

Race is about 6m - 10k

Start on uneven grass, undulating marrow path through woods to Roche Abbey

Right turn round abbey, level through woodland and slight down to cross stream and field side to turn towards railway line (uphill), alongside railway line into Slade Hooton.

Long uphill to Carr Beacon (Windmill, in bygone days)

Right turn level through field lane, path, copse, meadow and past new housing at Hooton Levitt

Drop down hillside a bit then undulating path through strip of woodland and out on to steps/path down to church. Right along valley bottom to finish via gates.