
88	92	Valley Hill Runners	Senior Men	114:16	Chris Lobjoit	29:07	(88)	Pete Taylor	34:32	(93)	John Power	26:01	(91)	Tom Brockwell	24:36	(88)
89	28	Team Manvers	Mens M40	115:15	Mick Campbell	29:25	(90)	Mike Ford	29:06	(89)	Shaun Fisher	28:22	(90)	Gary Jones	28:22	(89)
90	62	Kingstone	Mens M40	115:42	gary tasker	29:15	(89)	steve gledhill	27:48	(87)	jon gratton	28:56	(88)	jon gratton	29:43	(90)
91	89	Valley Hill Runners	Mens M50	123:23	Russ Parramore	37:05	(94)	Anthony Nagle	32:17	(94)	Phil Harris	28:15	(92)	Rob Unwin	25:46	(91)
X	19	Danum Harriers	Mens M40		Adi Tuplin	26:59	(83)	Dave Etherington	27:05	(82)	Andrew Finch			Adi Tuplin		
X	47	Hallamshire Harriers	Senior Men		Zak Mellard	19:10	(6)	Tom Buckley	19:30	(5)	Robert Wapshott	21:26	(10)	Stuart Barfield		
X	201	Askern DRC	Mens M40		Steven Gallagher	30:10	(91)	Mark Hinchcliffe	32:41	(92)	Paul Smith	36:55	(93)	David Pearce		



Damflask Road Relays 25th June 2019 Incorporating the South Yorkshire Road Relay Championships

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Mens Results 2019





Damflask Road Relays 25th June 2019
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Mens Fastest 50

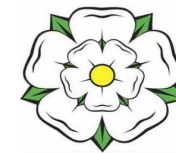
	Num	Name	Club	Category	Leg	Leg	Time	Gain/Loss
1	45	Connor Milnes	Hallamshire Harriers	Senior Men	4	D	17:41	
2	29	lee milburn	Rotherham Harriers	Senior Men	1	A	17:53	
3	45	Cameron Bell	Hallamshire Harriers	Senior Men	1	A	17:58	
4	45	James McCrae	Hallamshire Harriers	Senior Men	2	B	18:15	1
5	45	Robert Smith	Hallamshire Harriers	Senior Men	3	C	18:20	
6	1	Scott Hinchcliffe	Penistone Footpath Runners	Senior Men	1	A	18:21	
7	29	arron larkin	Rotherham Harriers	Senior Men	2	B	18:32	-1
8	46	John Birch	Hallamshire Harriers	Senior Men	2	B	18:34	
9	46	Phil Radford	Hallamshire Harriers	Senior Men	1	A	18:39	
9	10	Gareth Lowe	Clowne RR	Senior Men	3	C	18:39	3
11	51	Steve Franklin	Totley AC	Senior Men	4	D	18:40	1
12	1	Gareth Cooke	Penistone Footpath Runners	Senior Men	2	B	18:45	
13	63	Phil Skelton	Steel City Striders	Senior Men	1	A	18:49	
14	29	gareth sampson	Rotherham Harriers	Senior Men	4	D	18:52	
15	29	tom halloway	Rotherham Harriers	Senior Men	3	C	19:03	
16	51	Jamie Rutherford	Totley AC	Senior Men	3	C	19:08	
17	47	Zak Mellard	Hallamshire Harriers	Senior Men	1	A	19:10	
17	1	Gary Briscoe	Penistone Footpath Runners	Senior Men	4	D	19:10	
19	34	Brendan Moody	Barnsley AC	Senior Men	1	A	19:14	
20	63	Joe S Powell	Steel City Striders	Senior Men	4	D	19:16	4
21	51	Jake Lane	Totley AC	Senior Men	2	B	19:18	3
22	38	Paul Johnson	Barnsley Harriers	Senior Men	1	A	19:22	
23	51	Ben Griffiths	Totley AC	Senior Men	1	A	19:23	
23	10	Daniel Page	Clowne RR	Senior Men	1	A	19:23	
25	46	Craig Fishwick	Hallamshire Harriers	Senior Men	4	D	19:26	
26	47	Tom Buckley	Hallamshire Harriers	Senior Men	2	B	19:30	1
26	46	David Lewis	Hallamshire Harriers	Senior Men	3	C	19:30	1
28	52	Charlie Baker	Totley AC	Senior Men	4	D	19:31	8
29	75	Owen James	Kimberworth Striders	Mens M40	1	A	19:33	
30	10	Lewis Banton	Clowne RR	Senior Men	2	B	19:36	1
31	10	Gary Cadman	Clowne RR	Senior Men	4	D	19:37	-1
32	52	Dave Millns	Totley AC	Senior Men	1	A	19:38	
32	84	Rob Cassy	Sheffield RC	Mens M40	2	B	19:38	7
34	38	Alan Ford	Barnsley Harriers	Senior Men	3	C	19:45	2
35	25	George Rowland	Doncaster AC	Senior Men	1	A	19:49	
36	48	David Addenbrooke	Sheffield RC	Senior Men	2	B	19:50	5
37	30	chris griffiths	Rotherham Harriers	Mens M40	1	A	19:54	
37	38	Rich Spooner	Barnsley Harriers	Senior Men	2	B	19:54	-1
39	63	Stu Carrack	Steel City Striders	Senior Men	2	B	19:55	-2
40	30	david tune	Rotherham Harriers	Mens M40	3	C	19:57	4
41	1	Andrew Heppenstall	Penistone Footpath Runners	Senior Men	3	C	19:58	-1
42	48	Stephen Davison	Sheffield RC	Senior Men	1	A	20:03	
42	23	Peter Badger	Doncaster AC	Mens M40	3	C	20:03	3
44	40	Michael Grain	Barnsley Harriers	Senior Men	2	B	20:07	35
44	11	Matthew Martin	Clowne RR	Senior Men	3	C	20:07	6
44	34	Stuart Wilson	Barnsley AC	Senior Men	4	D	20:07	4
47	48	Stuart Scott	Sheffield RC	Senior Men	3	C	20:09	2
48	30	steve marshall	Rotherham Harriers	Mens M40	2	B	20:14	1
49	25	James Osborne	Doncaster AC	Senior Men	2	B	20:16	1
50	55	Steve Pope	Totley AC	Mens M50	1	A	20:18	



Damflask Road Relays 25th June 2019 Incorporating the South Yorkshire Road Relay Championships

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South Yorkshire Medals



Mens

1st Place Mens Team	45 Hallamshire Harriers	72:14 Cameron Bell James McCrae Robert Smith Connor Milnes	17:58 18:15 18:20 17:41
2nd Place Mens Team	29 Rotherham Harriers	74:20 lee milburn arron larkin tom halloway gareth sampson	17:53 18:32 19:03 18:52
3rd Place Mens Team	46 Hallamshire Harriers	76:09 Phil Radford John Birch David Lewis Craig Fishwick	18:39 18:34 19:30 19:26
1st Place Mens Vet Over 40	30 Rotherham Harriers	81:25 chris griffiths steve marshall david tune simon scully	19:54 20:14 19:57 21:20
2nd Place Mens Vet Over 40	75 Kimberworth Striders	81:47 Owen James Dan Birkinshaw Shaun Wright Steve O'Neill	19:33 20:55 20:29 20:50
3rd Place Mens Vet Over 40	84 Sheffield RC	82:28 Bruno Beckett Rob Cassy Steve Cox Chris Ireland	20:22 19:38 20:43 21:45
1st Place Mens Vet Over 50	7 Penistone Footpath Runners	85:47 Daren Nockles Andrew Pearson Robert Davies Matt Robinson	20:22 21:10 22:30 21:45
2nd Place Mens Vet Over 50	55 Totley AC	87:09 Steve Pope Mark Jacobi Rob Owen Mat Sedgewick	20:18 22:12 23:22 21:17
3rd Place Mens Vet Over 50	72 Steel City Striders	93:44 Jonathan Legon Andy Buck David Maloney Michael Squires	23:23 22:45 24:25 23:11
1st Place Mens Vet Over 60	197 Kimberworth Striders	72:10 Steven Lowndes Malcom Senior Patrick Rooney	21:31 25:01 25:38
Fastest Male Leg	45 Hallamshire Harriers	Leg D Connor Milnes	17:41

Womens

1st Place Womens Team	128 Hallamshire Harriers	62:42 Charlotte Ward Hannah May Fletcher Nicola Squires	20:18 21:19 21:05
2nd Place Womens Team	133 Rotherham Harriers	63:36 sarah lowery keri pearson jenny blizard	20:22 22:28 20:46
3rd Place Womens Team	179 Steel City Striders	66:11 Caroline Brock Nicola Birch Sian Evans	21:42 23:03 21:26
1st Place Womens Vet Over 35	159 Totley AC	69:04 Fiona Kesteven Jaimie Buckley Jenny Featherstone	22:31 23:45 22:48
2nd Place Womens Vet Over 35	140 Barnsley AC	69:38 Christina Laking Sarah Gough Lydia Race	21:48 23:47 24:03
3rd Place Womens Vet Over 35	187 Kimberworth Striders	70:11 Lindsay James Joanne Bolton Adelle Marsden	21:53 24:02 24:16
1st Place Womens Vet Over 45	160 Totley AC	69:13 Claire Howard Celia Naylor Liz Lewin	22:36 23:15 23:22
2nd Place Womens Vet Over 45	134 Rotherham Harriers	69:21 diane elliot natalie harris fiona davies	24:36 23:20 21:25
3rd Place Womens Vet Over 45	141 Barnsley AC	74:54 Gail Colville Janette Jackson Kerry Storrar	24:00 28:23 22:31
1st Place Womens Vet Over 55	165 Totley AC	81:56 Anne Hegarty Pat Goodall Yvonne Twelvetree	25:34 27:52 28:30
Fastest Female Leg	156 Sheffield RC	Leg A Phillipa Williams	19:56



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Leg A Times



1	29	lee milburn	Senior Men	Rotherham Harriers	17:53
2	45	Cameron Bell	Senior Men	Hallamshire Harriers	17:58
3	1	Scott Hinchcliffe	Senior Men	Penistone Footpath Runners	18:21
4	46	Phil Radford	Senior Men	Hallamshire Harriers	18:39
5	63	Phil Skelton	Senior Men	Steel City Striders	18:49
6	47	Zak Mellard	Senior Men	Hallamshire Harriers	19:10
7	34	Brendan Moody	Senior Men	Barnsley AC	19:14
8	38	Paul Johnson	Senior Men	Barnsley Harriers	19:22
9	51	Ben Griffiths	Senior Men	Totley AC	19:23
9	10	Daniel Page	Senior Men	Clowne RR	19:23
11	75	Owen James	Mens M40	Kimberworth Striders	19:33
12	52	Dave Millns	Senior Men	Totley AC	19:38
13	25	George Rowland	Senior Men	Doncaster AC	19:49
14	30	chris griffiths	Mens M40	Rotherham Harriers	19:54
15	156	Phillipa Williams	Senior Women	Sheffield RC	19:56
16	48	Stephen Davison	Senior Men	Sheffield RC	20:03
17	55	Steve Pope	Mens M50	Totley AC	20:18
17	128	Charlotte Ward	Senior Women	Hallamshire Harriers	20:18
19	54	Neil Stabbs	Mens M40	Totley AC	20:20
20	7	Daren Nockles	Mens M50	Penistone Footpath Runners	20:22
20	84	Bruno Beckett	Mens M40	Sheffield RC	20:22
20	133	sarah lowery	Senior Women	Rotherham Harriers	20:22
23	64	Conor O'Boyle	Senior Men	Steel City Striders	20:24
24	58	Colin Honeymam	Mens M40	Killamarsh Kestrels	20:25
25	65	Paul Middlemass	Senior Men	Steel City Striders	20:26
26	76	John Hackleton	Senior Men	Kimberworth Striders	20:27
27	20	James Mumford	Senior Men	Denby Dale AC	20:29
28	23	Peter Tallents	Mens M40	Doncaster AC	20:30
29	88	Matt Connell	Senior Men	Steel City Striders	20:31
30	4	Shaun Dimelow	Mens M40	Penistone Footpath Runners	20:37
31	11	Graham Worsfold	Senior Men	Clowne RR	20:44
32	61	dan haywood	Senior Men	Kingstone	20:45
33	2	Lee Storey	Senior Men	Penistone Footpath Runners	20:55
34	50	Rob Addenbrooke	Senior Men	Sheffield RC	20:56
35	68	Chris Guy	Mens M40	Steel City Striders	21:05
36	49	Matt Worthington	Senior Men	Sheffield RC	21:10
37	16	Jim Holloway	Senior Men	Danum Harriers	21:11
38	57	Adam Dyson	Senior Men	Killamarsh Kestrels	21:14
39	197	Steven Lowndes	Mens M60	Kimberworth Striders	21:31
40	83	Afif El Amrani	Mens M50	Sheffield RC	21:32
41	31	dean norton	Mens M50	Rotherham Harriers	21:37
42	129	Charlotte Slack	Senior Women	Hallamshire Harriers	21:40
43	179	Caroline Brock	Senior Women	Steel City Striders	21:42
44	140	Christina Laking	Womens F35	Barnsley AC	21:48
45	187	Lindsay James	Womens F35	Kimberworth Striders	21:53
46	69	Richard Carter	Mens M40	Steel City Striders	21:55
47	86	Callum Clifford	Mens M40	Sheffield RC	22:02
48	66	Ed Startup	Senior Men	Steel City Striders	22:06
49	6	Robin Clough	Mens M40	Penistone Footpath Runners	22:07
50	77	Steven Beckitt	Senior Men	Kimberworth Striders	22:15
51	33	paul risley	Mens M40	Rotherham Harriers	22:16
51	53	Alistair Wood	Senior Men	Totley AC	22:16
53	78	Colin Earl	Mens M50	Kimberworth Striders	22:19
54	135	catherine eddison	Senior Women	Rotherham Harriers	22:21
55	26	Adam Cotterill	Senior Men	Doncaster AC	22:24
56	85	Ben Key	Mens M40	Sheffield RC	22:25
57	12	Christopher Amery	Senior Men	Clowne RR	22:26
58	159	Fiona Kesteven	Womens F35	Totley AC	22:31
59	117	Bridget Coomber	Womens F35	Denby Dale AC	22:35
60	160	Claire Howard	Womens F45	Totley AC	22:36
61	21	Adam Bloomfield	Mens M40	Denby Dale AC	22:40
62	43	SteveMcAleavy	Senior Men	doncaster tri club	22:43
63	93	Trevor Neville	Mens M40	Sheffield RC	22:46
64	163	Hazel Farnell	Senior Women	Totley AC	22:49
65	183	Charl Narozanska	Womens F35	Steel City Striders	22:58
66	35	James Musrove	Senior Men	Barnsley AC	23:07
67	70	Nick Burns	Mens M40	Steel City Striders	23:12



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68	180	Amy Earnshaw	Senior Women	Steel City Striders	23:19
69	72	Jonathan Legon	Mens M50	Steel City Striders	23:23
70	59	johnathan hall	Mens M50	Kingstone	23:29
71	90	Tom Brockwell	Senior Men	Valley Hill Runners	23:30
72	101	Sam Shaw	Senior Women	Penistone Footpath Runners	23:32
73	9	Neville Marchall	Mens M40	Askern DRC	23:33
73	161	Carla Gibbons	Womens F35	Totley AC	23:33
75	3	Tom Fryers	Senior Men	Penistone Footpath Runners	23:40
76	73	Mart Greenough	Mens M50	Steel City Striders	23:43
77	188	Ellena Woodhead	Senior Women	Kimberworth Striders	23:47
78	67	Alex Green	Senior Men	Steel City Striders	23:58
79	141	Gail Colville	Womens F45	Barnsley AC	24:00
80	41	Jon Carr	Senior Men	Barnsley Harriers	24:01
81	91	Nick Cooper	Mens M40	Valley Hill Runners	24:04
82	24	Jay Buxton	Mens M40	Doncaster AC	24:09
83	13	Mike Brown	Senior Men	Clowne RR	24:17
84	42	Mark White	Senior Men	Barnsley Harriers	24:23
85	39	Kevin Wood	Mens M50	Barnsley Harriers	24:27
86	27	Neil Mower	Mens M50	Team Manvers	24:28
87	134	diane elliott	Womens F45	Rotherham Harriers	24:36
88	102	Becky Timms	Womens F35	Penistone Footpath Runners	24:38
89	8	John Howsham	Mens M50	Penistone Footpath Runners	24:41
90	56	Alex Wall	Senior Men	Totley AC	24:45
91	186	Nicky Rafferty	Womens F55	Steel City Striders	24:56
92	22	Phil Ellis	Senior Men	Denby Dale AC	24:57
93	198	Les Morton	Mens M60	Sheffield RC	25:00
94	79	Kevin Doyle	Senior Men	Kimberworth Striders	25:03
94	173	lisa malloy	Senior Women	Kingstone	25:03
96	71	Gareth Pert	Mens M40	Steel City Striders	25:05
97	17	Jonathan Jones	Mens M40	Danum Harriers	25:08
98	32	james gallacher	Senior Men	Rotherham Harriers	25:09
99	138	Susie Hinchcliffe	Senior Women	Askern DRC	25:12
100	123	Pete Wade	Mens M60	Doncaster AC	25:17
101	109	Hannah Sharpe	Senior Women	Clowne RR	25:22
102	157	Grace Escott Tebbutt	Senior Women	Sheffield RC	25:23
103	168	Sarah Christian	Senior Women	Totley AC	25:30
104	74	Chris Hodson	Mens M50	Steel City Striders	25:31
105	165	Anne Hegarty	Womens F55	Totley AC	25:34
106	37	Lee Spensley	Senior Men	Barnsley AC	25:35
106	119	Jennifer Esty	Womens F35	Denby Dale AC	25:35
106	166	Rachel Biggin	Womens F35	Totley AC	25:35
109	40	Jason Shepherd	Senior Men	Barnsley Harriers	25:38
109	107	Bill Phillips	Mens M60	Penistone Footpath Runners	25:38
111	106	Dawn Broom	Womens F55	Penistone Footpath Runners	25:39
112	142	Vicky Hudson	Senior Women	Barnsley AC	25:40
113	169	Clare Howarth	Womens F35	Totley AC	25:45
114	87	Steven Ross	Senior Men	Sheffield RC	25:46
115	14	Ian Brookes	Senior Men	Clowne RR	25:49
115	139	Dave Allemby	Mens M60	Barnsley AC	25:49
117	105	Rachel Mayston	Womens F45	Penistone Footpath Runners	25:52
118	200	Helen Bowskill	Womens F35	Valley Hill Runners	26:00
119	127	Marie-Louise Taylor	Womens F35	Doncaster AC	26:01
120	118	Sarah Stead	Senior Women	Denby Dale AC	26:08
121	203	Stan Williams	Mens M60	Askern DRC	26:11
122	60	steve jones	Mens M40	Kingstone	26:15
123	104	Jill Carlton	Womens F35	Penistone Footpath Runners	26:37
124	36	Darrell Harrison	Mens M40	Barnsley AC	26:42
125	82	David Wood	Mens M40	Kimberworth Striders	26:43
126	113	Lynn Hutchinson	Senior Women	Danum Harriers	26:46
127	103	Jemma Williams	Womens F35	Penistone Footpath Runners	26:49
128	124	Lisa Fouweather	Senior Women	Doncaster AC	26:55
129	185	C Greenough	Womens F45	Steel City Striders	26:56
130	19	Adi Tuplin	Mens M40	Danum Harriers	26:59
131	18	Mark Hudson	Mens M40	Danum Harriers	27:00
132	182	Aisling Redmond	Senior Women	Steel City Striders	27:01
133	80	Michael Noone	Mens M40	Kimberworth Striders	27:03
134	164	Deborah Lodge	Womens F45	Totley AC	27:06



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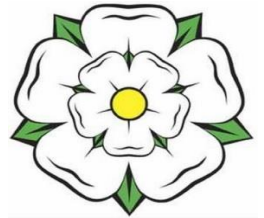


135	181	Alice Thomas	Senior Women	Steel City Striders	27:14
136	190	Sarah Millns	Womens F45	Kimberworth Striders	27:30
137	146	Emma Moorhouse	Senior Women	Barnsley Harriers	27:44
138	81	Darren Wassell	Mens M40	Kimberworth Striders	27:55
139	171	Will Alves	Mens M60	Totley AC	27:57
140	189	Vicki Beckitt	Senior Women	Kimberworth Striders	27:58
141	167	Su Ward	Womens F55	Totley AC	28:03
142	120	Sally Campbell	Womens F35	Denby Dale AC	28:05
143	158	Helen Anayiotos	Senior Women	Sheffield RC	28:09
144	130	Teresa Hubery	Womens F35	Team manvers	28:18
145	15	Giles Searby	Senior Men	Clowne RR	28:36
146	136	gillian neal	Senior Women	Rotherham Harriers	28:51
147	149	Emma Jones	Senior Women	Barnsley Harriers	29:03
148	92	Chris Lobjoit	Senior Men	Valley Hill Runners	29:07
149	62	gary tasker	Mens M40	Kingstone	29:15
150	145	Julie Riding	Womens F45	Barnsley Harriers	29:20
151	28	Mick Campbell	Mens M40	Team Manvers	29:25
152	184	Emma Fitzgerald	Senior Women	Steel City Striders	29:26
153	199	Eliza Anne	Womens F35	Valley Hill Runners	29:33
154	114	Rosie Jones	Senior Women	Danum Harriers	29:58
155	201	Steven Gallagher	Mens M40	Askern DRC	30:10
156	150	Hayley Poole	Senior Women	Barnsley Harriers	30:12
157	108	Georgina Doyle	Senior Women	Penistone Footpath Runners	30:15
158	174	sam jones	Senior Women	Kingstone	30:37
159	44	David Gibbons	Senior Men	doncaster tri club	30:43
160	191	Fiona Earl	Womens F45	Kimberworth Striders	31:01
160	132	Helen Thoday	Womens F45	Team manvers	31:01
162	121	Abbie Dagg	Womens F35	Denby Dale AC	31:09
163	202	Mair Claire Church	Womens F35	Askern DRC	31:10
164	177	jane banks	Womens F35	Kingstone	31:27
165	172	Angela Millns	Senior Women	Killamarsh Kestrels	31:31
166	195	Vicky Bell	Womens F35	Kimberworth Striders	31:50
167	122	Rosalind Bedford	Senior Women	Denby Dale AC	31:52
168	110	Katy Taylor	Senior Women	Clowne RR	32:03
169	194	Amy Clements	Womens F35	Kimberworth Striders	32:10
170	175	anna gould	Womens F35	Kingstone	32:14
171	112	Caroline Greening	Womens F45	Danum Harriers	32:25
172	143	Jane Manley	Womens F35	Barnsley AC	32:38
173	131	Diane Barron	Womens F45	Team manvers	32:45
174	151	Kay Conway	Senior Women	Barnsley Harriers	32:48
175	178	julie gough	Womens F45	Kingstone	32:50
176	153	Mandy Ashton	Womens F35	doncaster tri club	32:51
177	125	Jody Breeze	Womens F45	Doncaster AC	32:59
178	96	Wendy Duggan	Womens F45	Valley Hill Runners	33:24
179	193	Tina Bell	Womens F45	Kimberworth Striders	33:25
180	196	Yvonne Howitt	Senior Women	Kimberworth Striders	33:50
181	137	michelle eddison	Womens F45	Rotherham Harriers	34:05
182	111	Liz Close	Womens F35	Clowne RR	34:23
183	155	Irina Inayat	Womens F45	Sheffield RC	34:33
184	115	Nikki Peet	Womens F35	Danum Harriers	34:40
185	176	j cunningham	Womens F35	Kingstone	34:41
186	148	Lisa Smith	Womens F45	Barnsley Harriers	34:47
187	5	Duncan Marlow	Senior Men	Askern DRC	34:49
188	89	Russ Parramore	Mens M50	Valley Hill Runners	37:05
189	192	Louise Taylor	Senior Women	Kimberworth Striders	37:16
190	152	Lisa Turp	Womens F35	Barnsley Harriers	37:17
191	170	Sarah Whitehouse	Womens F55	Totley AC	38:00
192	95	Bernie Harding	Womens F45	Valley Hill Runners	38:30
192	154	Karen Warburton	Womens F35	doncaster tri club	38:30
194	147	Catherine Fraser	Senior Women	Barnsley Harriers	40:52



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1	45	James McCrae	Senior Men	Hallamshire Harriers	18:15	1
2	29	arron larkin	Senior Men	Rotherham Harriers	18:32	-1
3	46	John Birch	Senior Men	Hallamshire Harriers	18:34	
4	1	Gareth Cooke	Senior Men	Penistone Footpath Runners	18:45	
5	51	Jake Lane	Senior Men	Totley AC	19:18	3
6	47	Tom Buckley	Senior Men	Hallamshire Harriers	19:30	1
7	10	Lewis Banton	Senior Men	Clowne RR	19:36	1
8	84	Rob Cassy	Mens M40	Sheffield RC	19:38	7
9	48	David Addenbrooke	Senior Men	Sheffield RC	19:50	5
10	38	Rich Spooner	Senior Men	Barnsley Harriers	19:54	-1
11	63	Stu Carrack	Senior Men	Steel City Striders	19:55	-2
12	40	Michael Grain	Senior Men	Barnsley Harriers	20:07	35
13	30	steve marshall	Mens M40	Rotherham Harriers	20:14	1
14	25	James Osborne	Senior Men	Doncaster AC	20:16	1
15	64	S Schubeler	Senior Men	Steel City Striders	20:29	4
16	68	Adam Brooks	Mens M40	Steel City Striders	20:40	7
17	20	Ross McClelland	Senior Men	Denby Dale AC	20:54	6
17	23	Chris Morran	Mens M40	Doncaster AC	20:54	6
19	75	Dan Birkinshaw	Mens M40	Kimberworth Striders	20:55	-3
20	58	Stephen Crownshaw	Mens M40	Killamarsh Kestrels	21:01	1
21	7	Andrew Pearson	Mens M50	Penistone Footpath Runners	21:10	-4
22	54	Colin Osbourne	Mens M40	Totley AC	21:10	-4
23	4	Martin Ball	Mens M40	Penistone Footpath Runners	21:12	1
24	65	James Fulcher	Senior Men	Steel City Striders	21:14	-1
25	76	Chris Cotton	Senior Men	Kimberworth Striders	21:15	-1
26	128	Hannah May Fletcher	Senior Women	Hallamshire Harriers	21:19	1
27	34	Joshua Bird	Senior Men	Barnsley AC	21:31	-8
27	52	Sam Mellor	Senior Men	Totley AC	21:31	-5
29	88	David Whittaker	Senior Men	Steel City Striders	21:38	-1
30	11	Nick Fowler	Senior Men	Clowne RR	21:48	-1
31	49	Craig Renton	Senior Men	Sheffield RC	22:02	2
32	85	Gareth Irvine	Mens M40	Sheffield RC	22:08	12
33	2	Simon Pike	Senior Men	Penistone Footpath Runners	22:11	
34	55	Mark Jacobi	Mens M50	Totley AC	22:12	-12
35	129	Lilly Fletcher	Senior Women	Hallamshire Harriers	22:16	2
36	77	Simon Hopkins	Senior Men	Kimberworth Striders	22:26	6
37	133	keri pearson	Senior Women	Rotherham Harriers	22:28	1
38	69	Al Cook	Mens M40	Steel City Striders	22:29	5
39	50	Alex Plant	Senior Men	Sheffield RC	22:30	-1
39	171	Tony Whitehouse	Mens M60	Totley AC	22:30	32
41	32	david locke	Senior Men	Rotherham Harriers	22:38	19
42	86	Brendon Smith-Westergaard	Mens M40	Sheffield RC	22:45	2
42	72	Andy Buck	Mens M50	Steel City Striders	22:45	10
44	12	Dan Harpham	Senior Men	Clowne RR	23:01	7
45	73	Paul Stuart	Mens M50	Steel City Striders	23:02	12
46	179	Nicola Birch	Senior Women	Steel City Striders	23:03	1
47	66	Seth Kirby	Senior Men	Steel City Striders	23:04	1
47	24	Darren Wood	Mens M40	Doncaster AC	23:04	14
49	5	Unknown Runner	Senior Men	Askern DRC	23:06	5
50	8	John Lawcock	Mens M50	Penistone Footpath Runners	23:07	12
51	160	Celia Naylor	Womens F45	Totley AC	23:15	5
52	57	Simon Dickson	Senior Men	Killamarsh Kestrels	23:17	1
53	134	natalie harris	Womens F45	Rotherham Harriers	23:20	6
54	203	Brian Watts	Mens M60	Askern DRC	23:21	24
55	21	Paul Fairburn	Mens M40	Denby Dale AC	23:27	6
56	198	Gary Podmore	Mens M60	Sheffield RC	23:30	7
57	159	Jaimie Buckley	Womens F35	Totley AC	23:45	1
58	31	john comrie	Mens M50	Rotherham Harriers	23:46	-3
59	79	Gavin Edley	Senior Men	Kimberworth Striders	23:47	7
59	140	Sarah Gough	Womens F35	Barnsley AC	23:47	1
61	39	Jerry Fisher	Mens M50	Barnsley Harriers	23:52	5
62	3	Richard Williams	Senior Men	Penistone Footpath Runners	24:00	5
63	70	Adam McAuley	Mens M40	Steel City Striders	24:01	4
64	61	j charlesworth	Senior Men	Kingstone	24:02	-8
64	53	Edward Goodison	Senior Men	Totley AC	24:02	-2
64	187	Joanne Bolton	Womens F35	Kimberworth Striders	24:02	
67	27	Mick Pepper	Mens M50	Team Manvers	24:05	4



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68	163	Despina Berdeni	Senior Women	Totley AC	24:06	1
68	41	Shaun Swallow	Senior Men	Barnsley Harriers	24:06	2
70	59	mark rawnsley	Mens M50	Kingstone	24:07	3
71	43	Richard Chandler	Senior Men	doncaster tri club	24:08	2
71	188	Rebecca Hunt	Senior Women	Kimberworth Striders	24:08	5
73	33	neil mason	Mens M40	Rotherham Harriers	24:10	-3
73	17	Richard Hoggard	Mens M40	Danum Harriers	24:10	5
75	135	lizzie hutson	Senior Women	Rotherham Harriers	24:15	-2
76	156	Rachel Miller	Senior Women	Sheffield RC	24:31	-3
77	13	Chris Lane	Senior Men	Clowne RR	24:43	-1
78	35	Rob Taylor	Senior Men	Barnsley AC	24:55	-5
79	9	Michael Pearce	Mens M40	Askern DRC	24:56	-5
79	93	Nick Watson	Mens M40	Sheffield RC	24:56	-3
81	197	Malcom Senior	Mens M60	Kimberworth Striders	25:01	-6
81	37	Mark Wood	Senior Men	Barnsley AC	25:01	3
83	67	Ben Stittle	Senior Men	Steel City Striders	25:03	-6
84	161	Carlene Rowson	Womens F35	Totley AC	25:04	
85	123	Malcolm Leggett	Mens M60	Doncaster AC	25:12	4
86	14	Paul Sadler	Senior Men	Clowne RR	25:13	4
86	22	Steve Sharp	Senior Men	Denby Dale AC	25:13	-1
88	102	Faye Williams	Womens F35	Penistone Footpath Runners	25:15	1
89	91	Lee Bowskill	Mens M40	Valley Hill Runners	25:43	-7
89	157	Claire Wolstenholme	Senior Women	Sheffield RC	25:43	3
91	78	Howard Platt	Mens M50	Kimberworth Striders	25:44	-13
92	113	Tara Burkill	Senior Women	Danum Harriers	25:45	14
93	71	James Mason	Mens M40	Steel City Striders	25:46	-2
94	196	Ellena Woodhead	Senior Women	Kimberworth Striders	25:52	24
95	117	Jo Worboys-Hodgson	Womens F35	Denby Dale AC	25:54	-4
96	103	Julia Cobham	Womens F35	Penistone Footpath Runners	25:59	12
96	118	Katie Sharp	Senior Women	Denby Dale AC	25:59	13
98	6	David Napier	Mens M40	Penistone Footpath Runners	26:11	-19
99	74	Mick Brogan	Mens M50	Steel City Striders	26:13	-1
100	186	Dot Kesterton	Womens F55	Steel City Striders	26:14	-4
100	16	Nathan Murphy	Senior Men	Danum Harriers	26:14	-17
102	166	Rachel Bird	Womens F35	Totley AC	26:15	4
103	18	Paul Murphy	Mens M40	Danum Harriers	26:16	5
104	60	tony gardener	Mens M40	Kingstone	26:22	2
105	87	Erik Gonzalez Suarez	Senior Men	Sheffield RC	26:25	1
106	90	Kevin Randall	Senior Men	Valley Hill Runners	26:27	-14
107	183	Nicola Ross	Womens F35	Steel City Striders	26:47	-5
108	130	Jenny Jones	Womens F35	Team manvers	26:49	14
109	145	Tracy Hughes	Womens F45	Barnsley Harriers	26:53	11
110	169	Gemma Gladwin	Womens F35	Totley AC	26:55	4
111	107	Stuart Woodhead	Mens M60	Penistone Footpath Runners	26:57	2
112	101	Ellie Brightmore	Senior Women	Penistone Footpath Runners	27:02	-8
113	19	Dave Etherington	Mens M40	Danum Harriers	27:05	1
114	185	Mandy Delaney	Womens F45	Steel City Striders	27:11	6
115	180	Harriet Davies	Senior Women	Steel City Striders	27:13	-8
116	139	Kevin Manley	Mens M60	Barnsley AC	27:23	2
117	146	Kelly Ford	Senior Women	Barnsley Harriers	27:27	7
118	83	Russell Dodd	Mens M50	Sheffield RC	27:31	-31
119	181	Helen Jones	Senior Women	Steel City Striders	27:40	7
120	172	Alicia Parkes	Senior Women	Killamarsh Kestrels	27:41	12
121	124	Rebecca Coats	Senior Women	Doncaster AC	27:45	4
121	109	Julie King	Senior Women	Clowne RR	27:45	-7
123	62	steve gledhill	Mens M40	Kingstone	27:48	2
124	26	Michael Reynolds	Senior Men	Doncaster AC	27:50	-26
125	165	Pat Goodall	Womens F55	Totley AC	27:52	-6
126	82	Dean Catley	Mens M40	Kimberworth Striders	27:56	-1
127	110	Jo Johnson	Senior Women	Clowne RR	27:59	11
128	125	Sharon Carson	Womens F45	Doncaster AC	28:10	16
129	168	Charlotte Goodison	Senior Women	Totley AC	28:11	-9
130	105	Jacqueline Howsham	Womens F45	Penistone Footpath Runners	28:12	-2
131	81	Martin Bell	Mens M40	Kimberworth Striders	28:14	1
132	132	Kim Davis	Womens F45	Team manvers	28:15	6
133	190	Leanne Race	Womens F45	Kimberworth Striders	28:19	4
134	141	Janette Jackson	Womens F45	Barnsley AC	28:23	-10



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135	119	Jennifer Probert	Womens F35	Denby Dale AC	28:25	-8
136	36	Ian Copley	Mens M40	Barnsley AC	28:27	-3
136	108	Seuranie Johnstone	Senior Women	Penistone Footpath Runners	28:27	7
138	173	paula newton	Senior Women	Kingstone	28:37	-13
139	104	Jude Matthews	Womens F35	Penistone Footpath Runners	28:40	-3
140	189	Jessica Dodds	Senior Women	Kimberworth Striders	28:42	1
141	44	Mick Fells	Senior Men	doncaster tri club	28:59	2
142	164	Helen Young	Womens F45	Totley AC	29:00	1
143	28	Mike Ford	Mens M40	Team Manvers	29:06	1
144	167	Jane Harriman	Womens F55	Totley AC	29:13	1
145	42	David Howes	Senior Men	Barnsley Harriers	29:18	-15
145	56	Jeremy Brayshaw	Senior Men	Totley AC	29:18	-12
147	184	Sally Twigg	Senior Women	Steel City Striders	29:23	2
148	80	Lee Barraclough	Mens M40	Kimberworth Striders	29:30	-1
148	120	Clara Ong	Womens F35	Denby Dale AC	29:30	
150	127	Andrea Robinson	Womens F35	Doncaster AC	30:10	-9
151	114	Laura Sydney	Senior Women	Danum Harriers	30:26	-3
152	150	Ruth Blackburn	Senior Women	Barnsley Harriers	30:34	-3
153	149	Marie Hemingway	Senior Women	Barnsley Harriers	30:36	-3
154	142	Sarah Burton	Senior Women	Barnsley AC	30:42	-16
155	106	Dawn Godley	Womens F55	Penistone Footpath Runners	30:46	-18
156	192	Honor Hamshaw	Senior Women	Kimberworth Striders	30:54	12
157	137	alison brown	Womens F45	Rotherham Harriers	30:56	12
158	112	Debs Procter	Womens F45	Danum Harriers	31:04	7
159	121	Jennifer Nutting	Womens F35	Denby Dale AC	31:16	
160	15	David Johnson	Senior Men	Clowne RR	31:19	-4
160	153	Sarah Sutherland	Womens F35	doncaster tri club	31:19	10
162	136	rebecca marsden	Senior Women	Rotherham Harriers	31:25	-7
163	182	Louise Cousins	Senior Women	Steel City Striders	31:36	-10
164	191	Louise Siddall	Womens F45	Kimberworth Striders	31:50	-3
165	200	Gemma Randall	Womens F35	Valley Hill Runners	32:08	-18
166	194	Natalie Lowe	Womens F35	Kimberworth Striders	32:13	2
167	138	Petra Kubasova	Senior Women	Askern DRC	32:15	-30
168	89	Anthony Nagle	Mens M50	Valley Hill Runners	32:17	
169	131	Diane Spencer	Womens F45	Team manvers	32:21	3
170	201	Mark Hinchcliffe	Mens M40	Askern DRC	32:41	-1
171	122	Sue Kaye	Senior Women	Denby Dale AC	32:46	-1
172	170	Caryl Hartwright	Womens F55	Totley AC	32:55	7
173	115	Beverley Harland	Womens F35	Danum Harriers	33:15	10
174	92	Pete Taylor	Senior Men	Valley Hill Runners	34:32	-5
175	143	Sharon Moore	Womens F35	Barnsley AC	34:34	
176	176	jane harrod	Womens F35	Kingstone	34:41	6
177	148	Cherie Miller	Womens F45	Barnsley Harriers	35:20	5
178	158	Louise Woffindin	Senior Women	Sheffield RC	35:26	-16
179	199	Jodie Bonner	Womens F35	Valley Hill Runners	35:39	-16
180	96	Suzanne Hague	Womens F45	Valley Hill Runners	35:46	
181	174	claire malloy	Senior Women	Kingstone	36:41	-14
182	111	SJ Massingham	Womens F35	Clowne RR	36:49	-1
183	177	tracey love	Womens F35	Kingstone	37:21	-12
184	175	tracey wright	Womens F35	Kingstone	37:25	-10
185	147	Katie Cadwell	Senior Women	Barnsley Harriers	37:31	1
186	202	Sally Weston	Womens F35	Askern DRC	37:39	-14
187	95	Judith Cooper	Womens F45	Valley Hill Runners	38:11	1
188	154	Claire Wellington	Womens F35	doncaster tri club	39:52	
189	151	Rachel Roddis	Senior Women	Barnsley Harriers	39:53	-10
190	155	Elaine Shortridge	Womens F45	Sheffield RC	40:16	-4
191	178	christina scott	Womens F45	Kingstone	41:44	-11
192	195	Yvonne Mills	Womens F35	Kimberworth Striders	41:46	-19
193	193	Tracy Lever	Womens F45	Kimberworth Striders	42:39	-9
194	152	Pam Kirk	Womens F35	Barnsley Harriers	49:19	-4



UP & RUNNING

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1	45	Robert Smith	Senior Men	Hallamshire Harriers	18:20	
2	10	Gareth Lowe	Senior Men	Clowne RR	18:39	3
3	29	tom halloway	Senior Men	Rotherham Harriers	19:03	
4	51	Jamie Rutherford	Senior Men	Totley AC	19:08	
5	46	David Lewis	Senior Men	Hallamshire Harriers	19:30	1
6	38	Alan Ford	Senior Men	Barnsley Harriers	19:45	2
7	30	david tune	Mens M40	Rotherham Harriers	19:57	4
8	1	Andrew Heppenstall	Senior Men	Penistone Footpath Runners	19:58	-1
9	23	Peter Badger	Mens M40	Doncaster AC	20:03	3
10	11	Matthew Martin	Senior Men	Clowne RR	20:07	6
11	48	Stuart Scott	Senior Men	Sheffield RC	20:09	2
12	75	Shaun Wright	Mens M40	Kimberworth Striders	20:29	1
13	64	Sam Brown	Senior Men	Steel City Striders	20:32	1
14	84	Steve Cox	Mens M40	Sheffield RC	20:43	-1
15	133	jenny blizard	Senior Women	Rotherham Harriers	20:46	
15	68	Jonathan Crook	Mens M40	Steel City Striders	20:46	3
17	76	Neil Grocutt	Senior Men	Kimberworth Striders	20:48	3
18	52	Aidan Linskill	Senior Men	Totley AC	20:51	-1
19	54	James Biggin	Mens M40	Totley AC	20:57	1
20	25	Phil Whitehead	Senior Men	Doncaster AC	21:01	-2
20	20	Dave Turnbull	Senior Men	Denby Dale AC	21:01	-1
20	83	Geoff Lowry	Mens M50	Sheffield RC	21:01	24
23	49	Mark Hampton	Senior Men	Sheffield RC	21:05	2
24	128	Nicola Squires	Senior Women	Hallamshire Harriers	21:05	
25	34	Christopher Gillott	Senior Men	Barnsley AC	21:06	-2
26	57	Danes Buller	Senior Men	Killamarsh Kestrels	21:07	4
27	65	David Forrest	Senior Men	Steel City Striders	21:12	-1
28	5	Steven Barber	Senior Men	Askern DRC	21:18	10
29	134	fiona davies	Womens F45	Rotherham Harriers	21:25	7
30	63	Andy Norton	Senior Men	Steel City Striders	21:26	-4
31	56	Bart Shaw	Senior Men	Totley AC	21:26	13
31	47	Robert Wapshott	Senior Men	Hallamshire Harriers	21:26	-5
31	179	Sian Evans	Senior Women	Steel City Striders	21:26	2
34	4	Jon Waller	Mens M40	Penistone Footpath Runners	21:34	
35	26	Andrew Teasdale	Senior Men	Doncaster AC	21:52	21
36	58	Paul Reaney	Mens M40	Killamarsh Kestrels	21:54	-5
37	53	Matt Burden	Senior Men	Totley AC	21:57	6
38	21	Andrew DuFeu	Mens M40	Denby Dale AC	21:58	5
39	88	Tom Pickering	Senior Men	Steel City Striders	21:59	-1
40	78	Graham Dodd	Mens M50	Kimberworth Striders	22:16	13
41	77	Tom Burns	Senior Men	Kimberworth Striders	22:29	2
42	7	Robert Davies	Mens M50	Penistone Footpath Runners	22:30	-5
43	141	Kerry Storrar	Womens F45	Barnsley AC	22:31	10
44	85	Kelly Dorset	Mens M40	Sheffield RC	22:39	
45	138	Karen Ball	Senior Women	Askern DRC	22:46	23
46	159	Jenny Featherstone	Womens F35	Totley AC	22:48	4
47	61	tim webster	Senior Men	Kingstone	22:50	
48	69	Tom Bassingdale	Mens M40	Steel City Striders	22:56	-3
49	12	Carl Dyke	Senior Men	Clowne RR	23:10	1
50	184	Caroline Brock	Senior Women	Steel City Striders	23:18	20
51	70	Chris Lawson	Mens M40	Steel City Striders	23:21	2
52	55	Rob Owen	Mens M50	Totley AC	23:22	-3
52	160	Liz Lewin	Womens F45	Totley AC	23:22	1
54	16	Michael Plant	Senior Men	Danum Harriers	23:29	3
55	171	Mark Goodison	Mens M60	Totley AC	23:33	6
56	161	Caz Kay	Womens F35	Totley AC	23:37	4
57	50	Richard Ward	Senior Men	Sheffield RC	23:41	-1
58	44	Adam Thomson	Senior Men	doncaster tri club	23:41	5
59	2	Ian Walker	Senior Men	Penistone Footpath Runners	23:45	-2
60	66	Joe Sinnott	Senior Men	Steel City Striders	23:51	-3
61	86	James Thompson	Mens M40	Sheffield RC	23:59	-4
62	39	Shaun Clarkson	Mens M50	Barnsley Harriers	24:03	9
62	27	John Spencer	Mens M50	Team Manvers	24:03	10
62	140	Lydia Race	Womens F35	Barnsley AC	24:03	-2
65	22	Tom Shelton	Senior Men	Denby Dale AC	24:04	5
66	187	Adelle Marsden	Womens F35	Kimberworth Striders	24:16	-1
67	72	David Maloney	Mens M50	Steel City Striders	24:25	-2



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68	15	Darren McQuade	Senior Men	Clowne RR	24:31	5
69	129	Laura Trask	Senior Women	Hallamshire Harriers	24:32	-1
70	79	John Nolan	Senior Men	Kimberworth Striders	24:36	5
71	81	Chris Lilley	Mens M40	Kimberworth Striders	24:41	3
72	31	andrew roscamp	Mens M50	Rotherham Harriers	24:42	-4
73	41	John Galloway	Senior Men	Barnsley Harriers	24:46	3
74	102	Lesley Parker	Womens F35	Penistone Footpath Runners	24:49	2
75	74	Andy Woffindin	Mens M50	Steel City Striders	24:51	4
76	43	simon clark	Senior Men	doncaster tri club	24:56	-2
76	13	Steve Tebb	Senior Men	Clowne RR	24:56	1
78	163	Jenny Armstrong	Senior Women	Totley AC	24:59	1
79	9	David Pearce	Mens M40	Askern DRC	25:04	1
80	33	andy eblet	Mens M40	Rotherham Harriers	25:06	-3
81	188	Natalie Sheldon	Senior Women	Kimberworth Striders	25:07	-1
82	157	Jennifer Elsegood	Senior Women	Sheffield RC	25:08	5
83	59	douglas scott	Mens M50	Kingstone	25:11	-3
84	139	Dean Wallace	Mens M60	Barnsley AC	25:17	8
85	35	Alan Noble	Senior Men	Barnsley AC	25:22	-1
86	6	Matthew Coldwell	Mens M40	Penistone Footpath Runners	25:29	-3
87	3	Lee Hopkins	Senior Men	Penistone Footpath Runners	25:35	-4
88	67	Tom Brooks	Senior Men	Steel City Striders	25:37	-1
89	197	Patrick Rooney	Mens M60	Kimberworth Striders	25:38	-2
90	158	Emily Ireland	Senior Women	Sheffield RC	25:43	13
90	8	Steve Owen	Mens M50	Penistone Footpath Runners	25:43	-4
92	91	Neil Batty	Mens M40	Valley Hill Runners	25:55	
92	82	Adrian Holyhead	Mens M40	Kimberworth Striders	25:55	2
92	73	Peter Brown	Mens M50	Steel City Striders	25:55	-7
95	87	David Higginbottom	Senior Men	Sheffield RC	25:59	1
96	92	John Power	Senior Men	Valley Hill Runners	26:01	2
97	90	Neil White	Senior Men	Valley Hill Runners	26:02	
98	117	Rachel Lee	Womens F35	Denby Dale AC	26:04	-2
99	127	Rose James	Womens F35	Doncaster AC	26:06	8
100	71	Phil Dooley	Mens M40	Steel City Striders	26:09	
101	166	Sarah Hull	Womens F35	Totley AC	26:14	3
101	14	Matt Taylor	Senior Men	Clowne RR	26:14	
103	168	Roz Massey	Senior Women	Totley AC	26:18	7
104	118	Emma Worsley	Senior Women	Denby Dale AC	26:22	1
105	93	Paul McWhirter	Mens M40	Sheffield RC	26:27	-11
106	24	Mark Webster	Mens M40	Doncaster AC	26:33	-13
107	36	Tony Richards Vardey	Mens M40	Barnsley AC	26:34	
108	103	Sarah Walch	Womens F35	Penistone Footpath Runners	26:35	4
109	146	Rachel Jardine	Senior Women	Barnsley Harriers	26:43	7
110	180	Katie Hendry	Senior Women	Steel City Striders	26:44	
111	181	Gemma Wallace	Senior Women	Steel City Striders	26:49	6
112	156	Abi Knight	Senior Women	Sheffield RC	26:52	-6
113	18	Jonathan Jones	Mens M40	Danum Harriers	26:56	-1
113	113	Eleanor Bull	Senior Women	Danum Harriers	26:56	
115	172	Michele Thompson	Senior Women	Killamarsh Kestrels	26:57	12
116	17	Chris Watson	Mens M40	Danum Harriers	27:06	-3
117	119	Samara Wood	Womens F35	Denby Dale AC	27:20	4
117	110	Hannah Sharpe	Senior Women	Clowne RR	27:20	10
119	203	Graham Werrett	Mens M60	Askern DRC	27:25	-4
120	135	lindsay whitaker	Senior Women	Rotherham Harriers	27:28	-5
121	101	Rhianna Bamford	Senior Women	Penistone Footpath Runners	27:33	-1
122	182	Anna Howard	Senior Women	Steel City Striders	27:50	6
123	173	katie sharmen	Senior Women	Kingstone	27:58	1
124	169	Lucy Smith	Womens F35	Totley AC	28:05	-1
125	107	Keith Gordon	Mens M60	Penistone Footpath Runners	28:11	-3
126	89	Phil Harris	Mens M50	Valley Hill Runners	28:15	2
127	198	Alan Pickard	Mens M60	Sheffield RC	28:19	-5
128	28	Shaun Fisher	Mens M40	Team Manvers	28:22	-1
129	183	Sarah Ward	Womens F35	Steel City Striders	28:23	-7
130	165	Yvonne Twelvetree	Womens F55	Totley AC	28:30	-3
131	60	brent ward	Mens M40	Kingstone	28:36	-5
132	37	Darrell Harrison	Senior Men	Barnsley AC	28:38	-6
133	106	Heather Lindley	Womens F55	Penistone Footpath Runners	28:39	5
134	105	Valentina Wright	Womens F45	Penistone Footpath Runners	28:42	-3



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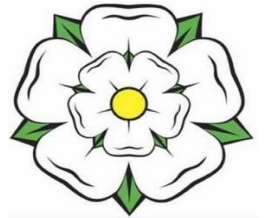


135	132	Louise Darby	Womens F45	Team manvers	28:45	6
136	62	jon gratton	Mens M40	Kingstone	28:56	-1
137	142	Faye Lund	Senior Women	Barnsley AC	28:58	3
138	147	Emma Moorhouse	Senior Women	Barnsley Harriers	29:22	6
139	189	Becky Moran	Senior Women	Kimberworth Striders	29:32	3
140	80	Richard Millns	Mens M40	Kimberworth Striders	29:33	-3
141	124	Dawn Goodings	Senior Women	Doncaster AC	29:49	-4
142	121	Sarah Everett	Womens F35	Denby Dale AC	29:50	5
143	122	Emma Robinson	Senior Women	Denby Dale AC	29:51	6
143	108	Caroline Entwistle	Senior Women	Penistone Footpath Runners	29:51	1
145	109	Allison Preece	Senior Women	Clowne RR	29:54	-10
146	185	Vikki McAuley	Womens F45	Steel City Striders	30:06	-4
147	114	Nicola Wilkinson	Senior Women	Danum Harriers	30:13	6
147	164	Lindsay Evans	Womens F45	Totley AC	30:13	-3
149	175	zoe goddard	Womens F35	Kingstone	30:18	10
150	192	Amanda Wassell	Senior Women	Kimberworth Striders	30:21	7
151	32	james joiner	Senior Men	Rotherham Harriers	30:32	-22
152	190	Melanie Edwards	Womens F45	Kimberworth Striders	30:42	-6
153	131	Debbie Pepper	Womens F45	Team manvers	30:45	7
154	40	Simon Lovidge	Senior Men	Barnsley Harriers	31:00	-31
155	115	Joanne Waugh	Womens F35	Danum Harriers	31:08	5
156	136	sasha gallacher	Senior Women	Rotherham Harriers	31:12	4
157	191	Janet Clark	Womens F45	Kimberworth Striders	31:13	3
158	186	Dawn Jackson	Womens F55	Steel City Striders	31:16	-16
159	104	Myfanwy Cross	Womens F35	Penistone Footpath Runners	31:34	-8
160	178	victoria gardiner	Womens F45	Kingstone	31:44	4
161	152	Fiona Wilson	Womens F35	Barnsley Harriers	31:58	2
162	149	Laura Bennett	Senior Women	Barnsley Harriers	32:02	-1
163	42	Craig Tattersall	Senior Men	Barnsley Harriers	32:11	-7
164	125	Julie Cull	Womens F45	Doncaster AC	32:35	3
165	176	lindsay shaw	Womens F35	Kingstone	32:46	4
166	170	Harriet Eisner	Womens F55	Totley AC	33:02	5
167	145	Anne Kavanagh	Womens F45	Barnsley Harriers	33:03	-9
168	130	Stef Hodgson	Womens F35	Team manvers	33:06	-13
169	194	Jennie Renshaw	Womens F35	Kimberworth Striders	33:08	2
170	111	Bridget Hemstock	Womens F35	Clowne RR	33:09	4
171	193	Julie Lindsay	Womens F45	Kimberworth Striders	33:10	1
172	137	janet dutton	Womens F45	Rotherham Harriers	33:14	3
173	150	Terri Keadin	Senior Women	Barnsley Harriers	33:17	1
174	202	Christine Peacock	Womens F35	Askern DRC	33:48	1
175	151	Amy Lambert	Senior Women	Barnsley Harriers	33:58	1
176	120	Tracey Pearson	Womens F35	Denby Dale AC	33:59	-7
177	154	Sharon Maughan	Womens F35	doncaster tri club	34:04	1
178	174	ruth gardiner	Senior Women	Kingstone	34:21	
179	148	Julie Nugent	Womens F45	Barnsley Harriers	34:22	1
180	143	Joy Benson	Womens F35	Barnsley AC	34:35	-2
181	112	Lyndsey Swain	Womens F45	Danum Harriers	34:54	-3
182	95	Claire Davenport	Womens F45	Valley Hill Runners	34:59	1
183	96	Kimberley Lucas	Womens F45	Valley Hill Runners	35:07	
184	195	Nicola Smith	Womens F35	Kimberworth Striders	35:16	-1
185	199	Julia Price Winder	Womens F35	Valley Hill Runners	35:33	-1
186	153	Jodie Lockwood	Womens F35	doncaster tri club	36:10	-5
187	177	lyn taker	Womens F35	Kingstone	36:31	-5
188	167	Cressida Goodison	Womens F55	Totley AC	36:52	-15
189	201	Paul Smith	Mens M40	Askern DRC	36:55	-1
190	200	Maxine Gregory	Womens F35	Valley Hill Runners	39:15	-15
191	155	Rebecca Pierce	Womens F45	Sheffield RC	45:32	-4
192	196	Holly Anderson	Senior Women	Kimberworth Striders	47:43	-28



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1	45	Connor Milnes	Senior Men	Hallamshire Harriers	17:41	
2	51	Steve Franklin	Senior Men	Totley AC	18:40	1
3	29	gareth sampson	Senior Men	Rotherham Harriers	18:52	
4	1	Gary Briscoe	Senior Men	Penistone Footpath Runners	19:10	
5	63	Joe S Powell	Senior Men	Steel City Striders	19:16	4
6	46	Craig Fishwick	Senior Men	Hallamshire Harriers	19:26	
7	52	Charlie Baker	Senior Men	Totley AC	19:31	8
8	10	Gary Cadman	Senior Men	Clowne RR	19:37	-1
9	34	Stuart Wilson	Senior Men	Barnsley AC	20:07	4
10	57	Paul Unsworth	Senior Men	Killamarsh Kestrels	20:30	2
10	54	Al Buckley	Mens M40	Totley AC	20:30	2
12	41	Paul Johnson	Senior Men	Barnsley Harriers	20:33	14
13	64	Ronan Charlton	Senior Men	Steel City Striders	20:37	1
14	25	Joe Warren	Senior Men	Doncaster AC	20:42	2
15	11	Jordan Street	Senior Men	Clowne RR	20:43	4
16	12	Lewis Banton	Senior Men	Clowne RR	20:45	6
17	49	Jack Nuttgens	Senior Men	Sheffield RC	20:49	5
17	53	Tom Beaumont	Senior Men	Totley AC	20:49	7
19	38	David Hanks	Senior Men	Barnsley Harriers	20:50	-1
19	75	Steve O'Neill	Mens M40	Kimberworth Striders	20:50	2
21	76	Lee Dodds	Senior Men	Kimberworth Striders	21:00	1
22	23	Martin James	Mens M40	Doncaster AC	21:16	-1
23	55	Mat Sedgewick	Mens M50	Totley AC	21:17	2
24	30	simon scully	Mens M40	Rotherham Harriers	21:20	
25	20	Stuart Nutting	Senior Men	Denby Dale AC	21:25	-2
26	21	Matt Caie	Mens M40	Denby Dale AC	21:37	3
27	84	Chris Ireland	Mens M40	Sheffield RC	21:45	-4
27	7	Matt Robinson	Mens M50	Penistone Footpath Runners	21:45	1
29	65	Nick Scarlett	Senior Men	Steel City Striders	21:47	2
30	37	Dean Winter	Senior Men	Barnsley AC	21:48	13
31	50	Chris Moss	Senior Men	Sheffield RC	21:51	2
32	88	Jonathan Shaw	Senior Men	Steel City Striders	21:53	1
33	69	Robert Dawson	Mens M40	Steel City Striders	21:57	3
34	48	Rob Addenbrooke	Senior Men	Sheffield RC	22:00	-6
35	87	Matt Worthington	Senior Men	Sheffield RC	22:03	16
35	81	John Hackleton	Mens M40	Kimberworth Striders	22:03	8
37	68	Colin Hardy	Mens M40	Steel City Striders	22:12	-1
38	4	Bryan Harrod	Mens M40	Penistone Footpath Runners	22:13	1
39	42	Rich Spooner	Senior Men	Barnsley Harriers	22:16	7
40	16	John Worthington	Senior Men	Danum Harriers	22:28	7
41	43	Greg Lyle	Senior Men	doncaster tri club	22:48	5
42	85	Phil Johnson	Mens M40	Sheffield RC	22:51	-1
43	72	Michael Squires	Mens M50	Steel City Striders	23:11	3
44	2	Dan Limb	Senior Men	Penistone Footpath Runners	23:15	-5
45	27	Stephen Rowbotham	Mens M50	Team Manvers	23:21	3
46	93	Gary Baker	Mens M40	Sheffield RC	23:25	13
47	66	Steve Smith	Senior Men	Steel City Striders	23:25	3
48	39	Stephen Phillips	Mens M50	Barnsley Harriers	23:32	4
49	15	Nick Fowler	Senior Men	Clowne RR	23:53	5
50	5	Michael Pearson	Senior Men	Askern DRC	23:55	3
51	77	Andrew Hedison	Senior Men	Kimberworth Striders	24:03	-4
51	22	Steve Skidmore	Senior Men	Denby Dale AC	24:03	12
53	86	C M Heggs	Mens M40	Sheffield RC	24:11	1
54	31	peter neal	Mens M50	Rotherham Harriers	24:18	
55	74	David Bocking	Mens M50	Steel City Striders	24:23	7
56	70	Ian Stinson	Mens M40	Steel City Striders	24:24	
57	78	Paul Greenwood	Mens M50	Kimberworth Striders	24:32	-1
58	92	Tom Brockwell	Senior Men	Valley Hill Runners	24:36	3
59	91	Jonny Briggs	Mens M40	Valley Hill Runners	24:44	6
60	58	Chris Brown	Mens M40	Killamarsh Kestrels	24:46	-5
61	59	steven holder	Mens M50	Kingstone	24:56	2
62	9	M Hinchcliffe	Mens M40	Askern DRC	25:02	4
62	8	Chris Deacon	Mens M50	Penistone Footpath Runners	25:02	4
64	17	Nick Hutchinson	Mens M40	Danum Harriers	25:04	
65	3	Darren Mansell	Senior Men	Penistone Footpath Runners	25:14	2
66	33	john dutton	Mens M40	Rotherham Harriers	25:33	-2
67	56	Kevin Megson	Senior Men	Totley AC	25:34	1



UP & RUNNING

Leg D Times



68	79	Brian Miranda	Senior Men	Kimberworth Striders	25:46	1
68	89	Rob Unwin	Mens M50	Valley Hill Runners	25:46	1
70	18	Matt Burns	Mens M40	Danum Harriers	26:32	1
71	73	Phil Howson	Mens M50	Steel City Striders	26:36	-5
72	67	William Brown	Senior Men	Steel City Striders	26:48	-3
73	90	Jody Smith	Senior Men	Valley Hill Runners	26:49	-3
74	35	Lee Spensley	Senior Men	Barnsley AC	26:54	-3
75	80	Earl Lever	Mens M40	Kimberworth Striders	27:08	2
76	24	Simon Parkin	Mens M40	Doncaster AC	27:18	-6
77	13	Neil Yewman	Senior Men	Clowne RR	27:26	-5
78	71	Loz Harvey	Mens M40	Steel City Striders	27:31	-2
79	61	tony gardener	Senior Men	Kingstone	28:18	-12
80	28	Gary Jones	Mens M40	Team Manvers	28:22	1
81	26	James McDonagh	Senior Men	Doncaster AC	28:25	-13
82	6	Gary Royston	Mens M40	Penistone Footpath Runners	28:31	-9
83	60	gary shaw	Mens M40	Kingstone	28:56	
84	14	Ellis Hewitt	Senior Men	Clowne RR	29:04	-2
85	36	Ray Archer	Mens M40	Barnsley AC	29:09	
85	44	peer gibbons	Senior Men	doncaster tri club	29:09	-1
87	82	Richard Finney	Mens M40	Kimberworth Striders	29:28	-1
88	40	Neil Armitage	Senior Men	Barnsley Harriers	29:36	-5
89	62	jon gratton	Mens M40	Kingstone	29:43	-2
90	83	Richard Moody	Mens M50	Sheffield RC	30:19	-19
91	32	bob rowlands	Senior Men	Rotherham Harriers	33:38	-8